

Mastering research ethics an asset for researchers

Encouragement needs to focus on the emergence of young researchers and intellectuals.



STATE Administration Council Chairman Prime Minister Senior General Min Aung Hlaing sent a video message to the 53rd Myanmar Health Research Congress opening ceremony yesterday. The full text of the video message is as follows: —

Everybody, Mingalaba!

First, I would like to extend my greetings and best wishes to all the distinguished guests attending today’s “53rd Myanmar Health Research Congress”. I wish you all peace of mind, good health, and prosperity in every aspect.

The Myanmar Health Research Congress has been held 53 times to conduct health research in Myanmar to keep abreast of other countries.

The first congress was successfully held in 1965. During its early years, only research papers were submitted. How-

ever, starting from the Health Research Congress held in 1991, research poster exhibitions were introduced. From the 2002 congress onwards, subject-wise seminars were also incorporated, making the congresses more impactful and extensive.

Research findings based on solid and reliable results emerging from health-related research congresses are instrumental in formulating modern and appropriate health policies for the nation. They also play a significant role in enhancing the effectiveness of healthcare

initiatives, ensuring accessible and quality healthcare for everyone, and driving large-scale processes aimed at improving overall public health outcomes.

The theme for the 53rd Myanmar Health Research Congress is reported to be: “**Moving forward to a healthy lifestyle and addressing health risk behaviours**”. It aims to shed light on the growing significance of non-communicable diseases in the current context.

The Ministry of Health, in collaboration with relevant ministries, effectively implemented measures to prevent, con-

trol, and treat diseases during the COVID-19 pandemic. Currently, intending to control the rise of non-communicable diseases, the World Health Organization (WHO) is working together with the Department of Public Health, the Department of Medical Services, the Department of Human Resources for Health, and the Department of Medical Research under the Ministry of Health. They are conducting the “STEP Survey 2024,” a study to assess the prevalence of non-communicable diseases in Myanmar.

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BUSINESS

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MoC hosts workshop to boost bamboo product exports

NATIONAL

Education as a Catalyst: Building Myanmar's Future through Qualified Educators

COUNTRIES with the highest levels of education among their citizens are also the most developed.

A well-educated population signifies both competence and quantity.

Myanmar must cultivate a large number of qualified educators to drive progress.

(Excerpt from the speech given by Chairman of the State Administration Council Prime Minister Senior General Min Aung Hlaing at the opening of the Myanmar National Education Conference 2024 on 25 June 2024)

Republic of the Union of Myanmar State Administration Council

Order 6/2025

7th Waning of Pyatho 1386 ME
20 January 2025

Appointment and Duty-Assignment of Member of Nay Pyi Taw Council

THE State Administration Council has appointed and assigned U Khin Maung Latt to the duties of a member of Nay Pyi Taw Council under Section 419 of the Constitution.

By Order,

Aung Lin Dwe
General
Secretary

1 special criminal appeal case, 3 special civil appeal cases passed judgements; 6 special appeal cases heard

A special appeal tribunal consisting of Chief Justice of the Union U Tha Htay and Judges of the Supreme Court of the Union: U Khin Maung Gyi, Daw Thin Thin Nwet, Daw Pyone Pyone Aye and Dr Ko Ko Naing was convened Mon-

day morning at the Supreme Court of the Union and passed judgements for one special criminal appeal case – No 14/2024 (Shan) and three special civil appeal cases – Nos 70/2024 (Mandalay), 73/2024 (Mon), and 74/2024 (Sagaing).

In addition, a total of six special civil appeal cases – Nos 58/2024 (Yangon), 59/2024 (Yangon), 60/2024 (Yangon), 61/2024 (Yangon), 75/2024 (Yangon) and 77/2024 (Ayeyawady) were heard. — MNA

EARTHQUAKE NEWS

(Issued at 18:05 hour MST)

A moderate earthquake of magnitude 5.2 Richter Scale with its epicentre outside Myanmar (Nicobar Islands, India Region), latitude 7.62°N, longitude 91.58°E, depth (10) kilometres, about 707 miles southwest of Kaba-Aye seismological observatory was recorded at 17 hours 50 minutes 39 seconds MST on 20 January 2025.

Myanmar Health Research Congress opens with paper readings

THE Ministry of Health is hosting the 53rd Myanmar Health Research Congress at the Department of Medical Research (DMR) Head Office in Yangon, Dagon Township from 20 to 24 January.

On the first day, researchers presented papers on various health studies including body mass index and cardiovascular data among middle-aged individuals in Yangon, physical fitness for Myanmar adults and nutritional assessments for elderly patients. Other studies covered severe Escherichia coli strains in blood poisoning cases and genetic analysis of blood cancer patients at North Okkalapa Teaching Hospital. Attendees engaged in discussions following each presentation.



The signing ceremony of the Letter of Intent (LoI) between Myanmar and Korea underway yesterday.

In the afternoon, a Letter of Intent (LoI) was signed between the Department of Medical Research and Korea's International Tuberculosis Research Centre by Professor Dr Aye Aye Khin and Dr Sundae Song.

A Myanmar-Korea joint symposium for 2025 on innovative diagnostic and treatment approaches for tuberculosis, hepatitis B, and malaria was also held. Experts discussed Myanmar's experiences in infectious disease control, rapid diagnostic tests for tuberculosis, genetic changes in hepatitis B strains, and new strategies to combat drug-resistant malaria. The event concluded with an engaging question-and-answer session with specialists and researchers. — MNA/KZL

COVID-19 report, 20 January 2025

NEW TESTS

3,043

NEW CASE

NIL

CASUALTIES

NIL

Myanmar National Centre for Diseases Control
Department of Public Health

Gold Market Rate as of 20 January 2025

THE price of one tical (16.329325 grammes) of gold with density of 19.25 grammes per cubic centimetre and above is K5,410,000, as established by the Mineral (Gold) Reference Price Determination Committee.

NATIONAL

Residents Urged to Prioritize Public Safety Amid Armed Terrorist Threats

ARMED terrorists have been launching attacks by using residential homes and administrative buildings in towns and villages as cover, where they have forcibly settled. They aim to shield themselves from Tatmadaw counterattacks while also persuading temporarily displaced persons to return to their native areas and recruiting new members. That enables terrorists to use civilians as human shields. Tatmadaw is committed to safeguarding the sovereignty of the State and will respond to these threats based on intelligence and prevailing conditions. Therefore, residents in areas where terrorists have taken control must prioritize their safety and protect themselves from being exploited by these groups.

(Excerpt from guidance given by Chairman of the State Administration Council Prime Minister Senior General Min Aung Hlaing to Shan State cabinet members and state-level departmental officials on 3 September 2024)

Mastering research ethics an asset for researchers

FROM PAGE 1

Especially, our people need to enjoy good health and live long, healthy, and resilient lives. To achieve this, it is necessary to promote the selection and consumption of nutritious and healthy foods, as well as to encourage healthy lifestyles and behaviours. This involves advancing practical health research related to these areas, widely disseminating the findings to the public, and providing knowledge to raise awareness.

Regarding traditional medicine, it is essential to collaborate with senior traditional medicine practitioners and the Department of Traditional Medicine to conduct practical research. This will ensure tangible benefits for the public, strengthen the foundation of our country's traditional medical practices, and enable traditional medicine products to penetrate the international market by generating more reliable and robust research-based data.

It is essential to make decisions and formulate health policies based on accurate and reliable research findings. Therefore, researchers conducting these studies must fully understand

the significance of their findings and consistently adhere to research ethics. This awareness and commitment are crucial at all times.

In our country, it is essential to foster a mindset of thoroughly exploring, studying, and conducting research before undertaking any activities. This means encouraging the emergence of young people and intellectuals with a passion for research. We need to take action to ensure the development of individuals who are committed to research compliant with ethical standards. To achieve this, efforts should be made to establish a thriving research culture in the country, with numerous researchers emerging. This includes systematically reorganizing research advisory committees and enhancing the structure of research ethics boards as needed. Such measures are necessary to promote the growth and sustainability of a research-oriented culture.

The organizing committee for the congress has categorized the research papers submitted into three systematic categories: fundamental research papers, applied research papers, and papers on social and healthcare sys-

tems. The committee has reviewed and selected these submissions to ensure they are suitable for presentation during the congress. It has been planned to present 54 research papers and display 43 posters as part of the event.

It is known that the award selection committee has reviewed and chosen the best papers and posters from those submitted to this conference, and there are plans to present awards to recognize and honour them appropriately.

In conclusion, I would like to express my best wishes for success in these efforts to conduct research.

