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Wednesday, 14 July, 2004

Senior General Than Shwe sends felicitations to France

YANGON, 14 July — Senior General Than Shwe, Chairman of the State Peace and Development Council of the Union of Myanmar, has sent a message of felicitations to His Excellency Mr Jacques Chirac, President of the French Republic, on the occasion of the National Day of the French Republic, which falls on 14 July 2004. —MNA



Secretary-1 Lt-Gen Soe Win inspects Hsenwi Township People's Hospital. — MNA

Government will put forward nation-building tasks in accord with national aims in the interest of nation and people Secretary-1 Lt-Gen Soe Win meets officials in Lashio

YANGON, 13 July — Secretary-1 of the State Peace and Development Council Lt-Gen Soe Win met officers and Tatmadaw members and families of regiments and units at Thura Aye Cho Hall of regional battalion in Kutkai on 5 July.

The Secretary-1 and party comforted the patients at the Township People's Hospital. They were conducted round the

hospital by Head of Township Health Department Dr Than Lwin reported on lab, operation theatre and wards. The Secretary-1 then fulfilled the requirements.

The Secretary-1, Chairman of Shan State Peace and Development Council (North-East) Commander of North-East Command Maj-Gen Myint Hlaing, the ministers, the deputy ministers and officials met

Chairman of Kutkai Township Peace and Development Council and members, departmental officials, members of the Union Solidarity and Development Association and social organizations and townsenders at Pyidaungsu Hall in Kutkai.

Chairman of Township Peace and Development Council U Chit Wai reported on national races living in the region, agricul-

ture, education and health conditions in the township and extension of auto-telephone line.

The Secretary-1 then fulfilled the requirements. He said unlike the past, developments in education, health, transport and economic sectors have been made and now there is peace and stability in Kutkai. He said respective regions in the country have developed simultane-

ously with the assistance of the government, efforts of service personnel and co-operation of local people and social organizations.

It is found that some border towns have developed like urban cities, he said. Better transport and communications, strengthened closer relations among the national races and forged the Union Spirit, he added.

(See page 8)

Four political objectives

- * Stability of the State, community peace and tranquillity, prevalence of law and order
- * National reconsolidation
- * Emergence of a new enduring State Constitution
- * Building of a new modern developed nation in accord with the new State Constitution

Four economic objectives

- * Development of agriculture as the base and all-round development of other sectors of the economy as well
- * Proper evolution of the market-oriented economic system
- * Development of the economy inviting participation in terms of technical know-how and investments from sources inside the country and abroad
- * The initiative to shape the national economy must be kept in the hands of the State and the national peoples

Four social objectives

- * Uplift of the morale and morality of the entire nation
- * Uplift of national prestige and integrity and preservation and safeguarding of cultural heritage and national character
- * Uplift of dynamism of patriotic spirit
- * Uplift of health, fitness and education standards of the entire nation

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Secretary-1 Lt-Gen Soe Win holds a meeting with officers and other ranks of Kutkai Station and their families in Kutkai. — MNA



Emergence of the State Constitution is the duty of all citizens of Myanmar Naing-Ngan.

PERSPECTIVES

Wednesday, 14 July, 2004

Kyaukhtu airport for regional development

As the development of a region or a nation mainly depends on its transport, the Government, in its bid for the all-round development of the Union, has been taking steps to ensure easy and smooth transport.

Head of State Senior General Than Shwe on one occasion said that good transport can lead to economic development of each and every region and increase contacts among the national people, thus strengthening friendship among them. Therefore, priority should be given to construction of motor roads, railroads and bridges and improvement of transport service, he added. In accordance with the guidance of the Head of State, measures are being taken for improving transport across the Union.

Not only are the roads running from north to south in the country being extended and upgraded but the new ones running from east to west all over the Union are also being built. Moreover, river-crossing bridges and new airports are being constructed and the old ones upgraded.

Kyaukhtu Airport in Kyaukhtu, Gangaw District, Magway Division was inaugurated on 10 July and the opening ceremony was attended by member of the State Peace and Development Council Lt-Gen Ye Myint of the Ministry of Defence.

The old runway of the airport measuring 100ft by 3850ft was built in 1953 and only Dakotas and Twin Otters could land there. But the new concrete runway which is 6500 feet long and 100 feet wide can handle F-27 and F-28 planes and it was built by military engineers.

Kyaukhtu is at a strategic point as it is located where the Pakokku-Mindat road and the Seikphyu-Saw-Htilin-Gangaw road meet. This being so, steps are being taken for the development of its education, health, agriculture, economic and social sectors.

Now, the new Kyaukhtu airport has been opened in Gangaw District, Magway Division, and it is believed that it will contribute towards regional development and uplift of socio-economic lives of the residential people of Magway Division as well as Chin State.

Chess Tournament opens

YANGON, 13 July — The opening ceremony of the Commander-in-Chief (Air)'s Shield Chess Tournament was held at the regional battalion in Toungoo yesterday morning with an address by Brig-Gen Kyaw Aung of Toungoo Station. Altogether seven teams are taking part in the tournament which will continue till 16 July. — MNA

Officials leave for Singapore

YANGON, 13 July — To attend Asia Health Care 2004 "Buyers Sellers Meeting on Pharmaceutical and Natural Products" in Singapore, Myanmar Medicine and Medical Equipment Entrepreneurs Association Joint Secretary Dr Thin Nwe Win and Executive Dr Saw Mya Aung left here by air. They were seen off at the Yangon International Airport by officials and relatives. — MNA



Dr Thin Nwe Win and Dr Saw Mya Aung being seen off at the Yangon International Airport. — UMFCFI

