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ELECTIONS FREE & FAIR

EU observers praise Myanmar's polls, but note some flaws



Chief Observer Alexander Graf Lambsdorff in the press conference in Yangon. PHOTO: EU EOM MYANMAR

Ye Myint

MYANMAR'S 2015 general elections were well-run and peaceful, said the European Union's election observation mission during a press conference yesterday.

Polling stations around the country were well organised and voters had a real choice between different candidates, said Chief Observer Alexander Graf Lambsdorff while summarising the mission's preliminary statement about Sunday's historic vote.

Approximately 150 election observers visited more than 500 polling stations across the country and reported very positively on the voting process, with 95 percent rating the process as "good or very good," said the chief observer.

"People of Myanmar turned out in large numbers to calmly cast their votes in a well-run polling process and the election campaign period was nearly entirely peaceful."

Most voters' names were on the voter list, with irregularities observed at seven percent of polling stations, he added. The process of in-constituency and out-of-constituency advance voting was less well managed and transparent, the mission chief pointed out.

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2015 General Election of the Republic of the Union of Myanmar Victorious candidates for Pyithu Hluttaw and results

No.	Region/State	Constituency	Victorious candidate	Party/Independent	Total vote
29.	Kachin	Ingyanyan	U Lama Naw Aung	Kachin State Democracy Party	439
30.	Kayah	Bawlakhe	U Aye Maung	Union Solidarity and Development Party	2743
31.	Kayah	Meisei	U Than Lin Lin	National League for Democracy	1616
32.	Taninthayi	Launglon	Daw Khin Sandi	National League for Democracy	44773
33.	Taninthayi	Thayetchaung	U Aung Soe	National League for Democracy	34551
34.	Magway	Yenanchaung	U Tha Cho (a) U Tin Kyaing	National League for Democracy	52061
35.	Magway	Salin	U Kan Oo	National League for Democracy	88276
36.	Magway	Thayet	U Kan Myint	National League for Democracy	38491
37.	Magway	Mindon	Daw Khin Than Nu	National League for Democracy	22434

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2015 General Election of the Republic of the Union of Myanmar Victorious Amyotha Hluttaw candidates and results

No.	Region/State	Constituency	Victorious candidate	Party/ Independent	Total Vote
1.	Kayan	No.3	U Baw Rei Soe Wai	National League for Democracy	8162
2.	Kayan	No.4	U Saw Sein Tun	National League for Democracy	10030
3.	Kayan	No. 7	U Aung Kyaw Soe	National League for Democracy	1431
4.	Kayan	No. 8	U Kyaw Than	Union Solidarity and Development Party	1636
5.	Kayan	No. 9	U Soe Thein	Independent	1406
6.	Kayan	No.12	U Sai Pan Pha	National League for Democracy	1473
7.	Chin	No. 5	U Pugin Kam Lien	Zomi Congress for Democracy	5880
8.	Chin	No. 6	U Ciint Khant Paung	Union Development and Solidarity Party	5474
9.	Taninthayi	No. 2	U That Naing Soe	National League for Democracy	44107

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38.	Mandalay	Mahaaungmye	U Nyein Thit (a) U Thaug Tun	National League for Democracy	93174
39.	Mandalay	Pyigyidagun	U Kyaw Soe Lin	National League for Democracy	63849
40.	Mandalay	Tada U	Daw Soe Nwe Aye	National League for Democracy	49559
41.	Mandalay	Kyaukpadaung	U Shwe Ko	National League for Democracy	96223
42.	Mandalay	Wundwin	U Khin Maung Soe	National League for Democracy	74974
43.	Mon	Thanbyuzayat	U Nyan Hein	National League for Democracy	23889
44.	Mon	Mudon	U Saw Tun	National League for Democracy	28663
45.	Yangon	Htantabin	U Nay Myo Tun	National League for Democracy	37917
46.	Yangon	North Okkalapa	Dr Than Win	National League for Democracy	104490
47.	Yangon	Botahtaung	Daw Myint Myint Soe (a) May Soe	National League for Democracy	16419
48.	Yangon	Kungyangon	U Soe Thura Tun	National League for Democracy	42144
49.	Yangon	Sangyoung	U Bo Bo Oo	National League for Democracy	37609
50.	Yangon	Bahan	U Tun Myint	National League for Democracy	31032
51.	Ayeyawady	Zalun	U Aung Min	National League for Democracy	52956
52.	Ayeyawady	Laymyethna	U Zaw Min Thein	National League for Democracy	34312
53.	Ayeyawady	Khangin	U Tun Lin Maw	National League for Democracy	39096
54.	Ayeyawady	Ingapu	U Aye Win	National League for Democracy	62819
55.	Kayah	Dimawhso	U Paul Hsai	National League for Democracy	19631
56.	Kayah	Shadaw	Daw Wint Wah Tun	National League for Democracy	1575
57.	Chin	Tiddim	U Ciin Shin Htan	Zomi Congress for Democracy	14967
58.	Bago	Thayawady	U Aung Myint	National League for Democracy	43274
59.	Magway	Magway	U Myint Oo	National League for Democracy	107580
60.	Magway	Taungdwingyi	U Min Thein	National League for Democracy	86116
61.	Magway	Myothit	U Tha Aung	National League for Democracy	56718
62.	Magway	Natmauk	U Aung Tin Lin	National League for Democracy	83081

63.	Magway	Minbu	U Win Win	National League for Democracy	72093
64.	Magway	Pwintbyu	U Tun Tun	National League for Democracy	60975
65.	Magway	Kanma	U Sein Han	National League for Democracy	27593
66.	Magway	Sinbaungwe	U Nay Htet Win	National League for Democracy	39905
67.	Magway	Aunglan	U Aung Htoo Myint	National League for Democracy	86085
68.	Magway	Seikpyu	U Aung Thaik	National League for Democracy	31806
69.	Magway	Saw	U Kyaw Tin	National League for Democracy	30966
70.	Mandalay	Patheingyi	U Thaug Htay Lin	National League for Democracy	71641
71.	Mon	Mawlamyine	U Naing Thaug Nyunt	National League for Democracy	75151
72.	Mon	Chaungzon	Daw Khin Htay Kywe	National League for Democracy	23580
73.	Yangon	Mingala Taungnyunt	Daw Phyu Phyu Thin	National League for Democracy	51970
74.	Yangon	Cocogyun	Thura U Thet Swe	Union Solidarity and Development Party	1204
75.	Shan	Kalaw	Daw Pyone Kathay Naing	National League for Democracy	46537
76.	Shan	Ywangan	U Aung Soe Min	National League for Democracy	17183
77.	Shan	Laikha	U Sai Mon	Shan Nationalities League for Democracy	13051
78.	Shan	Langkho	U Sai Ba Thein	Shan Nationalities League for Democracy	9010
79.	Shan	Nawngkhio	U Tun Aung (a) U Tun Tun Hein	National League for Democracy	21200
80.	Shan	Laukkai	U Lu Tei Hong (a) Aung Shwe	Union Solidarity and Development Party	7194
81.	Ayeyawady	Kangyidaunt	U Shwe Hla Kyaing	National League for Democracy	46909
82.	Ayeyawady	Thabaung	U Thein Tun	National League for Democracy	41291
83.	Ayeyawady	Kyonpyaw	U Soe Aung Naing	National League for Democracy	78593
84.	Ayeyawady	Yekyi	Dr San Shwe Win	National League for Democracy	65315
85.	Ayeyawady	Myanaung	U Khin Maung Latt	National League for Democracy	75588
86.	Ayeyawady	Maubin	U Sein Win	National League for Democracy	82118
87.	Ayeyawady	Kyaiklat	U Yan Lin	National League for Democracy	48984
88.	Ayeyawady	Dedaye	Dr Daw Khin Nyo	National League for Democracy	61231

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10.	Taninthayi	No.3	U Tun Linn	National League for Democracy	34266
11.	Bago	No.5	Dr. Tin Tin Win	National League for Democracy	121928
12.	Bago	No.6	U Min Oo	National League for Democracy	74726
13.	Bago	No.7	Dr. Mya Thaug	National League for Democracy	84277
14.	Bago	No. 10	U Win Kyaing	National League for Democracy	105834
15.	Bago	No.11	Dr. Win Myint	National League for Democracy	133130
16.	Bago	No.12	U Aung Thein	National League for Democracy	125667
17.	Magway	No. 1	U Hla San	National League for Democracy	112578
18.	Magway	No.2	U Khin Win	National League for Democracy	129575
19.	Magway	No.3	U Chit Htway	National League for Democracy	137181
20.	Magway	No.4	U Aung Kyi Nyunt	National League for Democracy	83238
21.	Magway	No.5	U Tin Aung Tun	National League for Democracy	135657
22.	Mon	No. 1	U Aye Min Han	National League for Democracy	38309
23.	Mon	No.2	Daw Nwe Nwe Aung	National League for Democracy	35181
24.	Mon	No.5	Daw Myat Thida Tun	National League for Democracy	24375

25.	Mon	No.6	U Pe Tin	National League for Democracy	30126
26.	Yangon	No. 1	Dr Htay Kywe	National League for Democracy	237031
27.	Yangon	No 2	U Htay Oo	National League for Democracy	124515
28.	Yangon	No. 3	Dr Mya Nyana Soe	National League for Democracy	240538
29.	Yangon	No. 4	U Than Soe (a) Than Soe (Economics)	National League for Democracy	191868
30.	Yangon	No. 7	U Ye Myint Soe	National League for Democracy	226704
31.	Yangon	No. 8	U Kyaw Htwe	National League for Democracy	231762
32.	Ayeyawady	No. 8	Daw Ei Ei Pyone	National League for Democracy	156012
33.	Ayeyawady	No. 9	Mahn Toe Shwe	National League for Democracy	128421

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Elections free & fair

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"I want to say very clearly that the election is not over yet. As long as counting is going on and until the final results are announced the election is still ongoing," said the mission chief.

He added that EU observers will remain in the

field to observe the tabulation and result processes, as well as any complaints or appeals lodged.

He said that the mission will remain in Myanmar until 2 December to observe dispute resolution and complaint mechanisms.

"We congratulate the

people of Myanmar and we will continue to support the democratisation of the country," said Ms Ana Gomes, head of the European Parliament's delegation.

"Now is the time to seize the opportunity for reconciliation," she said during the press conference.

President U Thein Sein sends message of felicitations to Angola

U Thein Sein, President of the Republic of the Union of Myanmar, has sent a message of felicitations to His Excellency Mr. Jose Eduardo Dos Santos, President of the Republic of Angola, on the occasion of the Independence Day of the Republic of Angola, which falls on 11 November 2015.—*Myanmar News Agency*

Election results announced by UEC

THE Union Election Commission announced election results for 88 lower house [Pyithu Hluttaw] seats, 33 upper house [Amyotha Hluttaw] seats and 164 state/region parliament seats at 6 pm yesterday.

Other election results were announced at the Union Election Commission's (UEC) media centre in Nay Pyi Taw at 11 pm on 9 November and at 9 am, 12 pm, 3 pm and 9 pm on 10 November.

The results announced at 11pm on 9 November included 26 lower house seats and 28 region/state parliament seats.

According to the results, 24 lower house candidates from the National League for Democracy (NLD) came out top in one townships in Kayah State, two townships in Taninthayi Region, four townships in Magway Region, five townships in Mandalay Region, two townships in Mon State, six townships in Yangon Region, and four townships in Ayeyawady Region.

One lower house candidate from the Kachin State Democracy Party and one lower house candidate from the ruling Union Solidarity and Development Party (USDP) won elections in one township in Kachin State and one township in Kayah State respectively.

Twenty-four candidates from the NLD won state/region parliament seats in two constituencies in Bago Region, 10 constituencies in Mandalay Region, and 12 constituencies in Yangon Region. Two candidates from the USDP and two candidates from the Wa Democratic Party won region/state parliament seats in two con-



UEC member responds to question raised by journalist at press conference in Nay Pyi Taw. PHOTO: MNA

stituencies in Mandalay Region and two constituencies in Shan State (North) respectively.

The results announced at 9 am on 10 November included 49 state/region parliament candidates from the NLD, two state/region candidates from the Kachin State Democracy Party, two state/region parliament candidates from the USDP and one state/region candidates from Mon National Party.

According to the results, 49 state/region parliament candidates from the NLD won seats in four constituencies in Taninthayi Region, eight constituencies in Magway Region, 10 constituencies in Mandalay Region, five constituencies in Mon State, 12 constituencies in Yangon Region, and 10 constituencies in Ayeyawady Region. Two state/region par-

liament candidates from Kachin State Democracy Party and two state/region parliament candidates from the USDP won seats in two constituencies in Kachin State and two constituencies in Kayah State respectively while one state/region parliament candidate from the Mon National Party won one seat in Mon State.