- When conducting health research, prioritize the public benefit by improving the overall health standards of the people. Focus on basic healthcare improvement, promoting healthy living and nutrition, understanding the nature of communicable and non-communicable diseases, and taking proactive measures for prevention. Increase practical research, traditional medicine studies, and international research collaborations to advance these goals.

- The research findings should also be shared with the public promptly through activities such as organizing congresses, publishing research journals, and releasing magazines, in order to inform and alert the public accordingly.
- Similarly, when the public attends and receives treatment at people's hospitals, efforts should be made to ensure the provision of care that guarantees mental well-being, patient safety, and high-quality medical services. Practical research activities related to medical treatment and hospital management should be enhanced to achieve these objectives.
- Through health research activities, may all of you be able to adopt health policies suitable for our country, ensure that everyone has access to high-quality healthcare, and work towards improving the level of healthcare in our country.

Thank you, all.

53rd Myanmar Health Research Congress commences

THE 53rd Myanmar Health Research Congress opening ceremony was held at the Department of Medical Research, No 5, Ziwaka Road, Dagon Township in Yangon Region yesterday.

First, SAC Chairman Prime Minister Senior General Min Aung Hlaing delivered a speech via video message. (The speech of the Senior General is sepa-

rately reported).

Then, Union Minister for Health Dr Thet Khaing Win said the congress features the basic research, applied research, social sciences, health system research papers of Professors from the Ministry of Health and Ministry of Defence, local and foreign researchers, and such

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The 53rd Myanmar Health Research Congress in progress yesterday with Union Health Minister Dr Thet Khaing Win speaking on the occasion in Nay Pyi Taw.

NATIONAL

MoI Union Minister meets Chair of Myanmar Culture & Tourism Organization

UNION Minister for Information U Maung Maung Ohn met Mr David Liu, Chairman of the Exploring Myanmar Culture and Tourism Organization yesterday morning at the Ministry of Information's reception hall in Nay Pyi Taw.

During the meeting, the two sides discussed promoting collaboration in the media sector, fostering friendly relations between governments and people through media and enhancing the dissemination of accurate and factual information about Myanmar to the Chinese people via various media platforms.

They also focused on ongoing media cooperation between Myanmar and China. In 2023, Myanma Radio and Television (MRTV) collaborated with China Media Group (CMG) and



Union Minister U Maung Maung Ohn receives Mr David Liu, Chairman of the Exploring Myanmar Culture and Tourism Organization yesterday.

Guangxi Radio and Television (GXRTV). MRTV cooperates with Yunnan Media Group as

an online broadcasting through its Mekong Look App platform. In 2024, partnerships with Xin-

hua News Agency and Borderless Broadcast Co Ltd under the Myansat DTH brand aim

to expand satellite TV broadcasts using the LaoSat 1 Satellite, jointly operated with China Rocket Company Limited and LaoSat Company.

Borderless Broadcast Co Ltd has also partnered with China Aerospace Science and Technology Corporation (CASC) to implement initiatives like the Multi Village Plan and Sky Star Classroom Plan. These projects aim to support agricultural and educational development in Myanmar's border areas, reduce poverty and expand access to modern technologies. Over two years, Myansat DTH equipment, including TVs and solar-powered batteries, will be distributed to 42 villages, eventually covering 100 villages with assistance from China AID. — MNA/KZL

53rd Myanmar Health ...

FROM PAGE 3

research papers will bring valuable solutions for health problems of the public today.

Moreover, the local and foreign experts will discuss various topics: "Myanmar-Korea Joint Symposium (2025)", "Promoting a Healthy Lifestyle and Addressing Health Risk Behaviours", "Virological and Immunological Highlights of Dengue, Chikungunya and Zika Virus Infections in Myanmar", and "Artificial Intelligence: Shaping the Next Generation of Health Professionals".

Furthermore, the lecture and practical sessions on whole genome sequencing were conducted during the pre-conference activity of Myanmar and

Korean researchers. Therefore, Myanmar experts can promote their technological skills in their respective fields.

He then urged the researchers to submit their papers to local and international research journals in addition to the congress. He pledged that the ministry would support all requirements.

After the opening ceremony, the Union minister and party observed the research poster exhibition.

The paper award selecting subcommittee will present the best paper awards, including Basic Research, Applied Research, Health Systems Research, best poster and young researchers. — MNA/KTZH

YUDE to offer PGDB online course on 1 March 2025

YANGON University of Distance Education (YUDE) will open a Post-Graduate Diploma in Business (PGDB) online course on 1 March 2025 and online registration can be made from 17 January 2025.

Individuals engaged in NGO, public and private sec-

tors who have a bachelor's degree can attend the PGDB course.

The applications must be sent through <https://ecohrd.yude.edu.mm> starting from 17 January, with the attachment of a ID photo, citizenship scrutiny card, matriculation exam

pass certificate and bachelor's degree certificate. The number of trainees is limited on a first come first served basis. Those qualified to attend the course will receive an email reply. The course is a 10-month diploma course. Individuals can enquire through the contact numbers of YUDE 01 7525824 and 09 250152501, located on Thaton Street, YUDE. — NN/KK

MEB's e-Pension card service expands to 165 branches

CASH withdrawal from e-Pension cards is now available at 165 branches equipped with a centralized e-Pension system without service charge, according to the Myanma Economic Bank (MEB).

MEB's e-Pension system has been upgraded to a centralized e-Pension system from September 2023. The centralized e-Pension system has reached 165 banks as of January 2025. The pensioners can

check the branches that operate the Centralized e-Pension system through www.meb.gov.mm and Myanma Economic Bank Facebook page on time, MEB notified government pensioners. — NN/KK

NATIONAL

People's Military Service Training 9 opened nationwide

ELIGIBLE citizens participating in the People's Military Service Training Course No 9 have arrived at respective regional military headquarters training depots and undertaken necessary preparations to strengthen national defence and security. Opening ceremonies for the course were held at various training schools.

At the ceremonies, school heads delivered opening speeches. Present at the events were officials including the Nay Pyi Taw Council Chair, Chief Ministers of Regions and States, Commanders, and other responsible personnel. They met the trainees and

presented monetary and material support while motivating trainees for their service.

The People's Military Service Law, enacted on 10 February 2024 aims to educate citizens in military knowledge and prepare them to safeguard the nation's defence, unity, and sovereignty. The inaugural course, People's Military Service Training 1 began on 8 April 2024 and produced disciplined and dedicated trainees who are now actively serving in respective battalions and units and contributing to national defence and security responsibilities effectively. — MNA/KZL



The opening of the People's Military Service Training 9 in progress.

Taninthayi hosts 9 of Myanmar's 11 endemic hornbill species

THERE are over 60 species of hornbill in the world, and 11 species are found in Myanmar. Out of these 11, nine are residing in Taninthayi Region, according to Lampi Marine National Park.

The hornbill is known as *Anthracosceros coronatus leucogaster*. The male hornbill measures 27-30 inches in length and the female hornbill is 26-27 inches in length. The hornbill is renowned for its profound display of loyalty and devotion, and they are one of the top endangered species in the world.

The hornbills are widely poached for their usefulness, and the hornbill population is lower

and lower. They are mostly found in Lampi Marine National Park, the Pachan River Forest Area, Chin and Kachin states. They have long curved beak and graduated tail.

"Myanmar possess 11 species of hornbill out of 60. There are nine species in Taninthayi Region. The Lampi Marine National Park has unique species like mammal bat and hornbill. Most of the hornbills reside in the mangrove forest. Different countries have different shapes of hornbills. For example, the hornbill in India is grey. The ones in Myanmar have huge long yellow beaks and tails, the chest and wings are black,



Photos reveal the majestic beauty of hornbills, renowned for their royalty and devotion. They are among the world's most endangered species. **PHOTOS: ZWE MARN**

and the belly and thigh are white. Bird catching including hornbill is prohibited in Lampi Marine National Park," said U Kyi Oo, warden of the park.

The hornbill lays eggs in the late cold season and early summer, and the eggs hatch after 45 days. During the breeding period, the entrance hole of the nest is

covered with food scraps and mud by the male and only a small hole is left for the male to feed the female and her young.

The existence of nine species of hornbill in Taninthayi Region is a sign of the bountiful forest and fine water and land resources of the region. — Thitsa (MNA)/KTZH

Support to be provided to internally displaced people

THE State Administration Council Chairman unveiled a plan to allocate necessary support from the National Natural Disaster Management Fund to internally displaced people due to terrorist attacks while data are being collected in regions and states, during the meeting of the Union government held on 17 January.