People's Desire

- * Oppose those relying on external elements, acting as stooges, holding negative views
- * Oppose those trying to jeopardize stability of the State and progress of the nation
- * Oppose foreign nations interfering in internal affairs of the State
- * Crush all internal and external destructive elements as the common enemy



Myanmar Women's Affairs Federation Vice-President Daw Khin Lay Thet gives talks. — MNA

Talks on MWAFF held at Ministry of Energy

YANGON, 13 July — Talks on Myanmar Women's Affairs Federation were given at a ceremony held at the Yadana Hall of the Ministry of Energy on Pyay Road here this morning. MWAFF Vice-President Daw Khin Lay Thet gave talks. Also present on the occasion were Patron Daw Khin Thet Htay of Yangon Division Organization for Women's Affairs, Energy Minister Brig-Gen Lun Thi's

wife MWAFF National Race Group Adviser Daw Khin Mar Aye, Deputy Minister for Energy Brig-Gen Than Htay and wife Daw Soe Wut Yi, officials and employees numbering over 500.

After the talks, Adviser Daw Khin Mar Aye presented K 300,000 for MWAFF to Vice-President Daw Khin Lay Thet.. — MNA



Myanmar Women's Affairs Federation Vice-President Daw Than Than Nwe gives talks. — MNA

Talks on salient points of Myanmar Women's Affairs Federation held

YANGON, 13 July — Talks on salient points of Myanmar Women's Affairs Federation, conducted by the Ministry of National Planning and Economic Development took place at the meeting hall of National Archives Department this morning. Present on the occasion were Vice-Presidents of MWAFF Daw Than Than Nwe and Daw Khin Khin Win, CEC members, wife of the Minister for National Planning and Economic Development Adviser to Finance and Administration Group of MWAFF Daw Kyu Kyu Win, wives of the directors-general and managing directors of the departments and enterprises under the ministry, staff and their families.

During the talks, Vice-President of MWAFF Daw Than Than Nwe gave explanations related to emergence of MWAFF and its background history, seven objectives of the federation and 16 working groups and functions and formation of the federation. The vice-president urged Myanmar women to earnestly take part in tasks of the federation for the emergence of a strong force of women. Next, wife of the Minister for National Planning and Economic Development Daw Kyu Kyu Win presented K 100,000 for MWAFF donated by the Ministry of National Planning and Economic Development to Vice-President Daw Than Than Nwe. — MNA



The 37th Meeting of ASEAN Co-ordination Committee on Services in progress. — MNA

37th Meeting of ASEAN Coordination Committee on Services concludes

YANGON, 13 July — The 37th Meeting of the ASEAN (Association of South-East Asian Nations) Coordination Committee on services hosted by the Union of Myanmar continued for the fourth and final day at Traders Hotel here this morning.

Dr Khiane Phansourivong from the Lao People's Democratic Republic presided over today's session. During the meeting, representatives of ASEAN countries namely Brunei Darussalam, Cambodia, Indonesia, Laos, Malaysia, Myanmar, the Philippines, Singapore, Thailand

and Vietnam negotiated liberalisation of limitations of trade in services such as business, construction, health, maritime, communication, tourism and education among ASEAN countries in sectorial working group meeting.

The meeting successfully came to a close with concluding remarks by the meeting chairman.

In the afternoon, the representatives of ASEAN countries toured Bago and visited Kyauikmon Pagoda, Shwethalyaung Pagoda and Shwemawdaw Pagoda.

MNA

Strikes on Iraqi oil, electricity seen as inside job

BAGHDAD, 12 July— Saboteurs attacking Iraq's oil and electricity infrastructure appear to be employees working in the industry or others acting on inside information, reconstruction officials said yesterday.

A Western diplomat in Baghdad said the "precise" targeting of especially vulnerable or valuable portions of the oil and electricity systems — and even a sewage treatment plant — has increased the damage to critical infrastructure beyond what would be expected from random attacks. The diplomat declined to reveal the sections that had been sabotaged.

Iraqi Prime Minister Iyad Allawi has blamed such attacks for a nationwide loss of power of more than four hours a day. Iraq's pipelines transport crude oil for export and also carry it to oil-fired power generators that provide domestic electricity.

Mr Allawi said saboteurs have attacked vital oil pipelines 130 times in the past seven months, causing hundreds of millions of dollars of damage and lost revenues, hindering Iraq's efforts to rebuild and adding to the hardships of average Iraqis.

The Western diplomat said insurgents were suspected

of using blackmail and threats to coerce Iraqi workers to launch attacks or to provide information on vulnerable locations in the country's oil pipelines and electric power lines.

Funding and information for the sabotage also may be flowing into Iraq from other countries, the diplomat said. Oil Minister Thamer al-Ghadban told Dow Jones Newswires yesterday that his ministry would extend for "a few months" a contract with South African security contractor Erinys International that was set to expire in less than a month.

Mr al-Ghadban said he would also expand the 14,000-member Iraqi force created to protect the infrastructure. Steve Wright, a spokesman for the US Army Corps of Engineers, said sabotage of key infrastructure appears to have been planned last year by members of Saddam Hussein's government before the US-led invasion. In some cases, Iraqi oil wells were wired to be set on fire.—*Internet*

Iraqi militants imposes new deadline for Philippine Govt

MANILA, 12 July— The Philippine Government was given a new deadline to pledge to pull out its troops in Iraq before July 20 for the release of a kidnapped Filipino overseas worker, a local TV reported Monday.

The ABS-CBN news channel said that the extension may reach 24 to 48 hours, which allows a stay of execution of Angelo de la Cruz, a 46-year-old trunk driver working in Iraq for a Saudi-based company.