The result announced at 12 pm on 10 November included 39 lower house candidates from the NLD, one lower house candidate from Zomi Congress for Democracy, two lower house candidates from the USDP and two lower house candidates from the Shan Nationalities League for Democracy.

According to the results, 29 lower house candidates from the NLD won in three townships in Mon State, seven townships in

Yangon Region, 11 townships in Ayeyawady Region, two townships in Kayah State, one township in Bago Region, 11 townships in Magway Region, one township in Mandalay Region and three townships in Shan State. One lower house candidate from the Zomi Congress for Democracy won in one township in Chin State and two lower house candidates from the USDP won seats in one township in Yangon Region and one township in Shan State while two lower house candidates from Shan Nationalities League for Democracy won in two townships in Shan State.

The results announced at 3pm on 10 November included 46 state/region parliament candidates from the NLD, one state/region parliament candidate from the Zomi Congress for Democracy, seven state/region parliament candidates from the USDP and four state/region parliament candidates from the Shan Nationalities League for Democracy.

According to the results, 46 candidates from the NLD won seats in four constituencies in Kayah State, 20 constituencies in Magway Region, two constituencies in Mandalay Region, two constituencies in Yangon Region, six constituencies in Shan State and 13 constituencies in Ayeyawady Region. One state/region parliament candidate from the Zomi Democracy League won in one constituency in Chin State and seven state/region parliament candidates from the USDP won in one constituency in Chin State, two constituencies in Yangon Region, three constituencies in Shan State and one constituency in Ay-

eyawady Region while four state/region candidates from Shan Nationalities League for Democracy won in four constituencies in Shan State.

The results announced at 6 pm on 10 November included 29 upper house (Amyotha Hluttaw) candidates from the NLD, one upper house candidate from Zomi Congress for Democracy, two upper house candidates from the USDP and one upper house individual candidate.

According to the results, 29 upper house candidates from the NLD won in four constituencies in Kayah State, two constituencies in Taninthayi Region, six constituencies in Bago Region, five constituencies in Magway Region, four constituencies in Mon State, six constituencies in Yangon Region, and two constituencies in Ayeyawady Region. Two upper house candidates from the USDP won in one constituency in Chin State and one constituency in Kayah State and one upper house candidate from the Zomi Congress for Democracy won in one constituency in Chin State while one individual candidate won in one constituency in Kayah State.

The press conference on 2015 Multiparty Democracy General Election was held at the UEC's media centre in Nay Pyi Taw at 4pm on Tuesday. Chairman U Tin Aye and Member U Myint Naing of the UEC responded to questions from journalists about election-related complaints, dispute settlements and advance votes.

Remaining election results will be announced at the media centre at the stipulated times.—*Myanmar News Agency*

SSA (Wanhaing Group) attacks Tatmadaw camp in Shan State

AROUND 120 members of the SSA (Wanhaing Group) attacked a Tatmadaw camp and fired heavy weapons at a police post in Mongnawng, Kehsi Township, Shan State (South) on Monday.

Fighting continued until early Tuesday morning when they withdrew as service personnel from the Tatmadaw Camp responded to the attack with light and heavy weapons and helicopters.

The SSA group attacked the Tatmadaw camp from residential



Police station damaged by attack of SSA (Wanhaing Group) in Mongnawng. PHOTO: MYAWADY

quarters nearby the compound.

Due to the attack, some members of Tatmadaw and police force suffered casualties and some building were damaged - no deaths

have been confirmed as of yet.

The Tatmadaw responded to the attacks by combing the area for enemy combatants.—*Myawady*

NLD wins majority of seats in two days results

THE Union Election Commission announced 333 seats of the election in two days. Of the total seats in two days, 88 are for Pyithu Hluttaw (Lower House), 33 are for Amyotha Hluttaw (Upper House) and 212 are for region and state parliaments.

According to most recent announcement (9 PM last night), the National League for Democracy party won the majority of seats - 78 in Pyithu

Hluttaw, 29 in Amyotha Hluttaw and 182 seats in region and state parliaments.

The UEC cancelled its 11 pm announcement.

The Union Election Commission will continue to announce the official results of the country's historic election at 9 am, 12 pm, 3 pm, 6 pm, 9 pm over the coming days.

The UEC will hold a press conference daily at 4 pm at its office in Nay Pyi Taw.—*GNLM*

2015 General Elections of the Republic of the Union of Myanmar Victorious Candidates for Region/State Hluttaw and results

No.	Region/State	Constituency	Victorious Candidate	Party/ Independent	Total Vote
25.	Bago	Shwedaung-1	U Nyunt Wai	National League for Democracy	29153
26.	Bago	Shwedaung-2	U Ohn Twin	National League for Democracy	26740
27.	Mandalay	Amarapura-1	Dr. Zaw Myint Maung	National League for Democracy	48889
28.	Mandalay	Amarapura-2	U Myint Swe	National League for Democracy	42906
29.	Mandalay	Madaya-1	U Maung Maung Aye	National League for Democracy	47388
30.	Mandalay	Madaya-2	U Min Min	National League for Democracy	43885
31.	Mandalay	Singu-1	U Aung Than Tun	National League for Democracy	28564
32.	Mandalay	Singu-2	Dr. Kyaw Naing Oo	National League for Democracy	27625
33.	Mandalay	Kyaukse-1	U Ye Min Tun	National League for Democracy	41609
34.	Mandalay	Kyaukse-2	U Aung Kyi	National League for Democracy	35590
35.	Mandalay	Meiktila-1	U Aung Kyaw Moe	Union Solidarity and Development Party	48360
36.	Mandalay	Meiktila-2	U Soe Than	Union Solidarity and Development Party	45174
37.	Mandalay	Mahlaing-1	U Chit Min Thein	National League for Democracy	23596
38.	Mandalay	Mahlaing-2	Daw Thida Nyein	National League for Democracy	21299
39.	Yangon	Mingaladon-1	U Tun Tun Win	National League for Democracy	40427
40.	Yangon	Mingaladon-2	Daw Thanda Moe	National League for Democracy	28728
41.	Yangon	Thongwa-1	U Nay Win	National League for Democracy	25174
42.	Yangon	Thongwa-2	U Myo Swe	National League for Democracy	24087
43.	Yangon	Dala-1	U Shwe Yin (a) U Tun Yin	National League for Democracy	29297
44.	Yangon	Dala-2	U Htway Tin (a) U Mya Thein	National League for Democracy	26144
45.	Yangon	Kyaukada-1	Daw Kyi Pya	National League for Democracy	6016
46.	Yangon	Kyaukada-2	Daw Mya Hla San	National League for Democracy	7117
47.	Yangon	Kyimyindine-1	U Kyaw Nanda Aung	National League for Democracy	19909
48.	Yangon	Kyimyindine-2	U Khin Win	National League for Democracy	19707
49.	Yangon	Hline-1	U Kyaw Kyaw Tun	National League for Democracy	28906
50.	Yangon	Hline-2	Daw Khine Mar Htay	National League for Democracy	30681
51.	Shan	Hopan-1	U Khun Tun Lu (a) U Di Ki	Wa Democratic Party	2855
52.	Shan	Hopan-2	U Yan Kyaw	Wa Democratic Party	3362
53.	Kachin	Ingyanyan-1	U Zaw Moe Naw	Kachin State Democracy Party	213
54.	Kachin	Ingyanyan-2	Daw Ja Sai Khawn	Kachin State Democracy Party	203
55.	Kayah	Bawlakhe-1	U Aye Shwe	Union Solidarity and Development Party	1463
56.	Kayah State	Bawlakhe-2	U Soe Rei	Union Solidarity and Development Party	939
57.	Taninthayi	Launglon-1	U Bo Htwe	National League for Democracy	25660
58.	Taninthayi	Launglon-2	U Myint San	National League for Democracy	19391
59.	Taninthayi	Thaketchaung-1	Dr Lei Lei Maw	National League for Democracy	18970
60.	Taninthayi	Thayetchaung-2	U Wai Wai Lwin	National League for Democracy	14825
61.	Magway	Yenanchaung-1	U Tint Lwin	National League for Democracy	25448
62.	Magway	Yenanchaung-2	U Thein Hla	National League for Democracy	26857
63.	Magway	Salin-1	U Tar	National League for Democracy	46891
64.	Magway	Salin-2	U Thet Khaing	National League for Democracy	43296

65.	Magway	Thayet-1	Daw Aye Yu Maw	National League for Democracy	20522
66.	Magway	Thayet-2	U Zaw Moe Aung	National League for Democracy	18124
67.	Magway	Mindon-1	U Tin Win	National League for Democracy	11564
68.	Magway	Mindon-2	U Aye Hlaing Oo	National League for Democracy	11099
69.	Mandalay	Mahaaungmye-1	U Zarni Aung	National League for Democracy	37531
70.	Mandalay	Mahaaungmye-2	U Zaw Zaw Aung	National League for Democracy	57246
71.	Mandalay	Pyigyidagun-1	Dr Chit Ko Ko	National League for Democracy	29668
72.	Mandalay	Pyigyidagun-2	U Zaw Maung (a) Zaw Maung Maung	National League for Democracy	35974
73.	Mandalay	Tada-U	U Min Min Ni	National League for Democracy	25952
74.	Mandalay	Tada-U	U Wunna Aung	National League for Democracy	25209
75.	Mandalay	Kyaukpadaung-1	U Aye Khaing	National League for Democracy	52018
76.	Mandalay	Kyaukpadaung-2	U Myo Swe Oo	National League for Democracy	43730
77.	Mandalay	Wundwin-1	U Soe Min Htet	National League for Democracy	41768
78.	Mandalay	Wundwin-1	U Aung Thu	National League for Democracy	33706
79.	Mon	Mawlamyine-1	U Min Htin Aung Han	National League for Democracy	40391
80.	Mon	Mawlamyine-2	Dr Htein Lin	National League for Democracy	33885
81.	Mon	Thanbyuzayat-1	Daw Tin Ei	National League for Democracy	14345
82.	Mon	Thanbyuzayat-2	U Tun Htay	National League for Democracy	9534
83.	Mon	Mudon-1	Daw Mya Theingi Maw	National League for Democracy	17763
84.	Mon	Mudon-2	U Naing Kyi Win (a) Dr Min Kyi Win	Mon National Party	12377
85.	Yangon	Htantabin-1	U Aung Phone Kyaw San Oo	National League for Democracy	21575
86.	Yangon	Htantabin-2	U Htay Maw	National League for Democracy	18723
87.	Yangon	North Okkalapa-1	U Zaw Lwin	National League for Democracy	48545
88.	Yangon	North Okkalapa-2	U Myint Lwin	National League for Democracy	56484
89.	Yangon	Botahtaung-1	U Aung Htoo	National League for Democracy	7169
90.	Yangon	Botahtaung-2	U Thet Tun Win	National League for Democracy	9575
91.	Yangon	Kungyangon-1	U Mahn Aung Ko Min	National League for Democracy	22792
92.	Yangon	Kungyangon-2	U Aung Min Min	National League for Democracy	21095
93.	Yangon	Sangyoung-1	U Aung Myo	National League for Democracy	17845
94.	Yangon	Sangyoung-2	U Thawda Aung	National League for Democracy	20306
95.	Yangon	Bahan-1	U Aung Myat Kyaw	National League for Democracy	17420
96.	Yangon	Bahan-2	U Thaug Htut	National League for Democracy	16572
97.	Ayeyawady	Zalun-1	U Lin Naing Tun	National League for Democracy	27300
98.	Ayeyawady	Zalun-2	U Khaing Win	National League for Democracy	28101
99.	Ayeyawady	Laymyethna-1	U Soe Khaing	National League for Democracy	17313
100.	Ayeyawady	Laymyethna-2	U Soe Than	National League for Democracy	16717
101.	Ayeyawady	Kyangin-1	U Thaw Zin Win	National League for Democracy	19770
102.	Ayeyawady	Kyangin-2	U Kyaw Myo Lin	National League for Democracy	19631
103.	Ayeyawady	Ingapu-1	U Aung Kyaw Khaing	National League for Democracy	27776
104.	Ayeyawady	Ingapu-2	U Bo Bo Zin	National League for Democracy	35083
105.	Ayeyawady	Nyaungdon-1	Daw Ni Ni Moe	National League for Democracy	32840
106.	Ayeyawady	Nyaungdon-2	U Kyaw Hsan	National League for Democracy	42914
107.	Kayah	Dimawhso-1	U Thein Aung (a) U Sei Rei	National League for Democracy	8461