According to the definition of "natural disaster" stipulated in Subsection (b) of Section 2 of the Natural Disaster Management Law, the expressions "violence and armed insurgencies" are included, and so arrangements are being made to allocate necessary support from the National Natural Disaster Management Fund.

The temporarily displaced people after the terrorist attacks are the ones who fled their places as the armed insurgents launched terrorist attacks in towns and villages and invaded these areas unlawfully, and they also include the ones who fled for their safety due to violence and threats of terrorists and terrorist groups.

The data are being collected to provide the needed support in regions and states. All living in temporary camps like monasteries, wards, villages and staff quarters of their relatives, and those living in apartments by renting on their own and other plans are included in the data collection processes.

Therefore, the relevant departments will collect the data and the people should participate in the processes to be able to allocate necessary support from the National Natural Disaster Management Fund to internally displaced people due to terrorist attacks. — MNA/KTZH



NATIONAL

Notice: Combatting Online Gambling in Border Areas

THE crimes, including unlawful online gambling, are on the rise currently in the Myawady-Shwe Kokko and KK Park areas, in Kayin State.

The Shwe Kokko area was established as a project to run businesses aiming at regional development in 2016. Later, because of the news coverage of media regarding the illegal businesses, the project was suspended. Law enforcement groups and administrators face difficulties and are struggling to control these areas completely as various armed organizations are based there. Therefore, the sites lack stability and those who seek their interests commit crimes including online gambling taking advantage of these situations.

Moreover, the power and internet connection, which are basic and essential for online scams in these areas, are not provided by Myanmar but by other countries. Foreign organizations make investments in these infrastructures, and most of the investments are made by these organizations. Those run online frauds and gambling operated these schemes in the Philippines and Cambodia in 2015, and later in Myanmar in 2019.

The media also expressed the news that the missing Chinese national Mr Wang Xing (actor) at border areas of Thai-Myanmar (Mae Sot-Myawady) was transferred to Thailand through the proper communication of relevant organizations. According to the investigation, Mr Wang Xing was contacted by a Chinese man via WeChat Account of Thai media company GMM Grammy and persuaded to film in Thailand. On 3 January, he left Shanghai, China, for Thailand by flight and arrived at Su-



Thai officials welcome Chinese actor Wang Xing, victim of online scam coercion.



Handover ceremonies for arrested scammers on the Sino-Myanmar border.



varnabhumi International Airport. Then, he arrived at Thaungyin River (Thai side) near Maekonkan village in Maesot, Tak Province, Bangkok, and was taken to Myawady-Shwe Kokko in Myanmar by boat.

Afterwards, he was sent to a building, and trained for computer typing. He found about 10

Chinese nationals there. He was sent to another building and had shaved his head. He was forced to commit online fraud. That place is a place to run online gambling, and there are about 50 Chinese citizens. He got contact from his family, and the organizations from that area transferred him to Thailand via No 34 cross-

ing in Wangthakiyanthaik in Ward 7 of Thasonglut in Mae Sot, Tak Province, on 7 January. In the evening, he proceeded to the Thailand Victim Identification and Referral Centre in Don Mueang and was transferred to China on 10 January.

Similarly, three Chinese men including Mr Cheng Xiao Ning were

found near Than Bridge in Chitkiyay Street in Ward 5. According to the investigation, they illegally entered Myanmar via Thailand in 2022-2023 and operated online financial frauds. They ran away from their sites as they did not receive any salaries.

Moreover, another two Chinese Mr Yin Jie and Mr Huang Xiang were also found near Nat Shin Naung traffic light in Bayintnaung Street, Ward 4 in Myawady. They entered Myanmar via Mae Sot illegally in 2023.

anmar via illegal routes from neighbouring countries. The neighbouring countries should participate in combating online scams and online gambling.

The government of Myanmar also focuses on State stability and the rule of law. It also uncovers the online scams and online gambling operated by some foreigners, who communicated with EAOs and those who saved their interests from EAOs' areas by taking advantage of the current situation in border areas and transferring them.

In doing so, most of the foreigners illegally enter the country via some neighbouring countries including Thailand to run businesses for their interests. However, the government investigated them under the law and transferred them to their respective countries on humanitarian grounds and bilateral relations. The illegal residents who commit online scams and online gambling are found in border areas including Laukkai, Muse, Tachilek and Myawady and transferred to their countries. From 5 October 2023 to 13 January 2025, 53,388 Chinese were transferred to China, while 648 to Thailand, 20 to Korea, 22 to Laos, 1,149 to Vietnam, 19 to the Philippines, 142 to Malaysia, 21 to Chinese Taipei, two to Singapore, one to Poland, one to Spain, 13 to Russia, 38 to Indonesia, three to Uganda, two to Egypt, three to Cambodia, 96 to India, 13 to Morocco, 29 to Ethiopia, 26 to Nepal, three to Pakistan, two to North Ireland, one to Kazakhstan, two to Kenya, 60 to Sri Lanka, one to South Africa, one to Hong Kong of China, two to Sierra Leone, one to Ghana, one to Burundi and one to Turkmenistan, totalling 55,711 foreigners.



Location map of Myawady-Shwe Kokko, hub of illegal online gambling and related crimes.



Location map of the KK Park, site of widespread illegal online gambling.

NATIONAL

Myanmar hosts Mekong Drug Control Meeting

MYANMAR hosted the Central Authorities Meeting of the Mekong Memorandum of Understanding (MoU) on Drug Control member states yesterday. The event was conducted via videoconference at the meeting hall of the Myanmar Police Force's Central Committee for Drug Abuse Control (CCDAC) Office in Nay Pyi Taw.

During the opening ceremony, Officiating Police Brig-Gen Thant Lwin Maung, Joint Secretary of the CCDAC and Commander of Drug Enforcement Division highlighted the Mekong MoU as a vital framework for regional drug control collabora-



The Central Authorities Meeting of the Mekong MoU on Drug Control member states underway online yesterday.

tion. He emphasized the member states' continued

efforts in suppression, treatment, rehabilitation,

and alternative development to reduce opium cul-

tivation and the significant achievements from these joint actions. He underscored Myanmar is going to analyze drug production, trafficking trends and routes while implementing annual operations and remains committed to strengthening joint efforts with Mekong countries.

He also underlined the importance of chemical precursor control to prevent illicit entry and misuse, urging member states to cooperate and calling on the United Nations Office on Drugs and Crime (UNODC) for further assistance. He also stressed the necessity of depoliticized cooperation

and information sharing among countries to address the drug problem effectively.

Representatives from China, Cambodia, Laos, Myanmar, Thailand, Vietnam and UNODC participated in the meeting. Key discussions included the regional drug situation, priorities for 2025, preparations for the 68th Session of the Commission on Narcotic Drugs, where Mekong MoU members plan to host a side event, drafting of the Mekong Sub-Regional Action Plan-13 and senior officer-level and ministerial meetings in 2025. — MNA/KZL

Notice: Combatting Online ...

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The government conducts effective measures to investigate the arrested foreigners who entered illegally under the law, prosecute as quickly as possible and expel them to their relevant countries by organizing committees, and actively cooperates with relevant countries to transfer the foreigners who face hardships for various reasons and foreign national trafficking victims.

From 22 to 19 January 2025, the government received letters via diplomatic ties, Interpol communication and police communication channels to investigate and search 4,176 people (3,415 men and 761 women) from Asia, Europe, China and

South Africa including ASEAN member states. A total of 1,292 people — 958 men and 334 women — were found until 19 January 2025, and 1,284 were transferred to their relevant following the procedures. Five from Vietnam, one from Pakistan and two from China have remained to transfer. Investigations are continuously conducted for the remaining 2,884 people, and information is reported to relevant embassies and countries in time. Myanmar and China jointly conducted two operations to shut down online scam centres in Muse, Shan State (North), Myanmar. The first operation was conducted on 28-30 March 2024, and the second on 23-26 September 2024.

Those persons who run online scams and online gambling are not normal civilians, they are gamblers committing crimes in their countries and are fugitive offenders. According to the press release of the Information Team of the State Administration Council, "Chinese nationals do not deceive Myanmar nationals, and Myanmar nationals do not deceive Chinese. A group in exile who committed crimes deceived the two countries. Those who are guilty must be exposed and those who protect them must also be prosecuted."

The online scammers and gamblers run their businesses by cooperating with some EAOs that are signatories to NCA,

armed organizations and their subordinates, exploiting the difficulties and challenges faced by the law enforcement groups and administrators in full control of these

areas due to the lack of stability. Therefore, the government investigate and take effective actions by cooperating with international organizations. Local organizations and

citizens are urged to report to the authorities regarding online scam information and participate in combating online gambling as a national task. — MNA/KTZH



Handover ceremonies for arrested online gambling fraudsters on the land border areas.