Citing a news report from al-Arabiya TV, the ABS-CBN said that the Iraqi militants intend to treat de la Cruz as a prisoner of war.

The Arabic television station, al-Jazeera, broadcast earlier last Thursday a footage showing that three masked gunmen claimed to have seized a Filipino, who was identified as de la Cruz.

The group, calling itself the "Khaled Ibn al-Walid Brigade" linked to the "Islamic Army in Iraq," threatened to kill the hostage if the Philippine Government will not pull out of its troops in Iraq in 72 hours.

Despite mounting calls from the public to withdraw the 51-man Filipino contin-

gent early to spare the life of de la Cruz, the government vowed to stay its troops in Iraq until their scheduled return next month.

"In line with our commitment to the free people of Iraq, we reiterate our plan to return our humanitarian contingent as scheduled on 20 August, 2004," Foreign Affairs Secretary Delia Albert Sunday told a news conference following an emergency Cabinet meeting.

She also said that the government would continue to do everything it can to secure the release of de la Cruz and work both through formal and informal channels toward this end.

President Gloria Macapagal-Arroyo earlier sought the intervention of some local and foreign Muslim leaders in convincing the Iraqi militants to release de la Cruz safely.

At the request of the family of de la Cruz, Labour Secretary Patricia Sto-

Tomas is accompanying the hostage's wife and a brother to the war-torn Middle East country "to be closer to developments on the ground."

"We are extending our utmost support to the (de la Cruz) family during this very critical time," Albert said in a statement.

"We continue to seek the understanding and full co-operation of the media in reporting this live hostage situation," she added.

MNA/Xinhua

Attack info prompts ASDF to suspend airlift in Iraq

Tokyo, 13 July— Japan's Air Self-Defence Force has suspended its operation to airlift supplies to Iraq from Kuwait due to information concerning possible surface-to-air missile attacks in and around Tallil airport in southern Iraq, government sources said Monday.

The ASDF uses the airport as a base of operations for C-130 transport planes to fly in humanitarian aid and goods for Japanese ground troops in the southern Iraqi city of Samawah, as well as troops and supplies for the US-led multinational force. The airport is also used by US and other forces.—*Internet*

Gulf war veterans have worse health than others in British Army

LONDON, 12 July— An official study showed that British soldiers who served in the 1991 Gulf war have worse health than those who did not, the British Sunday Times newspaper reported on Sunday, one day ahead of an independent probe into the Gulf War syndrome.

The study, commissioned and funded by the British Ministry of Defence (MoD), found that the soldiers largely suffered from mood swing and memory loss. Many also complained of muscle ache and fatigue, according to the report.

The paper quoted researchers as saying that more than one in 20 British servicemen who served in the Gulf war believed they had Gulf war syndrome. The British Government has never acknowledged the existence of Gulf War syndrome and has not agreed to hold an inquiry into the illnesses.

The finding was based on questionnaires sent to all British Armed Forces personnel who had been deployed to the Gulf some time between August 1990 and June 1991. More than 24,000 gave responses, which were compared with those of 18,439 male armed-service personnel who had not served in the Gulf.

The MoD has maintained that the illness are so varied that there can be no distinct syndrome or a specific cause. The study, the largest of

its kind, found that Gulf war veterans reported significantly more symptoms than non-Gulf veterans, yet there was no consistent explanation for this discrepancy, according to the paper.

The survey findings came on the eve of a privately funded independent public inquiry into the more than 6,000 reported cases of Gulf war-related illnesses.

Lord Lloyd of Berwick, who as a former Law Lord once sat in Britain's highest court, was expected to start the inquiry on Monday, which will focus on the vaccinations and tablets given to soldiers in the run-up to the war and on claims that they may have been exposed to Iraqi chemical weapons.

Thousands of British veterans, suffering from unexplained ailments including kidney pains, memory loss, chronic fatigue and mood swings, have blamed the cocktail of tablets and vaccinations they were given to protect them against nerve agents, anthrax and botulism.—*MNA/Xinhua*

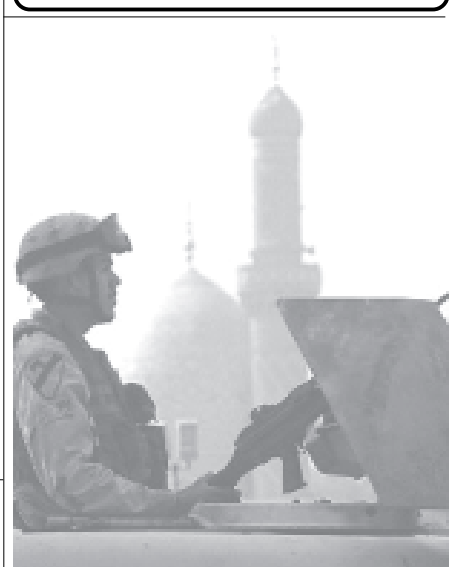
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876 US troops killed since beginning of military operations in Iraq last year

BAGHDAD, 12 July— As of Monday, 12 July, 876 US service members have died since the beginning of military operations in Iraq in March 2003, according to the Defence Department. Of those, 651 died as a result of hostile action and 225 died of non-hostile causes.

The British military has reported 59 deaths; Italy, 18; Spain, eight; Bulgaria and Poland, six each; Ukraine, four; Slovakia, three; Thailand, two; Denmark, El Salvador, Estonia, Hungary, Latvia and the Netherlands have reported one death each.