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108.	Kayah	Dimawhso-2	U Boss Ko	National League for Democracy	9192
109.	Kayah	Shadaw-1	U T Rei	National League for Democracy	804
110.	Kayah	Shadaw-2	U Hla Htwe	National League for Democracy	713
111.	Chin	Tiddim-1	U Pu Htan Deik Khok	Zomi Congress for Democracy	6278
112.	Chin	Tiddim-2	U Sun Dok Ciint	Union Solidarity and Development Party	4866
113.	Magway	Magway-1	U Kyaw Htay	National League for Democracy	55709
114.	Magway	Magway-2	Daw Khin Cho Latt	National League for Democracy	55577
115.	Magway	Taungdwingyi-1	U Zaw Min Tun	National League for Democracy	45063
116.	Magway	Taungdwingyi-2	U Win Myint Hlaing	National League for Democracy	42293
117.	Magway	Myothit-1	U Than Swe	National League for Democracy	28131
118.	Magway	Myothit-2	U Zaw Myo Win	National League for Democracy	29020
119.	Magway	Natmauk-1	U Thaug Shwe	National League for Democracy	42760
120.	Magway	Natmauk-2	Dr Khin Maung Aye	National League for Democracy	41634
121.	Magway	Minbu-1	U Kyaw Swan Yi	National League for Democracy	36568
122.	Magway	Minbu-2	U Nay Myo Kyaw	National League for Democracy	38229
123.	Magway	Kanma-1	U Zaw Win	National League for Democracy	14104
124.	Magway	Kanma-2	U Myint Aung	National League for Democracy	13201
125.	Magway	Sinbaungwe-1	U Tin Maung Oo	National League for Democracy	19966
126.	Magway	Sinbaungwe-2	U Kyaw Lwin	National League for Democracy	12781
127.	Magway	Aunglan-1	U Zaw Min	National League for Democracy	44082
128.	Magway	Aunglan-2	U Aye Kyaw	National League for Democracy	45549
129.	Magway	Seikpyu-1	Daw Thet Mon Aye	National League for Democracy	16755
130.	Magway	Seikpyu-2	U Kyaw Hsan Aung	National League for Democracy	15531
131.	Magway	Saw-1	U Htin Lin	National League for Democracy	13718
132.	Magway	Saw-2	U Kyaw Myint	National League for Democracy	16250
133.	Mandalay	Patheingyi-1	U Aung Kyaw Oo	National League for Democracy	37800
134.	Mandalay	Patheingyi-2	U Ye Min Oo	National League for Democracy	35604
135.	Yangon	Mingala Taungnyunt-1	U Hla Htay	National League for Democracy	24347
136.	Yangon	Mingala Taungnyunt-2	U Yan Aung	National League for Democracy	25994
137.	Yangon	Cocogyun-1	U Tin Win	Union Solidarity and Development Party	936
138.	Yangon	Cocogyun-2	U Aung Naing	Union Solidarity and Development Party	275
139.	Shan	Kalaw-1	U Soe Nyunt Lwin (a) U Soe Gyi	National League for Democracy	24863
140.	Shan	Kalaw-2	U Than Htaik	National League for Democracy	20379
141.	Shan	Ywangan-1	U Aye Min Soe	National League for Democracy	10053
142.	Shan	Ywangan-2	U Sao Aung Myat (a) U Aung Myat	Union Solidarity and Development Party	11000
143.	Shan	Laikha-1	U Sai Kyaw Zeya (a) Sai Yin	Shan Nationalities League for Democracy	6019
144.	Shan	Laikha-2	U Sai Tun Aung	Shan Nationalities League for Democracy	7081
145.	Shan	Langkho-1	U Sai Aung Myo Kyaw	Shan Nationalities League for Democracy	4184
146.	Shan	Langkho-2	U Sai Lon	Shan Nationalities League for Democracy	3914

147.	Shan	Nawngkhio-1	U Myint Swe	National League for Democracy	9965
148.	Shan	Nawngkhio-2	Dr Nyi Nyi Aung	National League for Democracy	11877
149.	Shan	Laukkai-1	U Aung Than Htut	Union Solidarity and Development Party	4356
150.	Shan	Laukkai-2	U Beyinnet (a) Khin Maung Lwin	Union Solidarity and Development Party	2879
151.	Ayeyawady	Kangyidaunt-1	U Soe Moe Tun	National League for Democracy	26991
152.	Ayeyawady	Kangyidaunt-1	Daw Khin Saw Mu	Union Solidarity and Development Party	20742
153.	Ayeyawady	Thabaung-1	Daw Khin Moe Wah	National League for Democracy	23401
154.	Ayeyawady	Thabaung-2	U Aung Aung Oo	National League for Democracy	18559
155.	Ayeyawady	Kyonpyaw-1	Daw Thida	National League for Democracy	44074
156.	Ayeyawady	Kyonpyaw-2	U Mahn Jonney	National League for Democracy	37013
157.	Ayeyawady	Yekyi-1	U Myo Nyunt	National League for Democracy	35304
158.	Ayeyawady	Yekyi-2	Dr Hla Myat Thway	National League for Democracy	32462
159.	Ayeyawady	Myanaung-1	U Hla Moe Aung	National League for Democracy	37124
160.	Ayeyawady	Myanaung-2	Daw Su Su Aung	National League for Democracy	38854
161.	Ayeyawady	Kyaiklat-1	U Kyaw Zeya	National League for Democracy	25944
162.	Ayeyawady	Kyaiklat-2	U Win Hlaing (a) U Nyo	National League for Democracy	26870
163.	Ayeyawady	Dedaye-1	U Than Lwin	National League for Democracy	28104
164.	Ayeyawady	Dedaye-2	U Khin Win	National League for Democracy	34347
165.	Kachin	Waingmaw-1	U Win Nyunt	National League for Democracy	6036
166.	Kachin	Waingmaw-2	U Nawli (a) Zakhong Kham Rei	National League for Democracy	5491
167.	Kachin	Pakhant-1	U H La Aung	National League for Democracy	7686
168.	Kachin	Pakhant-2	U La Sai	National League for Democracy	23014
169.	Kayah	Loikaw-1	Dr Aung Kyaw Htay	National League for Democracy	15653
170.	Kayah	Loikaw-2	U Tin Myint	National League for Democracy	14643
171.	Kayah	Pruhso-1	U Thoe Rei	National League for Democracy	2989
172.	Kayah	Pruhso-2	U Khin Maung Tun (Naw Ei)	National League for Democracy	2780
173.	Kayah	Pasawng-1	U Win Myint	Union Solidarity and Development Party	1310
174.	Kayah	Pasawng-2	U Yan Naing Swe	National League for Democracy	1423
175.	Kayin	Thandaunggyi-1	U Saw Hla Myint	National League for Democracy	5483
176.	Kayin	Thandaunggyi-2	U Saw J A Win Myint	Kayin People's Party	6790
177.	Sagaing	Myinmu-1	U Thaug Myint	Union Solidarity and Development Party	6779
178.	Sagaing	Myinmu-2	Daw Nilar Lwin	National League for Democracy	21093
179.	Sagaing	Budalin-1	U Aung Kyaw	National League for Democracy	25215
180.	Sagaing	Budalin-2	Dr Kyaw Zay Lin (a) Zay Lin Maung	National League for Democracy	24956
181.	Bago	Thanatpin-1	Dr Saw Nyo Win	National League for Democracy	18628
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183.	Bago	Nyaunglebin-1	U Aung Naing Oo	National League for Democracy	28622
184.	Bago	Nyaunglebin-2	U Nyi Nyi Htwe	National League for Democracy	26960
185.	Bago	Kyaukdaga-1	U Lin Lin Kyaw	National League for Democracy	34807
186.	Bago	Kyaukdaga-2	U Kyi Zin	National League for Democracy	32367
187.	Bago	Toungoo-1	U Aye Min Win	National League for Democracy	39269
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189.	Bago	Paungde-1	U Ye Lin Naing	National League for Democracy	26109

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190.	Bago	Paungde-2	U Tun Tun Oo	National League for Democracy	28219
191.	Bago	Letpadan-1	U Khin Maung Yin	National League for Democracy	29753
192.	Bago	Letpadan-2	U Myo Aung	National League for Democracy	33459
193.	Magway	Ngaphe-1	U San Kyu	National League for Democracy	11217
194.	Magway	Ngaphe-2	U Khin Maung Lwin	National League for Democracy	10435
195.	Magway	Minhla-1	U Hlaing Myint Than	National League for Democracy	19847
196.	Magway	Minhla-2	U Maung Ko	National League for Democracy	21891
197.	Mon	Kyaikmaraw-1	Daw Khin Myo Myint	National League for Democracy	12451
198.	Mon	Kyaikmaraw-2	U Min Aung Mon	Union Solidarity and Development Party	9166
199.	Mon	Bilin-1	Dr Khin Naing Oo	National League for Democracy	17373
200.	Mon	Bilin-2	U Min Min Oo	National League for Democracy	19056

201.	Shan	Pindaya-1	U Arkar Lin	Union Solidarity and Development Party	11592
202.	Shan	Pindaya-2	U Nyi Nyi (a) U Nyi Lay Chan	National League for Democracy	12084
203.	Shan	Mabein-1	U Maung Nyo	National League for Democracy	6445
204.	Shan	Mabein-2	U Min Min Thein	National League for Democracy	6942
205.	Shan	Monghsat-1	U Than Win	Union Solidarity and Development Party	5692
206.	Shan	Monghsat-2	U Dah Weid	Union Solidarity and Development Party	2967
207.	Shan	Mongton-1	U Saw Mu Lar	Union Solidarity and Development Party	4162
208.	Shan	Mongton-2	U Hsan Win Aung (a) U Aung Aung	National League for Democracy	6186
209.	Shan	Mongyawng-1	U Aik Kham Hlaing	National League for Democracy	6928
210.	Shan	Mongyawng-2	U Sai Shen Tit Lon	National League for Democracy	1034
211.	Ayeyawady	Pyapon-1	U Zeyar Min Thein	National League for Democracy	41027
212.	Ayeyawady	Pyapon-2	U Bo Bo Min Zaw	National League for Democracy	33379

Myanmar News Agency

Asian election foundation applauds Myanmar's readiness to embrace democracy

THE Asian Network for Free Elections Foundation, which observed Sunday's general election, praised Myanmar people and the Union Election Commission for holding a peaceful, free and fair election.

Mr Damaso G Magbual,

President of the Asian Network for Free Elections Foundations (ANFREL), said at a press conference in Yangon yesterday that initial reports found that Myanmar queued at polling stations with patience and calm, thereby demonstrating a strong collective

will to change the country and a readiness to embrace democracy.

He also praised the UEC's electoral processes and volunteers at the polling stations for their contribution to the election, which saw high voter turnout.

He suggested that more train-

ing be provided on advanced voting to ward and village election commissions in future.

Mr Damaso also said that the November 8 election exceeded their expectations and brings great opportunities for Myanmar to develop democratic governance.

He urged the UEC and authorities to settle reported irregularities in a timely manner.

ANFREL sent both short-term and long-term observation teams to Myanmar for the country's first open election in decades.—*Myat Sandi*

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Indonesia's prominent university holds seminar on Chinese Dream

JAKARTA — The Indonesia University (UI) held a seminar Tuesday on China's national rejuvenation drive of Chinese Dream and its role in promoting world peace and global welfare.

The seminar was co-organised by Chinese Studies program at UI's Cultural Science Faculty (FIB) and the Confucius Institute, with a keynote speaker of China's Tsing Hua University Professor Chen Lai.

In his speech to open the seminar, UI Rector Mohammad Anis said that China's success in developing the nation and its huge economic scale cannot be neglected by any nation in the world.

"It (the Chinese Dream) has a pivotal role in global economy

as it may affect nations establishing trade with China," Anis said, adding that Indonesia and China should forge closer ties in the future after the 65th anniversary of

"It the Chinese Dream has a pivotal role in the global economy as it may affect nations establishing trade with China."

Mohammad Anis

UI Rector

diplomatic relations.

In his speech, Professor Chen said in China's history particularly during the modern era, Confucianism is still relevant and is adhered as China's cultural symbol.

Confucianism, which upholds rationality in its philosophy, gives China the moral and spiritual power that underlines the Chinese culture.

"The moral power becomes China's soft power prominently recognised from its civilization. It originally came from the creation of moral power by Confucius with his teachings," Chen said in his speech delivered on the UI campus in Depok, West Java.

At the seminar attended by Indonesian and Chinese scholars and

students eager to undertake Chinese Studies, Dean of UI FIB Adrianus Waworuntu said Confucianism holds a centralistic role in China.

Adrianus said the Chinese people have fostered the philosophy that commends personal and administrator morality, compliance to social relationship, fair and just values for thousands of years.

"The Chinese Dream was aimed at revitalizing China in terms of state, nation and civilization on a sustainable basis so as to create a wealthy and powerful China. Efforts to reach those goals were based on Confucianism and China's splendid cultural values," he said.—*Xinhua*

Please keep eye on our election, Cambodian opposition pleads to world

TOKYO — Cambodian opposition leaders called on the world to keep a close eye on upcoming elections after several opposition lawmakers were brutally beaten and a top leader ousted from a key parliamentary post.