OPINION

Produce qualified human resources for the State

COUNTRIES worldwide prioritize youth education as a key effort to improve lives and foster national development. A nation can only achieve sustainable growth by investing in the education of its youth. Supporting the education sector is crucial for securing the country's future.

While monetary, natural, and human resources are crucial for a nation's development, human resources are fundamental to nation-building efforts. Well-trained individuals can be deployed to help build a modern country. It is only through continuous investment in the development of human resources that they will become a reliable force to drive national progress. Currently, many developing countries struggle to enhance the capacity of their human resources and deploy them effectively in key sectors.

Schools are indeed environments that not only teach literature but also train students to follow laws, disciplines, and regulations, as well as nurture the youth to develop behaviours that uphold the acts and concepts of responsible citizens. As such, it is necessary to produce a large number of qualified human resources to become reliable forces for the State.

It can be observed that countries with the highest number of educated citizens are among the most developed countries. "Educated citizens" refers to those with "qualifications" and "the highest number" refers to the "quantity". Therefore, it is evident that for our country to become one with a large number of qualified and educated citizens, it is essential to ensure the implementation of an outcome-based education system effectively to guarantee quality education.

Only by acquiring essential skills and qualities necessary for survival in human life, such as critical thinking, problem-solving, analytical skills, creativity, and collaboration, can one truly thrive. Those who possess high-level expertise in quality education are more likely to access better job opportunities with good income. Innovators, intellectuals, and those who are hardworking, determined, and persistent tend to be successful in their respective fields.

Schools are indeed environments that not only teach literature but also train students to follow laws, disciplines, and regulations, as well as nurture the youth to develop behaviours that uphold the acts and concepts of responsible citizens. As such, it is necessary to produce a large number of qualified human resources to become reliable forces for the State.

In Myanmar, young people complete basic education at the age of 18 and higher education around the age of 22. They spend about one-third of their lives gaining knowledge and schooling. If the government is unable to effectively manage human resources for the country due to limited job opportunities when these young people finish their education, they will lack proper future aspirations. As a result, they may choose to prematurely leave the educational environment to seek jobs that provide adequate income for their families. In such a case, the nation's human resources will gradually decline in terms of qualifications.

Emotions are part of human nature that consists of a range of feelings, which have a considerable impact on our lives. For example, people—family members, neighbours, friends, and other acquaintances—are mystically connected by a feeling of friendship, kindness, or love.

Understanding Emotions and Achieving Emotional Well-Being



Emotions are strong human feelings like love, hatred, anger, or fear, and are an essential part of human nature. PHOTO: GOOGLE

EMOTIONS shape our lives in ways we often overlook. From the joy of a kind word to the distress of a tragic event, our emotional responses are integral to our human experience. Emotions, whether positive or negative, influence our relationships, our decisions, and our overall well-being. In this article, we will explore the nature of emotions, their classifications, and strategies to achieve emotional well-being, ultimately leading to a happier, healthier life.

The Nature of Emotions

Emotion means a strong human feeling such as love, hatred, anger, or fear. Emotions are part of human nature that consists of a range of feelings, which have a considerable impact on our lives. For example, people—family members, neighbours, friends, and other acquaintances—are mystically connected by a feeling of friendship, kindness, or love.

Classifications of Emotions

Emotions can be classified into two main types: positive and negative. Examples of positive emotions include delight, joy, sympathy, empathy, rapture, trust, and love, whereas negative emotions are feelings like anger, fear, anxiety, jealousy, grief, greed, and hatred. It is only natural that our lives are touched by both positive and negative feelings.

Basic Emotions in Daily Life

To have a proper understanding of our emotions, let us now look at a few basic emotions that we experience in daily life.

Joy: A feeling of great happiness that can be induced by the simplest things, like a kind word, a beautiful mountain view, or an interesting shop window. This can be said to be the most positive emotion and a great motivator. Thus, we actively would like to repeat the activities that bring us joy.

Sympathy: A feeling of being sorry for someone who is in a bad situation. For example, we feel sympathy for flood victims or crash victims - we understand and care about their problems.

Empathy: Usually described as 'the feeling that we understand and share someone else's emotions or experiences as if they were our own. For example, we feel empathy for people who have lost their parents, sons, or daughters. Showing empathy for others is a way of managing our emotions and training our minds to prepare themselves for challenges.

Loving-kindness: A strong feeling of caring about someone. Treating someone with loving-kindness means we say, do or think of something for their welfare. In other words, we try to make them happy instead of

causing harm or suffering.

Surprise: A feeling that is caused by something unexpected. When something surprising happens to us, we raise our eyebrows to open our eyes wider, to allow us to see what is happening.

Anxiety: A normal human emotion that is found as a reaction to stress. Normal anxiety is what we feel when we are exposed to external stresses such as losing a job, having difficulties in marriage, or our children getting ill. This type of anxiety is called 'worry' and remains with us until the problem is sorted out in some way. When anxiety occurs in response to a more immediate threat, like being attacked by a huge snarling dog or looking over a cliff edge, this is called 'fear'.

Anger: A strong feeling that makes us want to hurt or criticize someone because of something bad or unfair that has happened. We have expressed this type of emotion to try and deal with a problem rather than run away from it.

Distress: A feeling of sadness prompted by the loss of something or tragic events. This often results in tears, a lump in the throat, and a feeling of heaviness in the chest. If you see a miserable person, you may also feel miserable.

By Min Zan

Disgust: A strong feeling of dislike, annoyance, or disapproval. Naturally, we feel disgusted at certain objects or smells, like the smell of rotten food. We move away from such things because they may carry diseases. Thus, this type of emotion helps to protect us from harm or illness.

Emotional Well-Being

According to psychologists, emotional well-being is defined as 'the ability to recognize our emotions, manage them, and produce positive feelings or thoughts'. In other words, people with emotional wellness are aware of their own emotions and can deal with difficult problems by using some effective strategies.

The Balance of Emotions

In daily life, we are more likely to experience negative emotions than positive ones. When we get exposed to stressful situations, it is easier for us to get disappointed, worried, or distressed, especially if we are emotionally unhealthy. Also, we blame others or criticize them when something bad or unkind happens to us. If our distress lasts much longer, our emotional well-being is badly affected. When our wants or needs are not fulfilled, we feel depressed, distressed, or frustrated. As a result, we can neither eat nor sleep well, and we cannot concentrate fully on anything. If negative emotions become chronic or overwhelming, we will be faced with problems, like losing our loved ones.

Emotional well-being typically brings pleasant feelings such as excitement, happiness, and love. This does not mean that it is free from sadness and anxiety. Emotionally healthy people also experience negative feelings such as anxiety, rage, doubt, or sadness. However, they can cope with life's challenges, and they can even manage to bounce back after having been defeated. Thus, emotional well-being has a big role to play

in seeking happiness and life satisfaction.

Contemplating Daily Life and Encounters

In our daily lives, we encounter a myriad of situations that evoke different emotional responses. From the morning rush to get to work to the quiet moments of solitude before bed, our emotions are in a constant state of flux. The joy of reuniting with a loved one after a long day or the frustration of a traffic jam can both have profound effects on our overall well-being. Recognizing these emotions and understanding their sources can help us navigate our daily encounters with greater resilience and awareness.

Consider the simple act of commuting. Whether we drive, bike, or take public transport, our commute can be a source of stress or an opportunity for reflection. An unexpected delay might trigger feelings of anxiety or irritation, while a scenic route could evoke a sense of peace and wonder. By paying attention to these emotions, we can transform mundane routines into moments of mindfulness, allowing us to appreciate the present and manage our reactions more effectively.

Interactions with others also play a significant role in our emotional landscape. A kind gesture from a stranger or a heated argument with a colleague can leave lasting impressions on our mood and mental state. Building emotional intelligence through empathy and understanding can improve our relationships and promote a sense of community and support. By fostering positive connections and addressing conflicts constructively, we can create a more emotionally balanced and fulfilling life.