Since May 1, 2003, when President Bush declared that major combat operations in Iraq had ended, 738 US soldiers have died 542 as a result of hostile action and 196 of non-hostile causes.—*Internet*



A US soldier on patrol in central Baghdad. A US-led coalition soldier was among three people killed when a military convoy was hit by a roadside bomb south of Iraq main northern city of Mosul on 11 July, 2004. — INTERNET

Putin says Russia to enhance its role in the CIS

Moscow, 13 July — Russia should strengthen its leadership in the Commonwealth of Independent States (CIS) by taking effective policy, Russian President Vladimir Putin said Monday at a gathering of Russian diplomats.

Russia should also try to enhance ties with Asian and Pacific countries, especially relations with the United States, China and India, Putin told some 130 ambassadors gathered in Moscow.

The country's diplomatic missions abroad must help accomplish national goals, and "improving Russia's economic competitiveness, radically boosting GDP and integrating with the world economic system" were among these goals, Putin said, according to Russian news agencies.

He said that the priorities in Russia's foreign policy were "to protect national economic interests, improve Russia's investment appeal and prevent discrimination on foreign markets".

Putin also told the ambassadors that he wanted them to push harder for Russia's accession to the World Trade Organization.

Speaking of relations with the Commonwealth of Independent States (CIS), Putin warned that Russia does not have the right to claim the leader's role in the CIS countries, the former Soviet republics.

"It is an absolutely erroneous, complacent and misleading approach. The role of a leader should be permanently backed by effective policies," Putin said.

"The lack of an effective Russian policy in the CIS, or even an unreasonable pause in it, will inevitably encourage other, more active states, to fill this political space energetically," Putin said. — *MNA/Xinhua*



Gathered shells : An Iraqi youth holds empty bullet shells collected in the street following an attack targeting an alcohol store in Baghdad's Karada neighbourhood on 11 July, 2004. — INTERNET

Bulgaria asks for mercy for hostages in Iraq

BAGHDAD, 12 July — Senior Bulgarian diplomats arrived in Baghdad on Sunday and pleaded for the release of two of their compatriots believed held by Abu Musab al-Zarqawi, the most wanted man in Iraq.

Bulgaria says the two — poor truck drivers who went to Iraq for the money — are still alive although a Muslim group led by Zarqawi threatened on Thursday to kill them within 24 hours unless the United States released jailed Iraqis.

"We plead with the kidnappers to free these men. They are apolitical, from one of the most impoverished regions of Bulgaria. They took this job because they want to live," one Bulgarian official said.

"Islam calls for mercy on the poor. The kidnappers must know that Bulgaria has opened its doors for Iraqis for decades, including through the UN sanctions," he said.

The hostages, Georgi Lazov, 30, and Ivailo Kepov, 32, were transporting cars from Bulgaria to Mosul in northern Iraq for an Iraqi car dealer when they disappeared on June 27.

Lazov has a diabetic child and Kepov is on medication since suffering a stroke a few years ago, the

diplomat said. The two are from the southern Blagoevgrad region, which suffered economically after the fall of Communism.

"Muslims and Christians live in harmony in Blagoevgrad. We as Bulgarians have nothing against Arabs or Muslims," he said.

The circumstances of the kidnapping are unknown. The two were last seen delivering their shipment to a used car dealership on a busy street of Mosul.

Al-Jazeera satellite tele-

vision has shown a video of the two men in front of masked captors identified as members of Zarqawi's Tawhid wal-Jihad group.

Tawhid wal-Jihad, has already beheaded an American and a South Korean in Iraq but has also released other hostages, an Iraqi intelligence official said.

The intelligence official said Zarqawi mostly operated in central Iraq and that the kidnapping in a region further north might show an expansion of his network.

MNA/Reuters

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Turkish driver killed in Iraq road bomb

BAGHDAD, 12 July — A Turkish driver was killed on Monday when a roadside bomb destroyed his truck as he travelled with a US military convoy north of Baghdad, an Iraqi police officer said.

Lieutenant Colonel Namis Saeed said an Iraqi civilian was also killed and his wife injured when US soldiers in the convoy opened fire after the explosion near Baiji, about 180 km (112 miles) north of Baghdad.

The US military could not immediately be reached for comment.

Roadside bombs are one of the most common methods used by insurgents to attack US-led forces and other foreigners working with the US military.

The bombs often consist of explosives concealed inside soft drink cans or plastic bags, which are detonated remotely as vehicles pass. —Internet



Iraqi police examine a car which was destroyed when a roadside bomb detonated as a convoy of oil security guards drove past in the southern Iraqi city of Basra on 6 July, 2004. One passer-by was killed and two others were wounded. — INTERNET

Iraq hopes to establish balanced relations with neighbours

DAMASCUS, 12 July — Visiting Iraqi Deputy Prime Minister Barham Salih said here Sunday that Iraq hopes to establish good, balanced and stable relations with neighbouring countries.

Salih made the remark to reporters after meeting with Syrian President Bashar Al-Assad.

He said the Iraqi Government has a clear stance on the issue of the neighbour states dispatching troops into Iraq, adding that any military dispatched from the neighbours will only make the situation more complicated.

However, Neither Salih nor Bashar touched upon the questions on whether Syria would dispatch troops to Iraq and the huge sum of money the former Iraqi government had reportedly put in Syria.

According to Salih, Bashar had promised him that these questions

would not influence relations between the two countries.

On Iraqi Prime Minister Iyad Allawi's upcoming Middle East tour, which will include Syria, Salih said Allawi hopes to visit Damascus soon and the two governments has reached agreement on it.