Ruling party lawmakers stripped Kem Sokha, deputy president of the main opposition Cambodia National Rescue Party (CNRP), of his deputy parliament president post last month, a move that suggests a fragile political deal between the two parties has collapsed.

The country is set to hold local elections in 2017 and national elections a year later. Prime Minister Hun Sen, who has been in pow-

er for more than 30 years, has warned that a CNRP victory in the 2018 election would see a return to civil war.

"The free world has very high leverage so they should not be complacent, even lenient, with Hun Sen, and should insist that a democratic election will be held as scheduled with the supervision of the international community," Sam Rainsy, head of the CNRP, who is visiting Tokyo with Kem Sokha, told reporters.

Kem Sokha referred to "confrontation taking place".

"I would like to appeal to all the international community to closely monitor and watch the situation before the election pro-

cess," he added. Hun Sen last month condemned the assault on opposition parliamentarians and said those responsible would be brought to justice.

An agreement in July 2014 saw the CNRP end a year-long parliamentary boycott in return for a series of concessions by the long-ruling Cambodian People's Party (CPP) and some rare conciliatory talk by Hun Sen.

Kem Sokha had been appointed deputy parliamentary president as part of the deal, a move by the CPP to develop a "new culture of dialogue" with the increasingly popular CNRP.

But an illegal July protest over a disputed 2013 election, in which

the CNRP's success stunned its rivals, left 11 opposition politicians in jail.

Last month, the CPP voted to remove Kem Sokha from his post after the CNRP disparaged the ruling party. Two days before Kem Sokha's ouster, two opposition politicians were violently assaulted. Robust economic growth, jobs creation and sustained peace for an impoverished country roiled by decades of civil war, including under Pol Pot's 1975-79 "killing fields" regime, have ensured Hun Sen's continued re-election, although experts say he now faces a strong challenge from a rejuvenated opposition popular among urban youth.—*Reuters*

Five wounded as riots at Australian asylum camp cause 'severe' damage

SYDNEY — Australian authorities have regained control of a controversial immigration detention centre, officials said on Tuesday, after the death of an asylum seeker sparked rioting that led to at least five injuries and widespread damage.

Reinforcements were rushed in after fences at the centre on the remote Australian outpost of Christmas Island were torn down and fires were lit, forcing guards to abandon the facility and allowing access to vulnerable inmates by other detainees.

Asylum seekers are a hot political issue in Australia where successive governments have vowed to stop them reaching the mainland, sending those intercepted on unsafe boats to camps on Christmas Island, and more recently Manus island in Papua New Guinea and Nauru in the South Pacific. Christmas Island segregates detainees seeking polit-

ical asylum, many of whom have fled from war-torn regions in the Middle East and Asia, from foreigners facing deportation for a variety of crimes. Australian Immigration Minister Peter Dutton told reporters that the operation to regain control of the centre had faced some resistance, but focused blame primarily on violent criminal detainees rather than asylum seekers. Five detainees received injuries including minor lacerations during a "melee" after police moved against those detainees, including members of outlawed motorcycle gangs who had refused the opportunity to surrender, he said. "It is a hardened criminal population that occupies the immigration detention centre on Christmas Island," he said.

"Obviously the priority for today has been to restore calm to the centre. That has taken place."

One detainee required evacuation from the island for medical

treatment, he said. No officers were injured. The extent of damage to the centre had not been assessed, the Department of Immigration and Border Protection said in a statement, but some common areas appeared to have been "severely damaged".

Dutton said earlier that the unrest began late Sunday night following the death of an asylum seeker, whose body was discovered by search and rescue teams at the bottom of cliffs away from the centre. Refugee advocates identified the man as an Iranian Kurdish asylum seeker. Unrest at those facilities, which as recently as Monday drew criticism from the United Nations over alleged human rights violations, is not uncommon. One asylum seeker, Iranian citizen Reza Barati, was killed and more than 70 injured during riots in 2014 on Manus Island for which a senate inquiry blamed the Australian government.—Reuters

China, Philippines agree to avoid S China Sea issue at summit



Chinese Foreign Minister Wang Yi (R) shakes hands with his Philippine counterpart Albert del Rosario ahead of their talks in Manila on 10 November, 2015. PHOTO: KYODO NEWS

MANILA — The foreign ministers of the Philippines and China agreed in talks yesterday not to actively take up the thorny South China Sea issue at a regional summit to be held in the Philippine capital next week.

Philippine Foreign Affairs spokesman Charles Jose said Chinese Foreign Minister Wang Yi and Philippine Foreign Secretary Albert del Rosario agreed that since the Asia-Pacific Economic Cooperation summit is an economic forum, "it won't be a proper venue to discuss political, security issues."

"They (China) expressed hope that contentious issues will not be raised, and we said that we (Philippines) will endeavor on our side (not to do so)," Jose said.

But hoping to move the two countries' relations forward, Wang and del Rosario agreed to resume "foreign ministry consultations" on issues regarding cultural exchanges, education, consular and tourism, among others, Jose said. The last time a meeting of said nature was held in 2013 in Beijing.

Jose said del Rosario regards Wang's visit as "an indication that we can move the bilateral relations forward."

Wang arrived earlier in the day for a working visit to meet with del Rosario, and later, President Benigno Aquino, to ensure that Chinese President Xi Jinping's visit to the Philippines to attend the summit "will be smooth, safe and successful," Jose said.

Xi will be among world

leaders, including US President Barack Obama, Japanese Prime Minister Shinzo Abe, and Russian President Vladimir Putin, expected to attend the 18-19 November summit.

In his courtesy call on Aquino at the Presidential Palace, Wang received an assurance no less from the Philippine leader that "it is in the culture of the Filipinos as hosts to make our guests feel the warmth of Filipino hospitality," Presidential Communications Officer Herminio Coloma said.

"The president mentioned that he welcomed the decision of President Xi Jinping to attend the APEC summit," Coloma said. A bilateral meeting between Aquino and Xi during the summit is not yet confirmed.

Tensions in the South China Sea — a crucial shipping lane, abundant in marine resources and believed to hold substantial oil and gas resources -- have risen after a US Navy destroyer recently sailed near artificial islands created by China within what it claims as its territorial waters.

The Philippines is also seeking rulings on whether some Chinese activities in the disputed waters are in violation of the UN Convention on the Law of the Sea, such as its interference with Philippine fishing activities, its massive land reclamation projects and its fortification of some contested features.

Malaysia, Vietnam, Brunei and Taiwan also have overlapping claims in the South China Sea.—Kyodo News

PICTURE OF THE DAY



Britain's Prince Charles samples a glass of wine during his visit to the town of Tanunda in the Barossa Valley area of Australia, on 10 November, 2015. PHOTO: REUTERS

Bangladesh policeman injured in machete attack

DHAKA — A machete-wielding man injured a military policeman in an attack at an army check post in the Bangladesh capital yesterday, police said, the second law enforcement official to be targeted in a week.

Fears are growing that Bangladesh's secular democracy is under attack following the killing of two foreigners and a spate of deadly attacks on bloggers and publishers prompted by articles critical of religious extremism.

At the time of Tuesday's attack, the policeman was on duty at a check post at the entrance of the Dhaka Cantonment, police official Abdul Halim said.

He was taken to a military

hospital for treatment, Halim added, with one person arrested over the attack.

"This is a pre-planned attack to create fear among law enforcers," police commissioner Asaduzzaman Mia told reporters.

Police in Dhaka earlier detained 11 suspected members of a banned militant group with explosives and weapons, a police spokesman said. On Wednesday, two men on a motorcycle hacked to death a policeman at a checkpoint on the outskirts of Dhaka in an attack later claimed by Islamic State. The government, however, rejected Islamic State's claim and blamed the growing violence in Bangladesh on its domestic

political opponents linked to Islamist parties.

"This is a conspiracy to destabilise the country and to foil the war crimes trials," said Home Minister Asaduzzaman Khan.

Tension has risen since Prime Minister Hasina ordered Islamist leaders suspected of atrocities during the 1971 war of independence from Pakistan to be put on trial for war crimes.

Hasina's rivals accuse her of settling political scores by hunting down members of the Jamaat-e-Islami, an ally of the main opposition group headed by former prime minister Khaleda Zia. The government denies these assertions.—Reuters

OPINION

The true value of defeat

Myint Win Thein

PEOPLE generally treat defeat as a sign of weaknesses and experience a sense of bitterness, shame — or even hatred. Some see it as the end of their world as they know it. But defeat isn't as bad as some people think: it can in fact be an integral part of long-term success.

People who only experience success in their careers are getting but a half taste of life. Life is made up of both failures and success. Those who experience both victories and defeats can

enjoy the full bouquet of the human experience. Defeat and failure is humbling and educational. Even the greatest men and women in history suffered defeats at some point. It helped to make them stronger and ultimately more successful. Defeat can do the same for everyone if it is seen in the right light.

Defeat almost never results in a person losing all that they have strived for in life. With reflection, humility and clear headed judgment, defeat offers an opportunity for improvement. Failure can arouse the best attributes of a person's character. This includes the will to succeed and perseverance.

Defeat provides losers with everything they need for success in the future. It can be said that defeat compensates the fallen for their loss. However this depends on the way defeat is perceived. It should not bring about bitterness and resent-

ment. Adopting the wrong approach to defeat will make people lifelong losers as they will become consumed with self-pity. We must remember that defeat bestows life lessons — and at the very least, a chance for genuine self-reflection. Those who face defeat must remember that a different, though no less important, benefit awaits.

Write for us

We appreciate your feedback and contributions. If you have any comments or would like to submit editorials, analyses or reports please email thantunaungnlm@gmail.com with your name and title.

Due to limitation of space we are only able to publish "Letter to the Editor" that do not exceed 500 words. Should you submit a text longer than 500 words please be aware that your letter will be edited.

Walk Away From an Early Grave

Khin Maung Myint

THERE is no one who do not want to live a long and healthy life. However, do they lead a healthy way of life? I doubt it. There may be some who really maintain a healthy way of life, but most are either ignorant or knowingly neglecting their health. Health conscious persons will watch what they eat and what they do, never over-indulging in anything that is detrimental to the health. Some people are leading unhealthy lives by eating, drinking and over-indulgence. They are headed for their **early graves**.

Today, obese people are common sights. Especially among the middle aged females. If you observe them closely, you'll find that they have no control of themselves in their eating habits. Most fat people are ignorant as to which foods would put on weight. I had known some obese persons who had no concern for their health. When they had to choose between health and food, they would definitely choose food.

There may be many reasons for being obese. Some are obese because of their inherited genes or the metabolic malfunctions. However, most are caused by eating disorders or disregards for the amount of calories they consume and lack of physical activities.

The Monsoons have started to recede. The rains are getting sparse, providing fine weathers for morning walks and exercises. More and more people are out on the roads today, for morning workouts. The Kandawgyi and its environs have attracted more and more people. The place is crowded with throngs of people and cars every morning, since the early hours. If you see that scenario, the first thought that would come to your mind is, our people are

becoming more health conscious. However, if you are more observant and more rational in your outlook, you will notice that most of them are not.

I will give an example to prove my statement. Some of my acquaintances went to the Kandawgyi almost every morning, driving there. I walked to that place from my home. The total distance I covered was about two miles and it took about an hour, during which I did some stretching exercises. As for my acquaintances, when they arrived at the Kandawgyi, after parking their cars, they went to their respective rendezvous to do some light aerobic exercise for a few minutes. The highlight of their daily rituals are the feasts that followed. There would be some sort of breakfast almost everyday. There are donors almost everyday from among their crowd. It may be somebody's birthday or anniversary or may be even someone's child passing an exam, that called for an occasion to treat the members. They are not just light snacks but heavy ones. There are many groups like them inside the Kandawgyi. It has become a fashion.

I wondered whether these people are really interested to workout or just go there to enjoy themselves. It is the individual's right and I have no intention to criticize. However, I would like to point out that if you are really health conscious, you should first know what is good and what is bad for your health. One person said he had been going to the Kandawgyi almost everyday to exercise, but was unable to get his weight down or get rid of his paunch or, rather, the beer gut. I told him how could he do it, if the amount of calories he consumed daily was much more than what he was burning. The excess calories would turn into body fats that made a person fat.

Accumulation of the body fats is the root cause of weight gain and increase in the girth at the waistline. Most people wrongly think that just doing exercises are enough to rid off the weight and do not take into considerations the importance of the calories in the food they consume. I had noticed that many people are ignorant about calories. They are not aware that these calories would send them to their **early graves**. My concept about leading a long and healthy life is to watch your weight and maintain it at the ideal level. Obesity poses health risks. The most common health problems caused by obesity are diabetes, hypertension, cardiovascular problems and difficulty of movements. There may be more, but for the purpose of my article these would suffice.