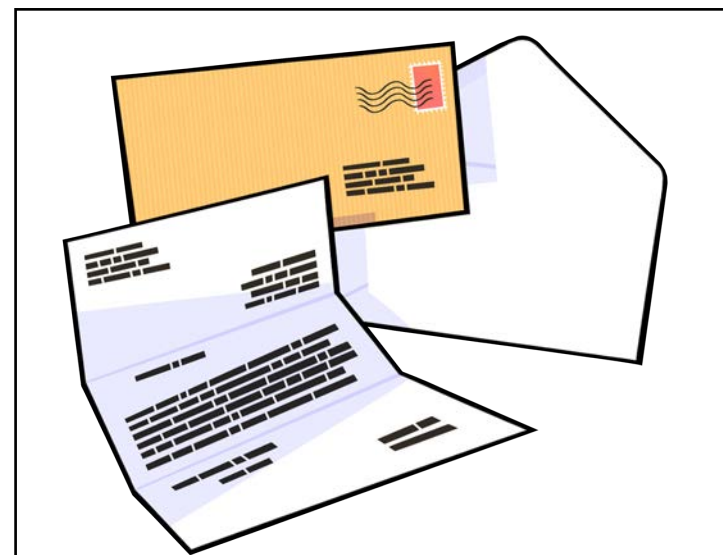
Practical Ways to Achieve Emotional Well-Being

The well-known psychologist Dr Hal Baumchen has suggested a list of practical ways to achieve emotional well-being

and stay resilient to emotionally stressful situations:

- Stay honest:** Be honest with others. Emotional stability is based on honesty and integrity.
- Stay positive:** Keep a healthy, positive attitude to life. Smile, laugh, and enjoy your life.
- Stay peaceful:** Try to be a peacemaker. Develop fairness and conflict resolution skills. Overlook offences and stay serene and calm.
- Stay connected:** Stay close to those who provide support for your emotional recovery and keep yourself away from those who do not.
- Stay grateful:** Stay modest and humble. Gratitude opens the door to more friendships.
- Stay determined:** Find the key reason for your emotional recovery and stick to it.
- Stay intentional:** Try to have a specific aim in view. Stay deliberate, determined, and purposeful.
- Stay strong:** Try to have the strength and courage to face difficult situations to come.
- Stay balanced:** Keep the right balance of both pleasant and unpleasant feelings. Find ways to improve your work-life balance.
- Stay hopeful:** Stay confident that your future is filled with the promise of good things to come. Hope gives birth to a brighter and sweeter future.

In sum, to enjoy a better quality of life, we need to possess a good sense of emotional well-being. The ten practical ways suggested above will greatly contribute to our emotional well-being — they will release our negative emotions, produce positive emotions, and help us lead a happy, healthy, and peaceful life. By recognizing and managing our emotions effectively, we can foster a resilient spirit that endures through life's challenges, ultimately achieving true emotional well-being.



Letter to the Editor

Dear Editor

THE ongoing armed conflict in Myanmar has inflicted profound psychological, social, and spiritual wounds on a predominantly Buddhist society. Rooted in the principles of non-violence, compassion, and mindfulness, Buddhism is fundamentally at odds with the harsh realities of armed conflict. This stark contradiction leaves individuals and communities grappling with deep moral and emotional turmoil.

For many, the teachings of Buddhism intensify the psychological burden of armed conflict. The sanctity of life, a core tenet of their faith, clashes with the necessity of violence in self-defence or survival. This dissonance has led to widespread trauma, with countless individuals experiencing PTSD, anxiety, and depression. Communities, once bound by the principles of harmony and compassion, are now fractured by the violence and displacement that define the conflict.

The role of Buddhist leaders has been both critical and challenging. While some have continued to champion peace, others face the moral complexity of addressing immediate survival needs while adhering to their spiritual principles. These leaders symbolize hope, yet their influence is tested by the relentless cycle of violence.

The armed conflict has also triggered profound ethical dilemmas for many. Balancing the need for protection with their religious convictions has left individuals questioning their faith and identity. Over time, this internal conflict risks eroding the spiritual foundations of Myanmar's society.

As the scars of armed conflict deepen, the path to healing requires acknowledging these complexities. Only by addressing the psychological and moral impact of the conflict can Myanmar's people begin to rebuild their lives, faith, and unity.

Yours etc
Khin Maung Myint
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89 MacMillan Way
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NATIONAL

Tatmadaw vessels offer healthcare services to Kyaiklat residents

TWO Tatmadaw vessels — the Shwepuzun and the Saku — arriving in Thapyuseik Village, Kyaiklat Township, Ayeyawady Region, with Tatmadaw doctors, specialists and medical officers, offered healthcare services to 424 locals at Yadana Thukha Dhamma Beikman Taw in Nyaung Chaung Monastery compound yesterday.

The services included treatments for 89 individuals with general illnesses, 11 with surgical conditions, 17 with obstetric or gynaecological issues, 55 with paediatric diseases, 70 with orthopaedic issues, 39 with ENT conditions, 98 with eye diseases, and 45 with dental problems.

In turn, five general surgery patients underwent procedures while six patients received eye surgery, 25 received X-ray tests, 32 were tested in ultrasound and 28 had ECGs performed to assess heart conditions. Furthermore, 41 patients underwent laboratory testing and five individuals



Providing healthcare services to Kyaiklat residents.

requiring hospital care were referred to nearby Tatmadaw hospitals for further treatment.

The Shwepuzun vessel successfully facilitated the delivery of a baby boy to Daw Wai Wai Myo, wife of U Lin Nang Oo from Dayal Cho Village, Kyaiklat Township, at around 8:33 pm on 19 January. Both mother and child are reported to be in good health. The newborn received a congratulatory gift including mone-

tary rewards from the Office of Commander-in-Chief (Navy). This baby was the third successful delivery during the current mission and marked the 31st successful birth on the Shwepuzun vessel in its historical records.

Ayeyawady Region Chief Minister U Tin Maung Win and relevant officials observed the medical services and presented medicines and local foods to the medics. — MNA/KZL

Tatmadaw's mobile hospital ship serves 796 in Kyunsu

ON 19 January, the Tatmadaw mobile hospital ship, Thanlwin, arrived in Kyunsu, Kyunsu Township, Taninthayi Region, carrying a team of medical professionals, including doctors, nurses, and specialists.

The medical team was warmly welcomed by local officials, department heads, community leaders, teachers, and students upon their arrival. The team set up their operations at the General Administration Office in Kyunsu and began providing healthcare services to 796 residents from the town and nearby villages.

Among those treated were 293 patients with general medical conditions, 27 requiring surgery, 53 with obstetrics or gynaecological issues, 36 children with various diseases, 95 with orthopaedic illnesses, 56 with

ear, nose, and throat conditions, 189 with eye problems, and 47 with dental or oral issues. The team provided the necessary treatments for these individuals.

In addition, the team treated six patients requiring general surgery, 23 eye surgery patients, 25 radiation therapy patients, 25 individuals undergoing experimental ultrasound treatments, 23 patients who had ECG heart tests, and 71 who received diagnostic laboratory tests. Four patients requiring further care were transferred to nearby Tatmadaw hospitals for additional treatment.

Local Tatmadaw officials visited the site to observe the healthcare activities, offer support, coordinate logistical needs, and provide encouragement to the residents receiving medical care. — MNA/MKKS



Kyunsu locals receive healthcare services from the Tatmadaw mobile hospital ship.

CRIME NEWS

K860M worth of meth and stimulants seized nationwide

A total of 20 kilogrammes of methamphetamine (Ice) and over 360,000 stimulant tablets, valued at K860 million, were seized in Yangon Region, as reported by the Myanmar Police Force.

Acting on a tip-off, a combined team, including members of the Drug Enforcement Division, searched U Maung Myint Soe (aka) Khaing Kyaw Min (aka) Ko Min, Win Bo (aka) U Rakhine, and U Maung Moe Nyunt (aka) Moe Chae in Hlaing Township at 3 pm on 14



Offenders are seen with seized drugs and related items.

January. During the search, police seized 20 kilogrammes of methamphetamine hidden in two pieces of luggage.

Following the investigation, police arrested Ko Ko Naing (aka) Sein Shwe Aung, Kyaw Lin (aka) Gogyi and U Kyi Soe implicated in drug trafficking. They were arrested with 366,000 stimulant tablets in Daungmeegwet village, Hlegu Township, at 1 am on 16 January. At noon on 17 January, Kyaw Win Naing (aka) Po Htoo, the owner of drugs, was apprehended in Zabuthiri Township at noon.

At 3:30 pm on 19 January, police stopped and searched a motorbike driven by Ye Song (also known as Li Juu) in Tachilek Township, seizing 10,000 stimulant tablets. Later that day, at 4 pm, police arrested Law Loh (also known as Ah Loh) and Ah Chi with 1,600 stimulant tablets in the same township.