According to the state-run SANA news agency, Salih presented a letter from Allawi to Bashar during the meeting and the Syrian President reaffirmed his country's support to Iraq to keep its territorial integrity and restore all its sovereignty. Salih arrived in Damascus Saturday afternoon for a two-day visit.

MNA/Xinhua

Chavez accuses US of funding oppsn groups

CARACAS, 12 July — Venezuelan President Hugo Chavez on Sunday accused a US Government-funded non-profit organization of providing 300,000 US dollars to opposition groups seeking to remove him from office.

Chavez pointed out in a live radio and television show that what he said was a document proving that the National Endowment for Democracy gave the money to several opposition groups.

The National Endowment for Democracy was created in 1983 to strengthen democratic institutions around the world through non governmental efforts.

The money was used to draft a government and economic plan entitled Country Consensus, which was released by the opposition alliance Democratic Coordinator on Friday as a blueprint

for a post-Chavez Venezuela. "The government of Mr George W Bush continues putting its hands where it should not put them," said Chavez. He also accused the opposition of "selling its soul to the devil".

The leader said a Venezuelan organization called the Economic Information Dissemination Centre (CEDICE) was responsible for channelling the funds to the opposition.

While Chavez was delivering his weekly "Hello President" live television and radio show, at least one person was injured Sunday when

the President's supporters threw stones, bottles and firecrackers at opposition backers visiting a local mayor detained at the security police headquarters.

It was the first violent incident since the two sides started their campaigns ahead of the August referendum on whether to recall Chavez.

On June 8, the National Election Council of Venezuela announced that the opposition had collected 2.5 million signatures against Chavez, more than the required 2.4 million to call a recall vote. —MNA/Xinhua

Kuwait unveils industrial strategy to achieve overall development

KUWAIT CITY, 12 July — Kuwait attaches great importance to strategic industries in a bid to achieve an overall production growth and create more jobs, the Kuwait News Agency reported Sunday.

The agency quoted an industrial report by the Kuwait Public Authority for Industry (PAI) as saying that this strategy will rearrange priorities in the industrial sector and provide encouragement needed.

With an aim at restructuring and classifying the industrial sector, the strategy will

give priority to strategic industries, such as security, food and medicaments.

The strategy will also attach importance to natural resources—dependent industries like petrochemicals, construction and high-tech.

MNA/Xinhua

Colombian Navy conducts anti-drug sweep

BOGOTA, 12 July — The Colombian Navy announced on Sunday it conducted an anti-drug sweep on the San Andres Island, confiscating 1.5 tons of cocaine and capturing two drug traffickers.

A spokesman for the Colombian Navy said the drug-trafficking group intended to transport the cocaine from the northwestern Colombian province of Cordoba to

the San Andres Island.

The destination of the cocaine is the United States.

The Colombian Navy smashed the plot on Saturday afternoon.

Colombia is the world's top cocaine producer, churning out 90 per cent of the world production, most of which ends up in the United States and Europe.

MNA/Xinhua



An Iraqi Army soldier searches a man at a security checkpoint in Baquba, 75 kms (46 miles) north of the capital Baghdad, on 12 July, 2004. — INTERNET

Philippines to withdraw troops from Iraq

MANILA, 13 July — The Philippine military has confirmed that the Philippine troops in Iraq will be pulled out gradually in view of the development of the hostage crisis.

There will be a gradual pullout of Philippine troops in Iraq if Philippine President Gloria Macapagal Arroyo orders such a withdrawal, Lieutenant-Colonel Daniel Lucero, the military spokesman, told *Xinhua* on Tuesday by phone.

"At the moment there is no such order but the order will be given and we

should be prepared for a phased and gradual pullout," he added.

However, Lucero did not give the specific date of the pullout.

Angelo de la Cruz, 46, a Philippine truck driver, was abducted last week as he drove into Iraq from Saudi Arabia by the group calling itself "Khaled Ibn al-Walid Brigade",

Late Monday, Philippine Deputy Foreign Minister Rafael Seguis said on the pan-Arab television station al-Jazeera that his country would withdraw its forces from Iraq "as soon as possible" to save the life of the Filipino hostage.

"In response to your request, the Philippines...will withdraw its humanitarian forces as

soon as possible," said Seguis, who was in Baghdad working to get de la Cruz freed.

Seguis gave no date for the withdrawal, and Foreign Ministry officials in Manila were reportedly holding an emergency meeting.

"I hope the statement that I read will touch the heart of this group," said Seguis adding that "we know that Islam is the religion of peace and mercy." The official began his appeal with the words "in the name of Allah".

"I appeal to you and to your kind hearts as Muslims to please release Angelo de la Cruz so that he can return to his family and children," the official said.

The wife and brother of de la Cruz arrived in Jordan on Monday to appeal for his release.

To save the life of de la Cruz, the kidnappers have demanded the Philippines move forward by one month the planned pullout of its 51-member peacekeeping force in Iraq.

MNA/Xinhua

Bulgaria confirms its hostages in Iraq alive

SOPIA, 13 July — Bulgaria confirmed on Sunday that two Bulgarian truck drivers taken hostage in Iraq were still alive after a Friday execution deadline expired.

Foreign Minister Solomon Passy told reporters he could finally confirm information the two men held hostage by a militant group had not been killed.

"Now I can confirm the information, which has been received three hours ago (0900 GMT), that our compatriots are alive," he said.

On Thursday, a militant group which has already said it beheaded two foreigners in Iraq threatened to kill the Bulgarians within 24 hours unless the United States released imprisoned Iraqis.

Government officials would not say how they had received the confirmation but sources said it was through intelligence channels.

The hostages, Georgi Lazov, 30 and Ivailo Kepov, 32, were transporting cars from Bulgaria to Mosul for an Iraqi client when they disappeared on June 27, the last

day they contacted their families.