To maintain your ideal weight, the best method is to combine exercise with strict calorie intake. This is what every health and fitness advisors would tell you. As for me, I had learned that is true, through my own experience.

While in my thirties I weighed nearly one hundred and eighty pounds, way above my ideal weight. For my height and age, I should weigh only one forty. At that time my immediate boss too was over weight. (Today it is very easy to determine whether you are over weight or obese. Just download a Body Mass Index (BMI) calculator.) We decided to lose weight and made a bet as to who could bring down the weight to the ideal level in the shortest time. He lent me a book on dieting. The title of the book was "Crash Dieting".

We started dieting and exercising. According to the book I had to determine how much calories I need daily. I found that depending on the nature of my

work, I needed 2300 calories per day. To reduce my weight I must either reduce my daily calorie intake significantly by dieting or do more exercise to burn away more calories. I did as the book recommended — I combined exercise with dieting.

Here, I should explain briefly what calories are. In plain language, the calories are energy required by the body to function efficiently. The more energy needed to perform a work, the more the calories are required. For instance a farmer or a labourer requires far more calories than an office worker. The more a person is active, the more calories he would need. Males need more calories than the females.

So, where can these calories be found? They are present in all the foods we eat. Among them the carbohydrates, cooking oils, milk and milk products are the richest in calories. Lean meats and marine animals are a bit lower in calories, while most vegetables contain the least amounts. Each type of food has its own value in calories per unit weight. Thus it is quite easy to count the calories consumed, by referring to a calorie value table.

To reduce weight by dieting, that is by reducing calorie intake, you must determine at what rate you want to do it. If you want to lose weight drastically, you must follow the **crash diet** regimen. That is to reduce your daily calorie intake drastically. In my case, I chose the **crash dieting** method. I determined my normal calorie intake at that time should be 2300 calories daily. I limited my daily intake to 1500 calories, thus saving 800 calories a day. When the calorie intake is less than the required amount, the body fats have to be burned for energy. As about 3500 calories is equal to one pound of body fat, theoretically I should lose one pound in

about five days. While reducing weight, more water should be consumed to cleanse the body of the ashes or residues left by burning the body fats.

In the beginning, the weight decrease was not very noticeable for a few days. I was disappointed, but I continued as I had a bet to fulfil. After about a fortnight, my weight started to fall significantly. I assume that, in the beginning my calorie counting method must be incorrect. Just over six months, my weight was down to 136 pounds, I had shed 44 pounds. So, I stopped dieting and started to consume the normal requirement, which was 2300 calories. I noticed my weight stopped reducing and remained steady around 135, where I maintained it. During dieting, I took the necessary vitamin supplements to shore up my energy, as recommended by the book. I would like to emphasize that in dieting, you need determination and strong will power to achieve your goal.

During the dieting, I regularly walked three miles in the mornings. Any activity could burn the calories, though in varying amounts, depending on the intensity of the activity. There are also tables that show which exercise or activity burn how much calories per hour. For instance swimming, cycling and running burns more calories than walking, while brisk walking burns more than strolling. Even sitting or lying down, burns calories to a certain amount. To assist in weight control it would be necessary to know what sort of exercise burns how much calories and determine the type of exercise that suits you. The calories burned by the exercises must be taken into account in calculating how much calories you can intake to maintain your weight at the required level. The easiest and at the same time, the most effective way to a healthy life is walking. **So let us walk away from our early graves.**

Repair works on a Bago road almost complete

THE reconstruction of Htautkyentkwin village gravel road began on 3 November and is now 70 per cent complete. The road will connect Swa Township in Bago Region to villages in the east. The road is being constructed with funds from the township development department's 2015-16 budget.

The road previously connected 20 villages until it was destroyed during the monsoon season, causing a great deal of inconvenience for locals, and in particular, students who need to travel significant distances to attend school. The new road will reduce travel times within the local area.—*Ko Lwin-Swa*



Gravel road under construction in Htautkyantkwin village, Swa Township, for creation of smooth access for the people.
PHOTO: KO LWIN (SWA)

Jade jewellery course underway in Myitkyina

THE Northern Tawwin Jade Company Ltd is running a free course on jade jewellery making in Myitkyina in Kachin State, said company spokesperson U KZ Naw Nor. The two-year course has been running since 27 October.

A total of 17 trainees will be provided with a stipend of K50,000 and free meals. When the trainees become more proficient they will receive monthly salaries, he said. The students will be

taught to make fine jade jewellery and the company will allow them open shops of their own following graduation. The trainees can also become instructors in the next round of courses, said the factory official.

The course is being held with the aim of improving livelihood opportunities for impoverished locals with low levels of education, he said.

Rough jade can be bought

with government approval from private companies in Phakant area. The jade factory, operates 50 goldsmith machines, will teach trainees how to make jade bead strands, jade sculptures, jade bangles and decorate pieces of jade gems, according to U KZ Naw Nor.

Phakant is well-known for its abundance of jade, including varieties of imperial jade.—*Min Min*

Tiddim's displaced villagers to be provided with low-cost housing



A low-cost house is being built for displaced villagers in Tiddim Township. PHOTO: ZO HAYSA

VILLAGERS displaced by floods in Tiddim Township, Chin State, will be relocated and provided with low-cost housing by the government. The new homes will be located in Pine Forest, near Tetlwee village junction road. The villagers have been living in shelter camps in Tiddim since floods hit the area in late July and early August.

The new houses have been built by the Environment Conservation and Forest Department and Timber Enterprise of the Ministry of Environmental

Conservation and Forestry.

Among the 46 houses being built, Kin villagers will be provided with 38 houses, while villagers of Woanmoa and Htinanzan will receive seven houses each.

Restoration works on 105 houses in Hlinebon village, 31 houses in Woanmoa village and 15 houses in Khinekam village in Sannam region of the Khinekam village border area have been stepped up by regional departments, according to a township official.—*Zo Haysa*

Construction begins on Tagwin Dam canal



Main canal structure of Tagwin Dam in progress in Hopin Township, Kachin State. PHOTO: NI TOE

CONSTRUCTION on the main canal of Tagwin Dam in Hopin Township, Kachin State, began on Saturday, according to Irrigation Department official U Kyi

Soe. The dam will irrigate 4,000 acres of monsoon paddy.

A total of 17 dam structures, each 28 feet long, 23 feet wide and 9 feet deep, are slat-

ed for construction at the canal. The main canal is 1,190 feet long and 6 feet wide. The target date for completion is 20 November.—*Ne Toe*

Obama launches Facebook page



PHOTO: REUTERS

WASHINGTON — The White House launched a Facebook (FB.O) page on Monday for President Barack Obama and used the social media platform to send a message on climate change.

Organising for Action, the political organisation that

helped elect Obama, has long used an account under the name "Barack Obama." But the new page allows the president to speak in the first person, much like the Twitter account the White House launched for Obama in May.

Striking a conversational

tone, Obama's first post was a video message on climate change that depicted the president walking around the South Lawn of the White House and marvelling at the beauty of nature.

"Hello, Facebook! I finally got my very own page," Obama said in the post. "I'm kicking it off by inviting you to take a walk with me in my backyard - something I try to do at the end of the day before I head in for dinner."

In the video, Obama called on Americans to do their part to fight climate change.

"I want to make sure that the whole world is able to pass onto future generations the God-given beauty of this planet," Obama said, citing his upcoming trip to Paris to meet with world leaders on climate change.

"If all of America is joining around this critical project, then we can have confidence that we're doing right by future generations and passing onto our kids all the blessings that we've received," Obama said.—Reuters

UK's Cameron says sometimes 'less Europe' is better

LONDON — The European Union needs to play a less prominent role in some aspects of how its member countries function, British Prime Minister David Cameron said as he laid out his plans for EU reforms before holding a membership referendum.

"Never forget that the Euro-

pean Union now comprises 28 ancient nations of Europe," Cameron said in a speech.

"That very diversity is Europe's greatest strength. Britain says: let's celebrate that fact, let's acknowledge that the answer to every problem is not always more Europe. Sometimes it's less Europe."

Cameron was speaking on the same day that he was due to send a letter to the president of the European Council, which represents EU member states, setting out his main objectives from a reform of the bloc.

Cameron has said he will hold the referendum before the end of 2017.—Reuters

US judge rules against NSA in phone spying case

WASHINGTON — A US federal judge on Monday for the first time ordered the National Security Agency to cease collecting the phone call records of a lawyer and his firm, providing an unprecedented but narrow and largely symbolic victory to privacy advocates.

Opponents of mass surveillance cheered the ruling by US District Court Judge Richard Leon, who granted an injunction to bar the NSA from collecting the phone metadata of California attorney J.J. Little and his small legal practice.

Unlike previous rulings against the NSA's programme to vacuum up Americans' call data, which was exposed publicly by former NSA contractor Edward Snowden in 2013, Leon's opinion does not grant a stay, meaning it will take effect immediately.

The decision is of little practical consequence because it is so narrow in scope in covering only Little and his firm.

It also comes just weeks before the NSA is scheduled to end its controversial bulk collection programme in favor of a more targeted system. That new regime, as mandated by Congress earlier this year, will become active on 29 November.

But the ruling's language is forceful and represents a win for civil liberties groups concerned that NSA surveillance is too intrusive.

Leon wrote that the case may be the last court evaluation of the NSA's bulk metadata collection programme.

"It will not, however, be the last chapter in the ongoing struggle to balance privacy rights and national security interests under our Constitution in an age of evolving technological wizardry," he wrote.

On Twitter, Snowden cheered the "historic decision" as one that concluded the NSA "violated Americans' privacy rights."

Leon, a conservative judge

appointed by former President George W. Bush, has long been among the most vocal judges critical of the NSA's spying practices.

Leon said he did not stay his Monday decision "because it has been almost two years since I first found that the NSA's bulk telephony metadata program likely violates the Constitution."

Other plaintiffs in the case, including conservative activist Larry Klayman, who began the lawsuit, were not included in the ruling, due to issues concerning standing.

A higher court previously rejected Klayman's challenge, saying he could not prove his phone was targeted by the NSA as Snowden's documents only revealed customers of Verizon Business Network Services, which is a subsidiary of Verizon Communications, such as Little, were implicated. Klayman added Little to his case to address the standing concern.—Reuters

NEWS IN BRIEF

EU calls on Turkey to calm violence, seek peace with Kurds

BRUSSELS — Turkey must calm the rising violence in the country, seek peace with the Kurds and address judicial and press freedoms, the European Commission, which supervises Turkey's long-stalled bid to join the European Union, said yesterday.

"The Commission hopes to see an end to the escalating violence in Turkey and the return to negotiations on a lasting solution on the Kurdish issue,"

Johannes Hahn, the commissioner in charge of EU enlargement, told the European Parliament.

"In the past year, significant shortcomings affected the independence of the judiciary as well as freedom of assembly and freedom of expression, in particular as regards increased pressure and intimidation of journalists," Hahn said after releasing the Commission's annual report on Turkey.—Reuters

FBI offer of assistance in Egypt crash probe goes unanswered

WASHINGTON — Neither Russia nor Egypt has accepted an offer from the FBI to assist them in investigating the crash of Metrojet flight 9268 which crashed in Egypt's Sinai Peninsula on 31 October shortly after

takeoff, a US government source said.

The FBI has offered "forensic assistance" and other unspecified services to both Russia and Egypt, said Joshua Campbell, an FBI spokesman.—Reuters

Turkey's Erdogan calls for new constitution

ANKARA — Turkish President Tayyip Erdogan on Tuesday called for reforms and said a new constitution should be created during the next four years under the single-party government of the AK Party.

"The 1 November election ushered in four years of stability and confidence. Let's make

this period a time of reforms, prioritising a new constitution," Erdogan said at a commemoration ceremony for Turkey's founding father, Mustafa Kemal Ataturk.

The concerns regarding Turkey's regime should be left aside so the country can focus on the future, Erdogan added.—Reuters

US Air Force general impressed with Saudi-led operations in Yemen

DUBAI — US Air Force General Charles Brown, commander of the US Air Forces Central Command, said on Tuesday he was impressed with the work the Saudi-led coalition is doing in Yemen.

Brown said the US Air Force has been working together with Saudi forces on training, and he was impressed with their air operations. "We're both of the same mindset," he said.—Reuters

AMAN: Gvt should not shut down Tanjug news service

BELGRADE — The Alliance of Mediterranean News Agencies (AMAN) called on the Serbian government to find a solution so that Tanjug, a news agency with a history, could be able to continue working as an independent source of news for the media in the country and abroad.