Legal proceedings were initiated against the offenders, and an ongoing investigation is underway to apprehend others involved in the case. — MNA/MKKS

Counter-argument to false information

Security forces accused of killing over 10 in Nattalin

MALICIOUS media outlets deliberately spread false information, claiming that security forces raided Sesongon Village in Nattalin Township, Bago Region, killing over 10 civilians.

On 16 January, while carrying out security duties in Nattalin Township, security forces approached the area near Sesongon Village. However, no arrests or killings of innocent civilians occurred.

These false claims were circulated by malicious media outlets, intending to defame security forces. — MNA/MKKS



This screenshot validates misinformation.

NATIONAL

Yenangyoung University to launch Petroleum Geology programme in 2025-2026

THE Ministry of Education and the Ministry of Energy have announced their collaboration to introduce a petroleum geology course at Yenangyoung University in Magway Region. The programme will commence in the 2025-2026 academic year, according to the Ministry of Energy.

The petroleum geology programme will be offered as a four-year bachelor's degree. Stakeholders will contribute to enhancing the skills of future geologists, petroleum engineers, and mechanical and chemical engineers. The programme also aims to provide scholarships for students based on their fields of study.

Additionally, graduates of energy-related disciplines will have opportunities to join the Ministry of Energy, with plans to facilitate job placements for



Yenangyoung University Campus with students.

those interested.

The Ministry of Energy emphasized the energy sector's critical role in national economic development and highlighted its ongoing efforts to innovate under the motto "2025, The Year of Myanmar Energy".

Yenangyoung University, established as a regional college in 1977, currently offers five arts and six science-related disciplines. The petroleum geology course will be the first specialized discipline introduced at the university. — ASH/KNN

8,500 youth educated nationwide (Jan 2023 - Apr 2024)

ACCORDING to the Ministry of Education, over 8,500 individuals who were illiterate and out of school received educational instruction nationwide between January 2023 and April 2024.

During this period, 78,397 learners were educated under the basic literacy programme, while 7,434 learners participated in continuing education initiatives.

The ministry revealed that for the basic literacy programme, more than 7,800 instructors facilitated learning for 78,397 students across over 5,600 learning centres. Similarly, under the continuing education programme, over 690 instructors taught 7,434 students at more than 1,400 centres.

In addition to traditional instruction, mobile applications were utilized with the support of the Ministry of Sci-



This photo discloses the status of teaching illiterate and out-of-school youths.

ence and Technology, enabling the delivery of basic literacy education via mobile phones.

The Ministry of Education established the Department of Alternative Education and Lifelong Learning in 2016 to effectively implement alternative education initiatives.

According to Myanmar's 2014 national census, approximately 2.7 million school-age children were unable to attend school due to various circumstances. Additionally, there were 4.1 million illiterate youth and adults aged 15 and above. — ASH/MKKS

Kwekabaw Hospital founder Dr Saw Saimon Tha passes away

ACCORDING to the hospital's social media page, Professor Dr Saw Saimon Tha, founder and director of Kwekabaw Hospital, Insein Township, Yangon Region, passed away on the evening of 18 January in Maryland, USA.

He was a renowned physician among stroke patients.

"Professor Dr Saw Saimon Tha, whom we all love and respect, fell asleep in Christ on 18 January 2025, at about 8:15 pm, local time in Maryland, USA," the hospital announced.

The announcement further read that the hospital would like

to express its deepest condolences and respect to all the friends, colleagues, students, and patients who loved and respected the great teacher.

He was 83 years old at the time of his death. Regarding this, some comments from his beloved ones include, "May the great teacher who saved many lives, be in God's Care" and "We are deeply saddened by the loss of a great doctor and a great person among Kayin people, who often lovingly joked with stroke patients that a single step is worth a ten trillion. May he rest in heaven." — MT/ZN



ICRC provides prostheses to 200 amputees in Bago Region

THE International Committee of the Red Cross (ICRC) provided prosthesis and rehabilitation treatment services to 200 amputees in Toungoo, Yedashe and Swa Townships in Bago Region.

Myanmar Red Cross Society and ICRC worked together to help people with amputation and restore mobility by conducting a field trip in the three townships of Bago Region between 14 and 16 January 2025.

The institutions provided

prostheses to 35 people with amputated legs or arms in Swa Township, 44 in Yedashe Township and 86 in Toungoo Township, totalling 165. Moreover, 12 people with prostheses needed replacement so they were forwarded to Hpa-an Orthopaedic Rehabilitation Centre.

This field trip programme comprises an officer, four orthotics and prosthetics professionals and volunteers of the township Red Cross. — NN/KK



ICRC, MRCS's O&P professionals are seen providing prostheses to amputated people to help in Bago Region.

NATIONAL BUSINESS

Bangladesh, Myanmar ink fourth G-to-G rice contract

THE fourth Government-to-government rice contract between Bangladesh and Myanmar was signed in December 2024. The first vessel carrying 22,000 metric tonnes of high-quality Myanmar Aemahta rice (five per cent broken) reached Bangladesh port and discharging began, according to the Myanmar Rice Federation.

Bangladesh and Myanmar have been cooperating in the rice sector since 2017. The first contract was 100,000 metric tonnes in 2017, the second 100,000 metric tonnes contract was implemented in April 2021, the third was 200,000 metric tonnes in the 2022-2023 financial year and this is the fourth contract which is 100,000 metric tonnes and to be completed between January and



The Business Standard issued in Bangladesh depicts that MV Golden Star arrived in Chattogram with 22,000 metric tonnes of rice from Myanmar on 17 January 2025. **PHOTO: COURTESY**

February 2025.

The rice on the MV Golden Star from Yangon Port arrived at the port's limits at 10:12 pm on Thursday and was moored

at Jetty No 9 of the GCB on Friday (17 January) morning. Seven Seas Shipping Lines, the shipping agent for the MV Golden Star, confirmed the ar-

rival, according to the Business Standard posted in Bangladesh on Monday.

Myanmar side, the export was carried out by 35 export

companies led by the Myanmar Rice Federation. Bangladesh side, the purchase and distribution is done by the Directorate of Food. — MRF

MoC hosts workshop to boost bamboo product exports



Showcasing Myanmar's bamboo products.

A workshop for promoting bamboo products and export potentials was held on 17 January 2025 at the Ministry of Commerce in Nay Pyi Taw to enhance Myanmar's bamboo sector and bolster bamboo exports, according to the Myanmar Trade Promotion Organization.

Deputy Minister U Min

Min for Commerce addressed the objective of the workshop that concerted efforts need to be exerted to create export potential products and double exports through public-private partnerships following instructions of the head of the State. With the State supporting micro, small and medium enterprises (MSME) develop-

ment, bamboo value-added production businesses will create job opportunities.

He urged to boost exports of bamboo products while observing the display of the bamboo products.

Myanmar Trade Promotion Organization stated that the workshop also highlighted the topics regarding bamboo market conditions, production process, value-added production, productivity and bamboo outputs and sustainable bamboo resources.

Officials from the Commerce Ministry, Myanmar Bamboo Society, Myanmar Arts and Crafts Association, Myanmar Rattan and Bamboo Entrepreneurs Association, Bamboo shoot and bamboo growers' group and related exporters were present at the workshop. — NN/KK

YGN palm oil wholesale reference rate dips

THE wholesale reference rate of palm oil for the Yangon market slightly decreased to K7,255 per viss for the week ending 26 January 2025 from K7,280 recorded last week ending 19 January, according to the Supervisory Committee on Edible Oil Import and Distribution.

The Supervisory Committee on Edible Oil Import and Distribution under the Ministry of Commerce has been closely observing the FOB prices in Malaysia and Indonesia, adding transport costs, tariffs and banking services to decide the wholesale market reference rate for edible oil weekly.

Despite the reference price, the market price is way too high.

The committee notified that any person involved in price gouging and oil storage to attempt market manipulation will

face legal action under the Essential Goods and Services Law.

The department is collaborating with the Myanmar Oil Dealers' Association and cooking oil import companies to offer affordable rates for imported palm oil to consumers.

Complaints for overcharging can be lodged over hotline 1535 of the call centre of the Consumers Affairs Department or sent to the Facebook page of the department and the region and state departments concerned.

The domestic palm oil consumption is estimated at one million tonnes per year. The local palm oil production is just about 400,000 tonnes. About 700,000 tonnes of palm oil are yearly imported through Malaysia and Indonesia to meet domestic demands. — NN/KK



Palm oil bottles are organized for sale in the market.