On Thursday, a group led by Jordanian militant Abu Musab al-Zarqawi, which has already claimed the beheading of foreigners in Iraq, issued its ultimatum in a tape showing the two men sitting in front of masked captors.

Bulgaria has made strenuous diplomatic efforts to free the two men.

On Sunday, it appealed to the Arab world for mercy and understanding that the two men were civilians in poor health trying to make a living.

"Georgi, one of the men, is a diabetic and the other one, Ivailo, has suffered a stroke. So I quote the Muslim proverb which appeals for mercy for the poor, the hungry and the sick," Passy said.

MNA/Reuters



An Iraqi girl walks past US troops as they patrol an intersection in central Baghdad, on 11 July, 2004. — INTERNET

Uganda's high population growth causes eco problems

KAMPALA, 13 July — Ugandan Minister of Finance, Planning and Economic Development Gerald Ssendaula said on Sunday that high population growth will have an impact on the country's resources and cause economic problems.

The minister made the remarks in his statement to mark the World Population Day which falls on July 11.

Ssendaula said that "we need to plan for our rapidly increasing population, currently at a growth rate of 3.4 per cent per annum with a fertility rate of 6.9 children per woman."

"This population growth rate is the highest in the region. If this trend continues unchecked, our population will double in just 20 years from now," the minister warned.

He reminded his countrymen that "results of the 1991 census showed that Uganda had a total population of 16.7 million people," adding that "this rapidly rose to 24.7 million in 2002 census. Today, Uganda's population stands at 26.6 million people."

"This means that there has been an increase of 10 million people in a space of only 13 years. This rapid increase has serious and disastrous implications for the provision of services and infrastructure espe-

cially in the fields of health, education, land for food production, among others," the minister said.

He stressed that "our ability to maintain or even improve such services and infrastructure is going to be that much more difficult and is likely to strain our national poverty eradication efforts".

This year's World Population Day marks the mid-point of the 20-year Cairo Programme of Action. Some 11,000 participants from over 180 states and various agencies and organizations attended the 1994 International Conference on Population and Development (ICPD) in Cairo.

The ICPD passed a 20-year action plan on issues of population and development, with three major thematic goals: reduction of infant, child and maternal mortality; provision of universal access to education particularly for girls; and provision of universal access to a full range of reproductive health care and family planning services.

MNA/Xinhua

Fire destroys Jordan ambassador's Dutch residence

AMSTERDAM, 13 July — A fire destroyed the house of the Jordanian ambassador to the Netherlands, Mazen Armouti, on Sunday but none of the four people in the building was hurt, the fire brigade said.

The fire broke out in the thatched roof of the residence in the leafy Wassenaar suburb of The Hague and was only put out after two hours, when most of the building had collapsed.

The cause of the fire was unknown.

MNA/Reuters

Cambodia celebrates World Population Day

PHNOM PENH, 13 July — Cambodia, along with other 178 signatory countries around the world celebrated World Population Day and the 10th anniversary of the International Conference on Population and Development on Sunday, aiming to promote reproductive health access for women.

The United Nations Population Fund (UNFPA) said Sunday Cambodia has reduced its maternal mortality rate from 473 deaths in 1994 to 437 deaths per 100,000 live births in 2000, thanks to the initiation of the reproductive health training programme to train new midwives and develop cooperation with traditional birth attendants in both urban and rural areas.

However, Cambodia has still one of the highest ratios of maternal mortality rate in Asia.

Prime Minister Hun Sen was quoted as saying by UNFPA's Press release that health and sanitary conditions of a significant share of the population are still a matter of concern. Cambodia's Ministry of Health has committed to reduce the ratio of maternal mortality from 437 to 305 deaths per 100,000 live births by 2007, UNFPA said.

UNFPA praised Cambodia's efforts to continue to make further commitments and actions to reduce maternal mortality rate and put high priority on the agenda of the 10th International Conference on Population and Development.

MNA/Xinhua

Vietnam-China trade to beat \$5b this year

HANOI, 13 July — The two-way trade volume between Vietnam and China is forecast to exceed five billion US dollars this year, *Vietnam News Agency* on Monday quoted Vietnam's Commercial Counsellor in China Dao Ngoc Chuong as saying.

The forecast is based on the growing two-way trade turnover between the two sides, which stood at 2.5 billion dollars in the first five months of this year, he said.

The volume stood at only 32 million US dollars in 1991 when the two countries resumed official trade relations.

China now ranks the first among exporters of goods to

Vietnam and the third among importers of the country.

China mainly exports petroleum products, machinery, medicines and materials for agricultural and apparel production to Vietnam, and imports crude oil, rubber, fruits, vegetables, seafood and materials for medicine production from the country.

MNA/Xinhua



Play time: Tiger Leila (L) plays with one of her cubs at the Zoo Hellabrunn in Munich. — INTERNET



An Iraqi man is treated at a hospital after being injured when a roadside bomb detonated as a convoy of oil security guards drove past in the southern Iraqi city of Basra on 6 July, 2004.



Family members look over Mu'ayed Abdulwahid, 50, a civilian who was injured when a mortar struck his house in Baghdad, Iraq, on 7 July, 2004.

Images of Iraq



Iraqi policemen inspect the site of an attack targeting four alcohol stores in the city of Baquba, 60 kms northeast of Baghdad on 11 July, 2004.



A car bomb exploded in Khalis, Iraq, on 6, July, 2004, killed 13 people.



Air strike aftermath : A crying Iraqi boy is comforted by a man wearing blood- stained trousers following a US military airstrike on a suspected safe house that killed 12 people in Fallujah on 10 July, 2004.