AMAN opposes the shut-down of Tanjug News Agency and it strongly prompts the Serbian government to withdraw the decision to discontinue Tanjug's operations, states the release issued by the Alliance, adding that the decision caused shock among AMAN member agencies.—Tanjug

The Quiet Americans

Obinna Anyadike

NAIROBI — Kitting out a Nigerian army unit is not what most humanitarians would consider the best response to Boko Haram. But for the NGO Spirit of America, it is precisely the sort of muscular aid — along with more traditional wealth-generating development projects — that's needed to tackle the militants.

The US non-profit draws the line at supplying weapons. But for a donation of \$27,239, Spirit of America will provide all the non-lethal equipment a 150-man unit patrolling the southern border with Nigeria needs. If that's a bit steep, then \$21 buys a headlamp and \$62 a first aid kit.

"Spirit of America is a philanthropic rapid response team providing humanitarian and economic assistance in support of our nation's interests," proclaims General (Rtd) Stanley McChrystal, of Afghanistan surge fame, on the banner of the group's website.

According to founder, internet guru Jim Hake, the idea came while watching a documentary in which a special forces soldier in Afghanistan wins the goodwill of a village through the supply of baseball equipment donated by friends and family back home. In gratitude, the village forms a "night watch patrol" to protect the US soldiers, and Taliban attacks end.

Hake's narrative is that his NGO links well-meaning US troops in global hotspots with the generosity of the American people. Field representatives, all ex-servicemen, work with the soldiers as "embedded venture capitalists". Their job is to understand



A formation of Nigerian soldiers from the 322nd Parachute Regiment march to a training site where they will learn combat skills from US Army soldiers from 1st Battalion, 10th Special Forces Group (Airborne) home-based in Stuttgart, Germany, during Operation Flintlock 2007. PHOTO: IRIN

the humanitarian problems the soldiers are trying to solve, with the internet then used "to crowdsource whatever capital, knowhow and material is needed," says Hake.

Spirit of America funded a community-level counter-Boko Haram summit in Niger's southern Region of Diffa in October — in partnership with the US army's civil affairs unit and the Nigerian military — to discuss how to stop the flow of recruits to the militants, and better police the porous border villages.

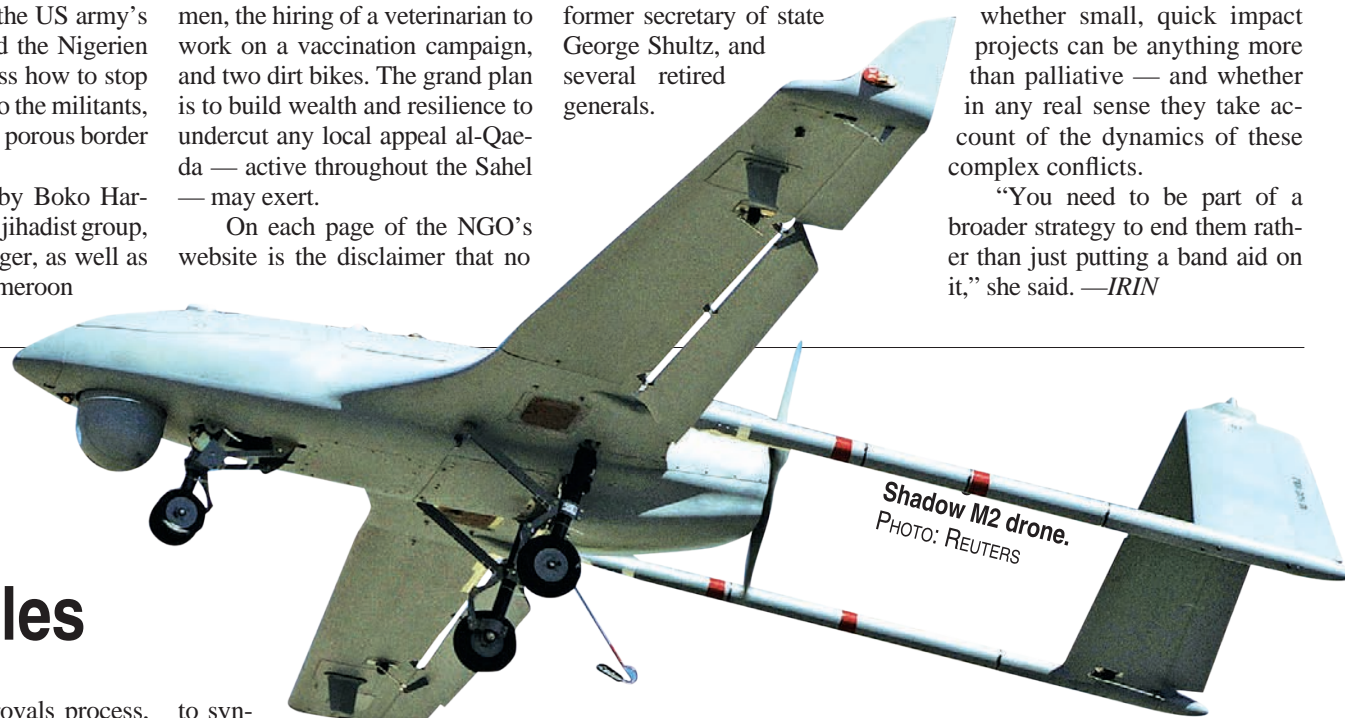
Brutal attacks by Boko Haram, a Nigerian-born jihadist group, have spilled into Niger, as well as neighbouring Cameroon

and Chad. The US government is supporting regional governments in the fight against the movement, and a small special forces unit is in Niger.

Further north, in the Agadez region, Spirit of America has spent \$41,000 on veterinary school scholarships for a group of young men, the hiring of a veterinarian to work on a vaccination campaign, and two dirt bikes. The grand plan is to build wealth and resilience to undercut any local appeal al-Qaeda — active throughout the Sahel — may exert.

On each page of the NGO's website is the disclaimer that no

endorsement by the Department of Defense "is intended or implied". Spirit of America does, however, work directly with regional US military commands, and has a star-studded establishment advisory board including former Republican presidential nominee Senator John McCain, former secretary of state George Shultz, and several retired generals.



US Air Force leader backs moves to speed up arms sales

DUBAI — US Air Force Secretary Deborah James said on Tuesday it was important to speed up approvals of foreign arms sales, and she was open to creating a White House-level position to oversee the process across government.

James told reporters at the Dubai Airshow that she had heard the concerns of US companies, who say delays in approving foreign arms sales may prompt potential buyers to make non-US purchases.

The Air Force would look for ways to speed up its internal processes and could back the appointment of a high-level official

to oversee the approvals process, she said.

"It makes some good sense to put somebody at a high level of government that could help to oversee and coordinate," she said. "That might well be an idea that we should implement."

Bob Durbin, chief operating officer of the Aerospace Industries Association (AIA), the largest US aerospace industry trade group, told Reuters the US government was taking steps to better coordinate reviews of arms sales across agencies, and reach out more to industry to understand its concerns.

But more work was needed

to synchronize and accelerate the overall process given mounting frustration among buying countries about the pace of US export reviews, he said.

Jeff Kohler, Boeing's vice president for international business development, told reporters on Monday that the plane maker was "a little frustrated" with delays in getting US government approvals for fighter jet sales to countries in the Gulf region.

"We're a little frustrated, and I know the customers are in the region," he said.

Boeing did not give any spe-

cifics, but sources familiar with the matter say a \$3 billion deal for 28 F/A-18E/F fighter jets for Kuwait that includes options for 12 more jets, and a separate deal for F-15 fighters for Qatar, have languished in the US regulatory process. US defence companies are counting on foreign orders to offset a drop in US military spending.

Kohler said the US government had not expanded its capacity to process arms deals despite a large rise in transactions by big weapons makers in recent years.

AIA has been pushing for years for the US government to adopt a national defence ex-

The politicisation of aid is far from new. During the Vietnam War, Catholic Relief Services deliberately aligned itself with US military policy, and the bulk of its food assistance fed the Popular Forces Militia of the government of South Vietnam. In Afghanistan, NGOs were regarded as "force multipliers", and Provincial Reconstruction Teams (PRTs) — mixed civilian and military units — were supposed to demonstrate the value of soft power.

"Their intentions are genuine. They're trying to help," said conflict and emergencies researcher, Ashley Jackson, in reference to Spirit of America. "But the danger is they are blurring the lines and creating problems for aid workers who are seeking to do things in a more impartial way."

Effective aid programming is a bit of a science, and when done badly — as with the corrupt and inefficient PRTs — it can prove disastrous. Ex-military turned embedded aid entrepreneurs may have martial skills, "but in the civilian/development sectors, they may not have the expertise or the approach that a local NGO with decades of experience would have," Jackson told IRIN.

With total revenue of \$3.2 million for the 2014 financial year, spread over projects in some 15 countries, Spirit of America is a relatively small operation. Katy Thiam, the head of public information for the UN's emergency aid coordination body, OCHA, in Niger, said she had never heard of them. But the broader question, Jackson points out, is whether small, quick impact projects can be anything more than palliative — and whether in any real sense they take account of the dynamics of these complex conflicts.

"You need to be part of a broader strategy to end them rather than just putting a band aid on it," she said. —IRIN

port strategy, and appoint a senior, White House-level official to coordinate the efforts, said Remy Nathan, vice president of international affairs for the group.

"It needs to be a strategy that is embraced and implemented at the highest levels," Nathan said. "You need an authority that is capable of crossing all of those different silos and you don't really get there unless you have authority from the top."

James met AIA officials and members at the Dubai Airshow on Monday to listen to their concerns.—Reuters

Paris climate talks likely to go to the wire

PARIS — Negotiations to reach a climate change deal next month in Paris are likely to go down to the final moments with financing remaining one of the toughest subjects on which to reach agreement, senior Swedish officials said.

Sweden is considered by many to be a potential bridge between developed and developing nations. It has promised about \$580 million over four years to the Green Climate Fund, one of the main channels for donor countries to mobilise more than \$100 billion a year in aid for developing nations by 2020 from public and private sources.

Governments have made some progress towards a goal of limiting warming of the planet with national plans for action, but according to a French working document, more than 30 core questions remain unsolved before the 30 November to 11 December summit on global warming starts in Paris.

"A lot of ministers are not happy that the text is



The Eiffel Tower is seen at sunset in Paris, France, on 9 November 2015. PHOTO: REUTERS

so full of brackets so close to the meeting," Sweden's Environment Minister Asa Romson told reporters late on Monday as ministers gathered for warm-up talks.

An updated draft text

of an accord has whittled down a final text by about half to cover 55 pages, but it still has 1,490 brackets marking points of disagreement and remains far longer than hoped.

Disputes over financing for poor nations have been a drag on the talks among almost 200 countries. Some delegates fear a repeat of the failed 2009 summit in Copenhagen,

though others are confident of a breakthrough.

"I think we cannot compare to Copenhagen. Technically, we are more advanced than in Copenhagen," Romson said, adding

there was a greater sense of urgency now than in 2009.

Chief negotiator Anna Lindstedt, who has led the Swedish delegation at previous talks, said she thought the talks would only make real progress in Paris.

"I think so," she said, when asked whether they would likely drag on to the final moments.

However, she said the fact that more than 150 nations including China and the United States had issued plans to limit greenhouse gas emissions beyond 2020, known as Intended Nationally Determined Contributions (INDCs), were a key step forward.

Asked about the issue of nations promising financing and not yet delivering while developing nations hold back waiting for the cash, Romson said it was clearly "not very helpful" for negotiators when promises were not fulfilled.

"The cost of inaction is too high," Romson said. —Reuters

11-year-old girl donates organs to save six people

BEIJING — Parents chose to donate the organs of their daughter, 11, to put an end to her suffering from myasthenia gravis and save people in need. The operation took place at Wujing Hospital in Beijing on Tuesday.

Yating, who has been suffering from myasthenia since last summer, had been in a coma for 57 days due to a cerebral injury caused by a delayed treatment when she fainted at midnight on

13 September. Seeing their daughter's pain, her parents contacted the organ donation hotline of Wujing Hospital in Beijing after they were repeatedly told that it's almost impossible for their little girl to wake up again.

The parents decided to donate the girl's heart, kidneys, liver and corneas in a bid to help people in need, as they know it would also be their daughter's wish if she were conscious.

Doctors stood in silence and paid tribute to the little girl's remains before the operation. Organs from the girl will reportedly save six people.

As of 3 August, the Chinese mainland recorded 1,479 voluntary organ donations, beating public expectations after the country banned the harvesting of organs of executed prisoners on 1 January, said an expert.—Xinhua

Chile-bound cocaine seized on buses transporting football fans



A police officer in Pasto, Colombia, seizes drugs from a bus transporting Colombia fans to a World Cup qualifying soccer match in Chile, on 8 November. PHOTO: REUTERS

BOGOTA — Colombian police seized 575 kg (1,265 pounds) of cocaine bound for Chile on two buses carrying Colombia fans to a World Cup qualifying football match in Santiago.