Daily newspapers available online

FOR those who would like to read the Myanmar Alinn, the Kyemon and the Global New Light of Myanmar, published daily by the Ministry of Information, please visit www.moi.gov.mm/mal, www.moi.gov.mm/km, www.moi.gov.mm/nlm and www.gnlm.com.mm/e-paper.

News and Periodicals Enterprise



Indian telecom tariff hikes likely in late 2025

THE Indian telecom sector is gearing up for another round of tariff hikes, likely to exceed 15 per cent, by late 2025, says a report by IIFL Capital.

The report also highlighted that however, entry-level plans may remain insulated from these increases, reflecting a strategic focus on affordability for low-income users.

The report believe this move is crucial for the industry's financial stability, particularly for Vodafone Idea (Vi), which continues to struggle to position itself as a viable third player in the market.

It said "that there is likely to be another round of 15 per cent+ tariff hikes in late 2025. However, we will not be surprised if entry level plans see no tariff hikes". — ANI



The report stated that the recent developments highlight the challenges faced by the industry in balancing revenue growth and customer retention. **PHOTO: ANI**

Many major Japanese firms halting commercials for scandal-hit Fuji TV

A number of major Japanese companies said Monday they are following Toyota Motor Corp and suspending commercials on Fuji Television Network Inc as the Tokyo-based broadcaster faces scrutiny over its alleged involvement in a misconduct scandal linked to Masahiro Nakai, a male member of the now-defunct popular idol

group SMAP.

Along with Japan's largest carmaker, Nissan Motor Co, cosmetics maker Kao Corp. and Seven & i Holdings Co have distanced themselves from Fuji TV, which announced Friday that it is launching a probe amid allegations that an employee played a role in the incident between Nakai and a woman. — Kyodo

Beijing boasts over 2.1 million professionals in high-end industries: report

A newly released report shows that Beijing's talent resources have steadily grown in recent years, with the number of professionals in high-end industries reaching 2.106 million as of 2023, accounting for 26.2 per cent of the Chinese capital's total talent pool.

According to the 2023 Beijing talent resource report, jointly released by the Beijing municipal human resources research center and the Beijing Institute of Talent Development Strategy, the supply of skilled talent in Beijing's high-tech industries is rapidly growing, with the sectors seeing the highest increases being pharmaceuticals and health, green energy and environmental protection, and smart city, the Science and Technology Daily re-

Sectors such as pharmaceuticals and health, green energy and environmental protection, and smart city technologies are witnessing the most substantial growth.



A technician operates a device at a workshop of Beijing CRS Medical Device Co Ltd, a precision manufacturing company specializing in the research, production and sales of sterile dental implants in Beijing, 13 October 2024. **PHOTO: LI XIN/XINHUA**

ported on Monday. Demand for talent is rising in four key industries: blockchain,

green energy and environmental protection, pharmaceuticals and health, and

smart manufacturing and equipment, the report stated. — Xinhua

CLAIMS DAY NOTICE

M.V METHI BHUM VOY.NO. (447N)

Consignees of cargo carried on **M.V METHI BHUM VOY.NO. (447N)** are hereby notified that the vessel will be arriving on **20-1-2025** and cargo will be discharged into the premises of **AWPT** where it will lie at the consignee's risk and expenses and subject to the byelaws and conditions of the Port of Yangon.

Damaged cargo will be surveyed daily from 8 am to 11:20 am and 12 noon to 4 pm to Claim's Day now declared as the third day after final discharge of cargo from the Vessel.

No claims against this vessel will be admitted after the Claims Day.

Phone No: **2301185**

Shipping Agency Department
Myanma Port Authority

Agent For:

M/S REGIONAL CONTAINER LINES

CLAIMS DAY NOTICE

M.V SINAR BUKITTINGGI VOY.NO. (037N)

Consignees of cargo carried on **M.V SINAR BUKITTINGGI VOY.NO. (037N)** are hereby notified that the vessel will be arriving on **21-1-2025** and cargo will be discharged into the premises of **MIP** where it will lie at the consignee's risk and expenses and subject to the byelaws and conditions of the Port of Yangon.

Damaged cargo will be surveyed daily from 8 am to 11:20 am and 12 noon to 4 pm to Claim's Day now declared as the third day after final discharge of cargo from the Vessel.

No claims against this vessel will be admitted after the Claims Day.

Phone No: **2301185**

Shipping Agency Department
Myanma Port Authority

Agent For:

M/S SAMUDERA SHIPPING LINES



Yangon Sailing Club Annual General Meeting

All members of Yangon Sailing Club are invited to attend the Annual General Meeting to be held as follows:

Date : 26 January 2025 (Sunday)
Place : Yangon Sailing Club
Time : 10:30 hrs

Hon. Secretary
Yangon Sailing Club

Notice for Change of Distributor

We, **Pilarquim (Shanghai) Co.,Ltd.** would like to change the Distributor of the following products, which registered under Pesticide Registration Board, Myanmar, from **Buffalo Agro Science Co.,Ltd.** to **Seinn Lae Thwin Co.,Ltd.**, If any objection or enquiry, please contact to Co-secretary, Pesticide Registration Board, Plant Protection Division, Department of Agriculture, West Gyogone, Insein Township, Yangon from here to next (2) weeks.

Sr.	The Old Distributor	Trade Name	Active Ingredient	Registration Type	Registration No.	The New Distributor
1	Buffalo Agro Science Co.,Ltd.	Pilar-Hmoe King	Cymoxanil 20% + Dimethomorph 50% WG	Provisional	P2022-4811	Seinn Lae Thwin Co.,Ltd.
2	Buffalo Agro Science Co.,Ltd	Pilar-Top One	Boscalid 20% + Cyprodinil 6% w/w SC	Provisional	P2022-4879	Seinn Lae Thwin Co.,Ltd

Address: **SEINN LAE THWIN CO.,LTD.** No.(525), First Floor, Corner of Merchant Street & 38th Street, Ward No.(6), Kyauktada T/S, Yangon. Tel 09-455188188

ROLLING UPDATES: WORLD

Palestinian president receives Gaza recovery plan after ceasefire takes effect



Palestinians return to the southern Gaza Strip city of Rafah on 19 January 2025. **PHOTO: RIZEK ABDELJAWAD/XINHUA**

It will be carried out in coordination with international and UN bodies, aiming to expedite relief aid and clear rubble from key infrastructure like hospitals and schools.

PALESTINIAN President Mahmoud Abbas received on Sunday the Gaza relief, recovery, and emergency response plan presented by the Palestinian government to deal with the emergency situation in the Gaza Strip after the ceasefire takes effect.

The Palestinian News Agency Wafa reported that Abbas received the plan during his meeting with Prime Minister and Foreign Minister Mohammad Mustafa.

Mustafa said that the plan represents the first phase of the government's response, focusing on emergency measures for Gaza during the initial six

months following the ceasefire.

He added that the plan would be implemented in coordination with international and UN bodies for support, especially with international relief organizations, in a bid to accelerate the entry and delivery of relief aid and the removal of the rubble from the main roads and vital facilities such as hospitals and schools.

He stressed the need to provide as many basic services as possible, including water, electricity, communications, sanitation, and temporary shelters, and to enable children to complete their education. — Xinhua

NEWS IN BRIEF

UK welcomes expected release of British hostage, mother 'anxious'

THE UK welcomes the expected release of British-Israeli hostage Emily Damari after she was named as one of the three women to be released Sunday under a ceasefire deal, the UK foreign office said.

Her mother was "anxious" ahead of the expected release in exchange for Palestinian prisoners, Adam Rose, the family's lawyer, told the BBC.

"They're just waiting, they're waiting to have absolute confirmation that Emily is coming out," Rose said. — AFP

Former Trudeau ally Freeland enters race to be Canada PM

CANADA'S former deputy prime minister Chrystia Freeland launched her campaign Sunday to replace Justin Trudeau as Liberal Party leader and prime minister, pitching herself as the best option to oppose incoming US president Donald Trump.

Freeland had been one of Trudeau's closest allies in government since the Liberals swept into office in 2015, also serving four years as finance minister until her dramatic resignation last month.

In a scathing resignation letter, she accused Trudeau of putting his own political interest above the urgent need to prepare Canada for the potential threats of the incoming Trump administration, including a possible trade war.

Freeland's departure was seen as a devastating blow that pushed Trudeau to announce his plans to leave office.

Trudeau has said he will stay on as a caretaker prime minister until the Liberals choose a new leader, which is expected on 9 March. — AFP

Singapore expects heavy traffic at land checkpoints during Chinese New Year

SINGAPORE'S Immigration and Checkpoints Authority (ICA) on Monday warned of "very heavy traffic" at its land checkpoints with Malaysia during the upcoming Chinese New Year period.