An Iraqi woman grieves as her injured brother lies unconscious in a hospital following a mortar attack in Baghdad, Iraq, on 7 July, 2004.



A car was destroyed after an explosion in Baghdad's southern neighbourhood of al-Dora, on 8 July, 2004.

For better transportation in border and rural areas



The inauguration of Mongseik-Kaunghsai section of Shwenyaung-Namhsan Rail Road in Shan State (South). — MNA



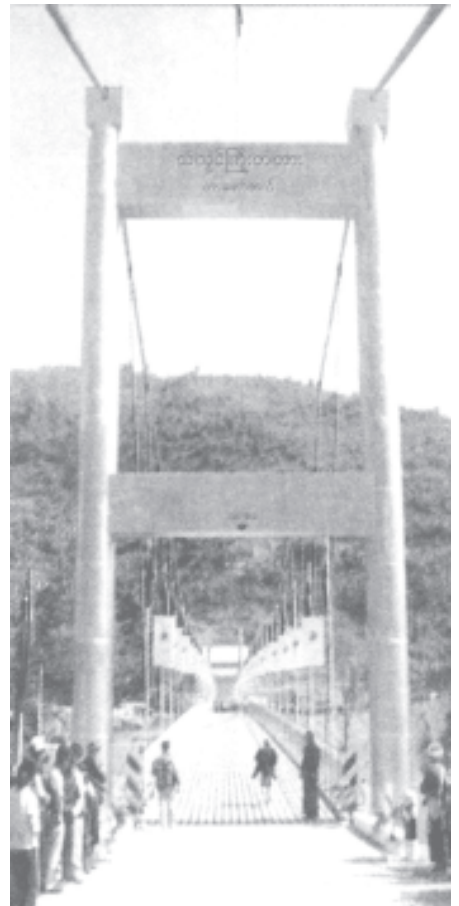
The government is building new roads, renovating the old ones for better transport. The above photo shows Muse ring road in Shan State (North). — MNA



Panmon Creek Bridge on Kalay-Gangaw Road near Natchaung Village in Kalay Township, Sagaing Division.—MNA



FOR BETTER TRANSPORTATION IN RURAL AREAS: The Cheinchaung Bridge in Zokthok Village, Bilin Township, Mon State. — MNA



In the past, people living in Takawet region, Shan State (North) had to rely on ferries to cross the Thanlwin River. To overcome the natural barrier, the government has built Thanlwin Bridge (Takawet) and now, people can cross the river easily using the bridge. — KYEMON

Transportation plays a key role in national development. Therefore, the government is building infrastructures needed for better transportation throughout the country.

As a result, people living in both urban and rural areas are now enjoying the fruitful results achieved in the transportation sector.



Secretary-1 Lt-Gen Soe Win presents school uniforms for the teachers of Kutkai BEHS through the principal. — MNA



Secretary-1 Lt-Gen Soe Win presents a gift to the local national race leader in Tarmonye. — MNA



Secretary-1 Lt-Gen Soe Win presents cash and medical equipment to Tarmonye People's Hospital. — MNA



Secretary-1 Lt-Gen Soe Win presents teaching and learning aids, exercise books and school uniforms to the basic education high schools in Lashio. — MNA



Secretary-1 Lt-Gen Soe Win presents cash and medical equipment to Namhkam People's Hospital. — MNA



Secretary-1 Lt-Gen Soe Win presents pedagogical aids, exercise books and school uniforms to the basic education high school in Hsenwi. — MNA

Government will put forward...

(from page 1)

He said there are better political, economic and social conditions to build a modern developed nation. He stressed the importance of building a nation into developed one, utilizing the already-achieved prospects and better conditions fully.

He urged all national races to build future State in unity under the correct leadership of the government.

The Secretary-1 presented teaching aids for Kutkai BEHS, school uniforms for teachers and exercise books for basic education schools to Headmaster U Khin Maung Nyo and Patron of school board of trustees Daw Yin May.

He also presented cash for the fund and medicines for the hospital to Head of Township Health Department Dr Than Lwin. Next, the Secretary-1 and party cordially greeted those present.

They went to Tarmonye where they were welcomed by officials and local people.

The Secretary-1 and party inspected Tarmonye Station Hospital. In meeting with departmental officials and local people, Township Officer U Htin Kyaw reported on regional development, Headmaster U Tun Myint of BEHS on academic matters and national race leader U Myint Lwin on development and requirements.

The Secretary-1 then fulfilled the requirements and called for cooperation. He presented teaching aids and exercise books for Tarmonye BEHS and school uniforms for teachers to Headmaster U Tun Myint.

He also presented cash for the fund and medicines for the hospital and related documents of a fire engine for Tarmonye region to national race leader U Myint Lwin.

The Secretary-1 and the national race leader exchanged gifts. The Secretary-1 cordially greeted local national race leader and people.

They arrived in Namhkam at 3.15 pm. The Secretary-1 met departmental officials, members of USDA, social organizations and local people at Kyarbyu Hall.

Chairman of Namhkam Township Peace and Development Council Maj Aung Zaw Latt reported on agriculture, education, health conditions and requirements. Chairman of Muse District Peace and Development Council Lt-Col Soe Win gave a supplementary report.

Township Education Officer U Shwe Hmon and Head of District Health Department U Thein Tun reported on education and health matters.

The Secretary-1 fulfilled the requirements, saying that he has witnessed the regions in Shan State (North) have

enjoyed cumulative progress with prevalence of stability and peace and so has Namhkam. They have further attended to the needs of Namhkam Township in education, health and communication areas.