Police made the discovery at the weekend in Pasto near Colombia's southern border with Ecuador and about 400 km from Cali from where the buses

set out on a road trip of more than 4,000 km across Ecuador and Peru to Chile.

"These drugs, hidden inside these buses, were bound for Santiago de Chile and the method of doing it was by transporting it through some tourists who were going to see the Colombia-Chile match," Major General Rodrigo Gonzalez, Commander of the Region

Four National Police of Colombia, told reporters.

The drugs were found in compartments under the bus floors and under the seats of both drivers, who were arrested.

Chile host Colombia in Santiago on Thursday in a South American qualifier for the World Cup finals to be held in Russia in 2018.—Reuters

TILE REPUBLIC OF THE UNION OF MYANMAR MINISTRY OF ENERGY MYANMA OIL AND GAS ENTERPRISE (INVITATION FOR OPEN TENDER) (16/2015)

Open tenders are invited for supply of the following respective items in United States Dollars and Myanmar Kyats.

Sr.No	Tender No	Description	Remark
(1)	IFB-055(15-16)	Spares for Cummins KTA-2300 C-1050 Engine (8) Items	US\$
(2)	IFB-056(15-16)	Spares for Mack Truck (6) Items	US\$
(3)	IFB-057(15-16)	Assorted Sizes of Gate Valves (12) Items	US\$
(4)	IFB-058(15-16)	Spares for Blow Out Preventer (5) Items	US\$
(5)	DMP/L-010(I 5-16)	4 3/4' Insert Bit (120) Nos	Ks
(6)	DMP/L-011(15-16)	Mechanical Seals for Pumps (3) Items	Ks

Tender Closing Date & Time - 8-12-2015, 16:30 1Hr

Tender Document shall be available during office hours commencing from 11TH November, 2015 at the Finance Department, Myanma Oil and Gas Enterprise, No(44) Complex, Nay Pyi Taw, Myanmar.

Myanma Oil and Gas Enterprise
Ph . +95 67 - 411097 / 411206

China says two-child policy will contribute 0.5 % to growth rate

BEIJING — China's adoption of a two-child policy is expected to boost the country's economic growth rate by about 0.5 of a percentage point, stemming from a rise in the size of its work force, a senior Chinese official said yesterday.

Wang Pei'an, vice minister of the National Health

"In the long-term, the positive effect on economic growth will be significant."

Wang Pei'an

Vice Minister of the National Health and Family Planning Commission

and Family Planning Commission, did not specify a time period for that growth target. Last week, President Xi Jinping said it is possible for the country to have annual economic growth of around 7 percent over the next five years.

"In the long-term, the positive effect on economic growth will be significant," Wang told a news briefing.

Wang's economic forecast came nearly two weeks after the ruling Chinese Communist Party announced it would further relax the long-standing and controversial "one-child policy". But critics say the policy change comes too late and will not have the desired effect.

The adoption of a two-child policy will boost consumer demand for housing, education and health and



Anan, a two year old girl, plays in an indoor playground in Beijing, China on 30 October 2015. PHOTO: REUTERS

daily necessities, and increase employment in the short term, Wang said.

The one-child policy was introduced in the late 1970s to prevent population growth spiralling out of control, but is now regarded as outdated and responsible for shrinking China's labour pool. It has also led to the

ageing of China's society, a phenomenon usually restricted to industrialised nations.

By around the middle of this century, one in every three Chinese is forecast to be over 60, with a shrinking proportion of working adults to support them.

With the adoption of

the two-child policy, China's labour force could rise by about more than 30 million and its ageing population will be reduced by 2 percentage points by 2050, Wang said.

"The implementation of a comprehensive two-child policy will help to improve the population structure and

promote the balanced development of the population," Wang said. According to a government survey, most Chinese people want to have two children, Wang said. Married couples within an average age range between 20-44 years old said they would like 1.93 children, he said.—Reuters

Cambodia repatriates 168 Chinese suspects in telecom scams

PHNOM PENH — Cambodia deported 168 Chinese suspects involved in telecom swindle cases to China on Tuesday, the National Police's news website said.

"Chinese police had sent two planes to transport those Chinese from Cambodia after Deputy Prime Minister and Interior Minister Sar Kheng signed a

letter deporting them from Cambodia to their country," Lt. Gen. Khun Sambou, deputy chief of the Cambodia's General Department of Immigration, was quoted by the website as saying.

He said Cambodian and Chinese police have been continuing cooperation to hunt down the masterminds in transnational

telecom frauds.

The deported Chinese, including 19 females, were arrested in three villas in southwestern Preah Sihanouk province on 31 October, and a number of computers, telephones and bank cards, which had been used to commit the alleged crimes, had been seized.

Lt. Gen. Khun Sambou said the group will face

justice in China.

In telecom scam, fraudsters often use overseas servers to make scam calls to their victims in China, claiming to be court or police officials and warning that the victims' bank accounts had been breached so that they have to transfer the money to a separate safe account.

—Xinhua



Suspects involved in telecom fraud walk off a plane after being repatriated from overseas, at an airport in Beijing, China, on 10 November 2015. PHOTO: REUTERS

CLAIMS DAY NOTICE MV SINGAPORE BRIDGE VOY NO ()

Consignees of cargo carried on MV SINGAPORE BRIDGE VOY NO () are hereby notified that the vessel will be arriving on 11.11.2015 and cargo will be discharged into the premises of M.I.P/A.W.P.T where it will lie at the consignee's risk and expenses and subject to the byelaws and conditions of the Port of Yangon.

Damaged cargo will be surveyed daily from 8 am to 11:20 am and 12 noon to 4 pm to Claim's Day now declared as the third day after final discharge of cargo from the Vessel.

No claims against this vessel will be admitted after the Claims Day.

SHIPPING AGENCY DEPARTMENT
MYANMA PORT AUTHORITY
AGENT FOR: M/S SAMUDERA SHIPPING LINE

Phone No: 2301185

CLAIMS DAY NOTICE MV PANJA BHUM VOY NO (068N)

Consignees of cargo carried on MV PANJA BHUM VOY NO (068N) are hereby notified that the vessel will be arriving on 11.11.2015 and cargo will be discharged into the premises of H.P.T where it will lie at the consignee's risk and expenses and subject to the byelaws and conditions of the Port of Yangon.

Damaged cargo will be surveyed daily from 8 am to 11:20 am and 12 noon to 4 pm to Claim's Day now declared as the third day after final discharge of cargo from the Vessel.

No claims against this vessel will be admitted after the Claims Day.

SHIPPING AGENCY DEPARTMENT
MYANMA PORT AUTHORITY
AGENT FOR: M/S WAN HAI LINES PTE LTD

Phone No: 2301185

CLAIMS DAY NOTICE MV NOBLE BREEZE VOY NO ()

Consignees of cargo carried on MV NOBLE BREEZE VOY NO () are hereby notified that the vessel will be arriving on 11.11.2015 and cargo will be discharged into the premises of A.W.P.T where it will lie at the consignee's risk and expenses and subject to the byelaws and conditions of the Port of Yangon.

Damaged cargo will be surveyed daily from 8 am to 11:20 am and 12 noon to 4 pm to Claim's Day now declared as the third day after final discharge of cargo from the Vessel.

No claims against this vessel will be admitted after the Claims Day.

SHIPPING AGENCY DEPARTMENT
MYANMA PORT AUTHORITY
AGENT FOR: M/S INTERASIA LINES

Phone No: 2301185

Ronaldo premieres his film in London



Soccer player Cristiano Ronaldo reacts as he receives a certificate on the red carpet at the world premiere of "Ronaldo" at Leicester Square in London, Britain, on 9 November. PHOTO: REUTERS

LONDON — From soccer pitch to red carpet, FIFA World Player of the Year Cristiano Ronaldo premiered his personal portrait film "Ronaldo" in London on Monday.

Ronaldo reunited with his former Manchester United manager Alex Ferguson on the red carpet, which also saw a late arrival from Chelsea manager Jose Mourinho.

Posing with a line of fans, Ronaldo sought to break a selfie record upon arrival and was also awarded certificates for other Guinness World Records he had, including "most 'liked' person on Facebook".

"The people who really

know me, they are not going to be surprised about the movie," Ronaldo told Reuters when asked about the film.

Asked if after his soccer playing career he might eye a position as head of FIFA or UEFA, the Real Madrid striker said: "I'm not that smart to be president. I do not worry about that, about what is going to happen in my future."

"I think I'm still able to play a few more years of football, but in future I have other projects, that will more interesting than being president," he added.

The film, made by the team behind documentaries on racing driver Ayrton Senna and sing-

er Amy Winehouse, looks at his professional side as well as shows tender moments between Ronaldo and his young son.

"You have a chance to see the real Cristiano," Ronaldo's agent Jorge Mendes said of the film.

Ronaldo is also captain of Portugal's national team, which last month secured its spot for Euro 2016 in France. Asked if he thought he could bring the side to victory, Ronaldo said: "Well, I will try. I will help the team and I will give my best like always and let's see what happens."

"But I am looking forward to that."—Reuters

'Brooklyn' has biggest Irish film opening since 1996

LONDON — The film adaptation of Irish novelist Colm Toibin's "Brooklyn" starring Saoirse Ronan has had the best opening week of any film in Ireland since the biopic "Michael Collins" in 1996, distributor Lionsgate said on Monday.

With an estimated box office of 1.04 million pounds (\$1.57 million) in Britain and Ireland, "Brooklyn" was also the top opener in both countries for the past weekend, Lionsgate said.

"Brooklyn", in which Ronan's performance as a young Irish woman who emigrates to the New York borough to escape the poverty of 1950s Ire-

land is being touted as a potential Oscar winner, took in more than 432,000 pounds in Ireland from its opening on Nov 4 through the weekend, Lionsgate said.

That surpasses other popular recent Irish films including "The Guard", which took in 408,711 pounds, and "Angela's Ashes" at 397,978 pounds. It is exceeded only by the 1996 film about the Irish republican leader Collins, which took in almost 443,000 pounds.

Lionsgate said "Brooklyn" opened on 87 screens in Ireland, making it the largest screen count ever for an Irish film in the republic.—Reuters



Actress Saoirse Ronan accepts the New Hollywood Award for her role in the film "Brooklyn" at the Hollywood Film Awards in Beverly Hills, California, on 1 November. PHOTO: REUTERS

US critics praise Takei in 'flawed' musical about Japanese internment

NEW YORK — Japanese American actor George Takei received unanimous praise for his Broadway debut in Sunday night's opening performance of "Allegiance," though critics remained skeptical about the musical inspired by his childhood experiences in a World War II internment camp.

The New York Times called Takei, 78, "warmly touching" in the role of Ojii-chan, grandfather of the fictional Kimura family, while USA Today credited him for a "sweetly mischievous" performance and for singing with "winning gusto."

In its online edition, Variety praised Takei for playing the role "with enormous heart and humour." The musical tells the story of a Japanese American family forced by the US government into



Actor George Takei (3rd from L, 2nd row) and other on the cast of Broadway musical "Allegiance" appear on stage at the Longacre Theater in New York, on 29 September 2015. PHOTO: KYODO NEWS

a Wyoming internment camp after Japan's attack on Pearl Harbor.

Having lost its successful California farm and any sense of unity, the family suffers an inter-

nal rift as Sammy Kimura decides to enlist in the US army while his sister Kei falls in love with a camp dissident.

Despite its wish to address

a difficult topic while also delivering Broadway-style entertainment, the "well-intentioned and polished" production failed to strike a fully successful balance, The New York Times said.

"'Allegiance' often feels more like a history lesson than a musical," it noted.

The New York Daily News in its online edition dismissed the storytelling as a "jumble," and Variety lamented that "authentic moments are few and fleeting, overwhelmed by standard love songs and musical soliloquies."

Though unimpressed with major elements of "Allegiance," critics applauded the effort to shed light on Japanese American internment and praised strong performances in what USA Today called a "flawed but defiantly moving show."

In 1942, Takei's family was among the tens of thousands of Japanese Americans who were sent to remote camps in seven US states, under the assumption that they posed a threat to national security during the war with Japan.

The Los Angeles native, then five years old, was moved with his parents and two siblings first to Rohwer camp in Arkansas and later to Tule Lake centre in California over a term lasting nearly four years.

"So many Americans don't know the story of internment," Takei told Kyodo News in an interview ahead of the show's previews.

"I use everything in order to get people to know about it. Beyond just a musical, this has been part of my life's mission."—Kyodo News

Modigliani nude sells for \$170m, second-highest price ever paid at art auction

NEW YORK — A Modigliani nude painting was sold to an unnamed Chinese buyer at Christie's on Monday for \$170.4 million, the second-highest price ever for a work of art at auction, as deep-pocketed collectors continue to pay, and pay big, for some rare masterpieces up for sale in this year's autumn auctions season.