In a statement, the ICA advised travellers to "expect delays and factor in additional

time for immigration clearance" from 24 January to 2 February, citing ongoing enhanced checks.

The authority highlighted the surge in travel experienced during the recent year-end school holidays when more than 24 million travellers crossed the Woodlands

and Tuas checkpoints, a 20 per cent increase compared to the same period in 2023.

On 20 December 2024, a record-breaking 562,000 crossings were recorded in a single day, surpassing the previous high of over 553,000 on 13 December 2024. — Xinhua



This file picture shows vehicles forming a long queue to enter the Woodlands checkpoint in Singapore on 17 March 2020 from across the causeway of the southern Malaysian state of Johor. **PHOTO: AFP/FILE**

SPORTS

Shan United to play home match against GB Pathum United of Thailand

AS the ASEAN Club Championship in the 2024-25 season will continue its group match-4 on 22 and 23 January, Myanmar football club Shan United FC will play a home match.

Shan United will meet with GB Pathum United of Thailand at the Youth Training Centre in Yangon at 6:30 pm on 22 January. In this regard, Shan United has to secure a good result in the coming home match as it lost to opponents in three consecutive matches.

The Shan United team has reached the quarterfinals in the AFC Challenge League which is one of the two international competitions they are currently competing in this season. However, they are struggling in the ASEAN Club Championship.

Shan United FC lost to Vietnamese club Thanh Hoa with a score of 1-3 away in the ASEAN Club competition, Indonesian club Makassar 3-4 away, and Malaysian club Terengganu FC 0-5 at home. The team to face



Players from Shan United seen in a group photo during the ASEAN Club Championship. PHOTO: MNL

Shan United FC, BG Pathum United, includes nine foreign players in addition to Thai na-

tional players.

After playing three games, Thailand's BG Pathum secured

five points but Shan United is yet to score any points. — Ko Nyi Lay/TTA

Amorim's blast exposes depth of Man Utd decline



Manchester United boss Ruben Amorim. PHOTO: AFP

RUBEN Amorim might not have been historically accurate when he labelled his Manchester United flops as "maybe the worst team" in the club's history, but his astonishing claim did expose the extent of the problems facing the beleaguered boss.

Amorim responded to United's dismal 3-1 home defeat against Brighton on Sunday by branding his players among the worst in the club's illustrious history.

United are languishing in 13th place in the Premier League and have endured a painful series of ignominious losses since Amorim arrived from Sporting Lisbon to replace the sacked Erik ten Hag in November.

Already in disarray prior to Amorim's appointment, United have stumbled from one calamity to another under the Portuguese coach, with only rare signs of optimism in their draw at Liverpool and FA Cup win over Arsenal with 10 men. — AFP

Injured Vlhova to miss Alpine skiing worlds

REIGNING Olympic slalom champion Petra Vlhova will miss the skiing world championships in Austria next month as she continues her recovery from a serious knee injury, her coach said on Monday.

The 29-year-old tore her knee ligament as she fell during a World Cup giant slalom at Jasna in her native Slovakia exactly a year ago, on 20 January 2024.

In December, Vlhova's team said her rehabilitation had been slowed by

cartilage problems.

"Petra's knee rehabilitation finally seems to be on the right track, showing encouraging progress day by day," Vlhova's Italian coach Mauro Pini said on Monday.

"However, the setbacks experienced in December and January have unfortunately compromised the chance to participate in the World Championships in Saalbach," he added.

The world championships will be held at Saalbach-Hinterglemm on 4-16

February.

"We had hoped to be in top form to compete for the medals, but sadly that won't be possible," said Pini.

"For Petra, a new chapter begins now, with eyes already set on the Olympics in Cortina 2026."

Besides winning the slalom gold at the Beijing Olympics in 2022, Vlhova topped the World Cup rankings in 2020/2021 and won six medals at world championships including a giant slalom gold at Are in 2019. — AFP

Lys says 'nicest week in my life' as historic Melbourne run ends

"LUCKY loser" Eva Lys reflected on "the nicest week in my life" as her historic Australian Open run came to a shuddering halt against Iga Swiatek on Monday.

The German ranked 128 in the world was crushed 6-0, 6-1 in just an hour in Melbourne by the second seed from Poland.

Despite the heavy defeat, Ukrainian-born Lys said it had been an Australian Open to savour, having become the first women's "lucky loser" to reach the fourth round since the event moved to Melbourne Park in 1988.

"It's definitely I think the nicest week I've had in my life just because it wasn't really only about the result, but also about the whole story," said Lys.

It has been a whirlwind and breakthrough Grand Slam for the 23-year-old.

She lost in the final round of qualifying in Melbourne, her hopes of making the first major of the year seemingly over.



Poland's Iga Swiatek shakes hands with Germany's Eva Lys (R). PHOTO: AFP

But she hung about in case another player dropped out and 13th seed Anna Kalinskaya did just that, giving Lys a lifeline.

She said she had just 10 minutes' warning before defeating home player Kimberly Birrell in straight sets in the

first round, before winning twice more.

"Getting in as a lucky loser last minute on the last day where it was possible, changing the flights, winning first time, winning second time, making it to top 100, I mean, this is the week I've been working for ages," she said. — AFP



Trump says to repeal Biden's multiple executive orders within hours of inauguration

US President-elect Donald Trump announced on Sunday he will repeal multiple executive orders of the Biden administration within hours after being sworn in as president on Monday.

"Every radical and foolish executive order of the Biden administration will be repealed within hours of when I take the oath of office," Trump told his supporters at a victory rally held in Capital One Arena in Washington.

Trump said that the executive orders he is about to sign will cover areas such as border security, energy, federal government spending, the short video-sharing platform TikTok and DEI (Diversity, Equity and Inclusion) programmes.

"Tomorrow at noon, the curtain closes on four long years of American decline, and we begin a brand new day of American strength and prosperity, dignity and pride," said the incoming president.

According to US media reports, Trump is expected to sign over 100 executive orders on the day of his inauguration.

Trump will take the oath of office at noon on Monday. Due to the forecast

Trump mentioned that his upcoming executive orders will address border security, energy, federal spending, TikTok, and Diversity, Equity, and Inclusion (DEI) programs.



US President-elect Donald Trump and his wife Melania at a candlelight dinner at the National Building Museum in Washington, DC, on the eve of his inauguration. PHOTO: AFP

cold weather in Washington, DC, his inauguration ceremony will be held indoors — the first time in four decades in the United States. — Xinhua

CREWED SPACE PROGRAM

China unveils logos for three space missions in 2025

THE China Manned Space Agency (CMSA) unveiled logos on Monday for three key missions in China's manned space programme this year: the launches of the crewed spaceships Shenzhou-20 and Shenzhou-21, and the cargo craft Tianzhou-9.

These new logos symbolize the courage and determination of Chinese astronauts and their commitment to exploring the mysteries of the universe, the CMSA said.

A logo has been designed for each manned mission since China's first manned spaceflight Shenzhou-5 in 2003. The CMSA has opened logo solicitation for the country's space missions since 2023 and has maintained this approach since then.

According to the CMSA, crews for the Shenzhou-20 and Shenzhou-21 missions will consist of three astronauts each. Shenzhou-20 is set to dock with the radial port of the space station's core module, while Shenzhou-21 will dock with its front port. — Xinhua

Vietnamese EV maker VinFast to sell cars in India this 2025 festive season

VinFast unveiled its first electric SUVs, the VF 7 and VF 6, at the Bharat Mobility Global Expo 2025 and plans to launch them in India before the festival season.

VIETNAMESE pure-play electric vehicle manufacturer VinFast, which has officially introduced its first electric vehicles for the Indian market at the ongoing Bharat Mobility Global Expo 2025, plans to launch the cars before the upcoming festival season later this year.

The Vietnamese Nasdaq-listed automaker unveiled two all-electric Premium SUVs, the VF 7 and VF 6 at the auto expo, demonstrating its commitment to the market for modern products.

"India is a natural choice for VinFast. One, the market is growing, the economy is growing. Secondly, there is support from all the sectors – government support, and a growing ecosystem. (For VinFast) it was the right choice. Actual mobility infrastructure, including for charging and manufacturing, vehicle launches, and customer interest, could be seen on the ground," Ashwin Ashok Patil, Deputy CEO, of VinFast, told ANI, soon after the unveiling session. — ANI



The company sees India as a strategic market, benefiting from a growing economy, government support, and expanding infrastructure for electric vehicles. PHOTO: ANI