The final price for the 1917-18 portrait "Nu couché" (Reclining Nude) — under the hammer for the first time ever — was second only to Picasso's "Les femmes d'Alger" (Women of Algiers) which sold for \$179 million at Christie's in May. While the buyer was not identified, Christie's said the painting was bought by a private Chinese collector. Asian collectors have been especially active in the art market

for the past several seasons.

Some half-dozen bidders competed for the canvas, which had remained in the same private collection for some 60 years and was offered as the highlight of a specially curated "Artist's Muse" sale comprising 34 works in total.

In a packed salesroom marked by deliberate but determined competition, bidding started at \$75 million — already more than Modigliani's auction record of \$70.7 million — and ticked upwards in \$5 million increments before an unidentified telephone bidder prevailed at \$152 million. The final price was \$170,405,000 including Christie's commission of just over 12 percent. The auction house had estimated the canvas would fetch more than \$100 million.



A New York police officer stands beside Christie's window featuring Roy Lichtenstein's 'Nurse' before the commencement of a curated evening auction called 'The Artist's Muse' in Manhattan, New York, on 9 November. PHOTO: REUTERS

While nearly 30 percent of the "Artist's Muse" offerings went unsold - Lucian Freud's "Naked Portrait on a Red Sofa" was estimated at as much as \$30 million but failed to sell - the auction took in \$494.4 million in total. That was right in the middle of the pre-sale estimate of \$442 million to \$540 million.

Nodding to the sale's unsold

lots, Christie's global president and auctioneer Jussi Pylkkanen said that was the risk of "pushing the envelope". He noted some works were either not fresh to the market, or were perhaps aggressively priced.

But strong prices for top works that did sell bore witness to what Pylkkanen called "a master-

piece market" that was fomenting "extraordinary competition".

A new record was set for an auction sale of work by Roy Lichtenstein, the pop artist best known for his vibrant, cartoon-style works. His 1964 painting "Nurse" fetched \$95.4 million, within the \$80 million to \$100 million estimate.—Reuters

After a 3-year facelift, Rodin museum in Paris reopens doors

PARIS — After three years of renovation, Paris' Musee Rodin reopens its doors this week, with new displays of the French sculptor's works.

Right in the middle of the French capital, the Hotel Biron and its garden were used by Auguste Rodin in the years leading up to his death in 1917 and boasts versions of his "The Thinker" and "The Kiss" — two of the world's best-known sculptures.

The mansion attracts 700,000 visitors a year and has needed 16 million euros (\$17 million) worth of renovation,

including urgent repairs to the floor and overhauling its interior design.

The museum now boasts a new layout, and previously unseen works as well as paintings from Rodin's personal collection, including paintings by Vincent van Gogh and Edvard Munch.

"(Visitors) will see an improved visibility of the works thanks to the (display) furniture which allows more works to be shown," museum director Catherine Chevillot said.

The new layout and different lighting on some displays allows

visitors to get very close to the sculptures, she said.

The project was partly paid by casting new bronzes from original moulds, Chevillot said.

"The (French) state made a decisive contribution, nearly half of the budget. The rest came from our own private means, the sale of bronzes by Rodin," she said.

"We are rather unique among French museums, we own the rights of the artist to continue to make original bronzes." The museum reopens on 12 November, which would have been Rodin's 175th birthday.—Reuters



The sculpture 'Le Penseur' (The Thinker, 1881-1882 original size) by French sculptor Auguste Rodin (1840-1917) is seen during a visit at the Musee Rodin in Paris, France. PHOTO: REUTERS

Myanmar International

(11-11-2015 07:00 am~ 12-11-2015 07:00 am) MST

Today Fresh

07:03	Am	News
07:26	Am	Chef Life "Myo Min Soe Oo"
07:35	Am	One Heritage.....One Festival
07:53	Am	Young Artist: Maw Thu Da Nu
08:03	Am	News
08:26	Am	Local Tour Guide: Pho Khant
08:39	Am	Tazaungmone
09:03	Am	News
09:26	Am	Director: Thiha Kyaw Soe
09:39	Am	Myanmar Traditional Bullock-Cart & Equestrian Racing
09:50	Am	Yangon Markets: Da Nyein Gone Market
10:03	Am	News
10:27	Am	Fantastic Orchid Garden From The Flower City
10:36	Am	Htan Taw Drums (Part-I) "Osi"
10:49	Am	Mobile House

(11:00 Am ~ 03:00 Pm) - Tuesday Repeat (07:00 Am ~ 11:00 Am)
 (03:00 Pm ~ 07:00 Pm) - TodayRepeat (07:00 Am ~ 11:00 Am)

Prime Time

07:03	Pm	News
07:24	Pm	A Journey To Southern Shan State (Ep-2)
07:45	Pm	"Moe Hnyin Than Buddha", The Unique Pagoda In Monywa
08:03	Pm	News
08:26	Pm	Myanmar Traditional Identity (EP-1) The Culture Of Pen-nant Pillar
08:41	Pm	Bollywood Actress "Laila Khan" (Born & Raised in Myanmar) (Part-I)

(09:00 Pm ~ 11:00 Pm) - Today Repeat (09:00 Am ~ 11:00 Am)
 (11:00 Pm ~ 03:00 Am) - Tuesday Repeat (07:00 Am ~ 11:00 Am)
 (03:00 Am ~ 07:00 Am) - TodayRepeat (07:00 Am ~ 11:00 Am)
 (For Detailed Schedule - www.myanmaritv.com/schedule)

Entertainment Channel

(11-11-2015, Wednesday)

<p>6:00 am</p> <ul style="list-style-type: none"> • Mono Classical Songs <p>6:20 am</p> <ul style="list-style-type: none"> • Pyi Thu Ni Ti <p>6:40 am</p> <ul style="list-style-type: none"> • Fashion Show <p>7:00 am</p> <ul style="list-style-type: none"> • TV Drama Series <p>7:50 am</p> <ul style="list-style-type: none"> • TV Drama Series 	<p>8:35 am</p> <ul style="list-style-type: none"> • Musical Programme <p>8:45 am</p> <ul style="list-style-type: none"> • Catch Asia News (Part-16) <p>9:00 am</p> <ul style="list-style-type: none"> • (60th) Myanmar Japan Symphony Orchestra-2014 <p>9:30 am</p> <ul style="list-style-type: none"> • Myanmar Movie (Black & White) <p>12:00 noon</p> <ul style="list-style-type: none"> • Close Down
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Russia faces ban from athletics for widespread doping offences

GENEVA — Russia could be banned from international athletics, including the 2016 Olympic Games, after an anti-doping commission report on Monday alleged widespread corruption and collusion that added up to a state-sponsored drugs culture in a sporting superpower.

The commission, set up by the World Anti-Doping Agency (WADA), found a “deeply rooted culture of cheating” in Russian athletics, which it said Russian state security services colluded with, and also identified what it called systemic failures in the global governing body, the International Association of Athletics Federations (IAAF).

At one point, the commission said, the WADA-accredited anti-doping laboratory in Moscow destroyed 1,417 samples shortly before an inspection. “This was done on a Saturday morning immediately prior to the arrival in Moscow of a WADA audit team,” the report said.

Russian Sports Minister Vitaly Mutko said there was no evidence for the accusations against the Russian Athletics Federation, and that the samples had been destroyed at WADA’s request.

IAAF President Sebastian Coe said he was alarmed and surprised by the scale of the re-



A journalist reads the final report of World Anti-Doping Agency (WADA) before a news conference on the WADA Independent Commission report on findings of investigation into allegations of widespread doping in sport in Geneva, Switzerland, on 9 November. PHOTO: REUTERS

lations, which come days after the IAAF’s long-time president, Lamine Diack, was accused by the IAAF of concealing a Russian athlete’s doping violations.

“These are dark days,” said Coe, Diack’s successor. He gave Russia until the end of the week to respond to the accusations, and said the IAAF Council would then discuss possible sanctions.

Dick Pound, the head of the commission that produced the report and a former president of WADA, referred to a corruption

scandal now shaking football’s governing body, FIFA.

“I hope all sports will look at their governance and their anti-doping systems because their existence may be at risk,” he told a news conference. “Public opinion is going to move towards the view that all sport is corrupt.”

The report said the presence of Russian security services in the Moscow anti-doping laboratory “actively imposed an atmosphere of intimidation on laboratory process and staff”. — Reuters

Malnati wins PGA Tour event by one stroke

JACKSON — Peter Malnati churned through the Mississippi mud to clinch a one-stroke victory at the \$4.1 million Sanderson Farms Championship in Jackson on Monday.

In his 22nd start on the PGA Tour, Malnati sank a three-foot par putt at the last to card 67 and finish at 18-under 270, edging fellow Americans David Toms (69) and William McGirt (68) at the soggy Country Club of Jackson.

The PGA Tour sophomore, 28, became the fifth winner in as many tournaments in the new 2015-16 PGA Tour season, joining Emiliano Grillo (Frys.com Open), Smylie Kaufman (Las Vegas), Justin Thomas (CIMB Classic) and Russell Knox (WGC-HSBC Champions).

Knox, at 30, is the oldest of the quintet.

Malnati said he had not been mentally ready for his first season on tour in 2014-15, but returned this time better prepared.

“Two years ago when I was on this tour, it was so hard for me to be in the moment,” he told Golf Channel.

“I knew the work I’ve put in would prepare me for this moment when it came. This is pretty cool right now.”

Torrential rain earlier in the

week sent the event to a Monday finish on the saturated course, where preferred lies were allowed.

A dozen or so players looked capable of winning at one stage or another during the final round, but none rued what might have been more than joint runner-up McGirt, who agonizingly missed a 30-foot birdie putt at the last that would have forced a playoff.

His ball looked headed for the bottom of the cup, only to break to the right at the very end and stop just short of the hole.

“It just kind of ran out of steam and fell off the hole instead of falling in for me,” said McGirt, who was also seeking his first win. “It somehow missed.”

McGirt, whose wife is expecting on Friday, closely watched the leaderboards after learning from his mistake at the 2012 Canadian Open, where he was unaware of his position down the stretch and bogeyed the final hole to finish one shot back. A few weeks later, he received some blunt advice from Tiger Woods.

“We had a nice little conversation and he (Woods) goes, ‘you’re an idiot’. I took that and kind of learned from it,” McGirt said.—Reuters

What has happened to Chelsea’s Diego Costa?

DIEGO Costa has turned into a pale imitation of the player who took the Premier League by storm last year and Chelsea must get him firing on all cylinders again to have any hope of salvaging their wretched season.

The 27-year-old striker could scarcely have believed his luck when he discovered last week that he had been recalled to Spain’s squad for the friendlies with England in Alicante on Friday and Belgium in Brussels four days later. He has scored only three times in 15 appearances for his club this season and the swashbuckling, battering ram of a centre forward who notched 20 league goals for the champions last term appears but a distant memory.

Chelsea fans, already mystified by their team’s dramatic loss of form, are now wondering what has happened to Diego Costa.

Although the Londoners slumped to their third straight league defeat at Stoke City on Saturday, they produced a much-improved performance that suggested some key players are beginning

to find form after a torrid start to the campaign.

Eden Hazard, the 2014-15 Premier League Player of the Year, again showed the tricky, ball-playing skills that tormented

defences last season but more often than not, Chelsea’s attacks petered out when the ball went to Costa.

Former Newcastle United target man Alan Shearer, a lethal international striker for England in his prime, said the temperamental Costa could learn a lot from Leicester City’s red-

hot marksman Jamie Vardy.

Vardy has netted in each of his last nine league appearances and will equal the 2003 record of former Manchester United and Netherlands striker Ruud van Nistelrooy if he scores in Leicester’s next game at Newcastle on 21 November. “Right now one (Vardy) looks full of energy while the other (Costa) is barely mobile,” said Shearer.

“I studied Chelsea’s performance on Saturday and actually thought they played as well as they have done for some time.

What frustrated me about Costa was the lack of trouble he gave Stoke’s back four.”

Shearer, who scored 30 goals in 63 matches for England, bemoaned Costa’s lack of movement. “Costa is constantly coming towards the ball now whereas

you look at Vardy and he is always looking to run in behind the back four,” he said.

“If you have Costa’s ability there is only one place you should be, up front, facing defenders and running on to through balls.”

Costa looks to be spending more time winding up opposition defenders than getting into the penalty box and if his barren run in front of goal continues, Chelsea may have little option but to seek a replacement in the January transfer window.

Jose Mourinho has received constant criticism for a remarkable slump in form that has seen Chelsea slump to fifth from bottom with 11 points from 12 league matches.

For someone who has shown little patience with managers in the past, owner Roman Abramovich appears keen to give Stamford Bridge hero Mourinho every chance to pull his team round.

The Portuguese will now be keeping his fingers crossed that Costa can get back on the goal trail with Spain over the next few days.—Reuters



PHOTO: REUTERS