In conclusion, he called on those responsible to strive for speeding up the development momentum of the region possessing a bright future.

Next, the Secretary-1 presented pedagogical aids to the high school, school uniforms to the teachers, exercise books to the township and cash donations to the township people's hospital through the officials.

On arrival back at Muse Township, the Secretary-1 and party looked into the Hsinshweli high-yield paddy field in Paingkyang village and left necessary instructions to the officials.

They held a meeting with local authorities and departmental officials at Shweli Yadana Yeiktha in Muse. Muse District PDC Chairman Lt-Col Soe Win and officials reported on progress in the district's economic, education and health spheres. The Secretary-1 gave instructions to responsible persons.

The Secretary-1 and party arrived back Kutkai in the evening.

Accompanied by the commander, Brig-Gen Soe Oo of Hsenwi Station and officials, they went to Hsenwi on 6 July morning and inspected Hsenwi Township People's Hospital. The physicians conducted the Secretary-1 and party round the facility. The Secretary-1 gave instructions.

On arrival at Hsenwi BEHS, the Secretary-1 and party were welcomed by departmental officials and the schoolmistress, teachers and students.

They met local authorities, service personnel, members of the USDA and social organizations and local senior citizens. The chairman of Township PDC reported on economic, education, health and transport fields of the region. The Secretary-1 said that after inspecting the township people's hospital, they attended to the requirements of the township people's hospital and station hospital. The Secretary-1 pledged to fulfil the requirements of the region including installation of telephone lines. He elaborated on the State's future political programmes.

The Secretary-1 presented exercise books to the basic education schools, teaching and learning aids to the high school through township education officer Daw Nan Mya Lon and medical equipment to the township people's hospital through township health officer Dr Thin Thin Hlaing. The Secretary-1 cordially greeted those present.

The Secretary-1 and party looked into progress in building of Sanlaung Station Hospital in Hsenwi Town-

ship. They headed for the poppy-substitute crops cultivating and bees keeping project being undertaken by the North-East Command at Bonmon in Lashio Township. The commander reported on the project and Staff Officer Grade I (Quartermaster) Lt-Col Ne Lin Aung on implementation of the project and the benefits.

The Secretary-1 instructed the officials and inspected the project site.

Later in the morning, they met members of Shan State (North) PDC, departmental heads, local authorities, service personnel, members of USDA and social organizations, townselders and guests. Commander Maj-Gen Myint Hlaing reported on development conditions of the regions in Shan State (North). The Secretary-1 said that starting from 2 July, they made inspection tour of Nawngkhio, Kyaukme, Hsipaw, Namtu, Mongyai, Tangyan, Kunlon, Namhkam, Muse, Kutkai and Hsenwi townships. During their trip, they attended to the needs of the people.

The regions in the nation will enjoy equitable development through fulfilling the requirements and upgrading the facilities.

The government's correct leadership, efforts of those in charge and respective departmental officials and active participation of the people and social organizations resulted in all-round development of the nation.

The development is due to restoration of peace and tranquillity across the nation. After assumption of the State's duties, the government gave the top priority to community peace and tranquillity and prevalence of law and order as well as to national reconsolidation.

After peace and stability had been restored and national solidarity built, it placed on development projects, resulting in fruitful results of development the length and breadth of the nation. So, it can be said that in a short time the government has built firm economic, social and transport foundations necessary for the country, he said.

The government will put forward nation-building tasks in accord with the national aims in the interest of the nation and the people.

Afterwards, the Secretary-1 presented study aids to Lashio BEHS No 5 and Lashio BEHS No 2 that stood first and second in the pass rate in the 2003 academic year matriculation exam in Shan State level through respective principals. The Secretary-1 also presented exercise books to the basic education schools, school uniforms to the teachers, medical equipment and cash donations to Shan State People's Hospital.

After the meeting, the Secretary-1 cordially greeted those present. — MNA

Cash donation presentation ceremony for building of Yantaingaug Pagoda ...

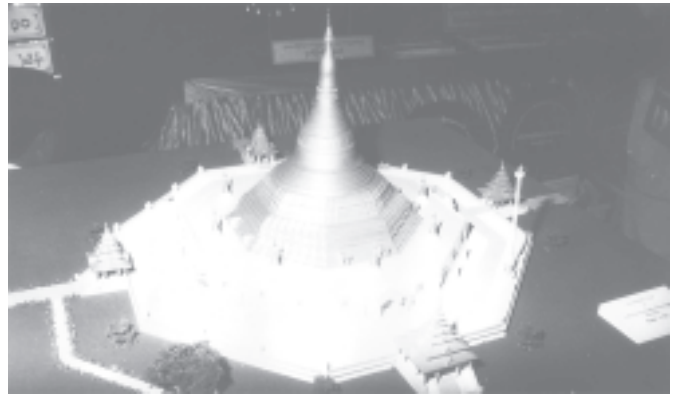
(from page 16)

Minister Brig-Gen Pyai Sone and wife Daw Aye Pyai Wai Khin presented K 300,000; Asia World Co Ltd K 10 million; Border Trade Merchants Association K 3 million; Directorate of Border Trade (Muse Branch) and Myanmar Agricultural Produce Trading K 300,000; Shan State (North) Union Solidarity and Development Association K 500,000 and U Michael Kyi Aung K 500,000 through the commander and the deputy ministers.

Presiding Sayadaw of the Mansupayaygi Monastery Agga Maha Gandhavacaka Pandita Bhaddanta Kondanā delivered a sermon and wellwishers shared the merits gained.

Deputy Commander Brig-Gen Hla Myint and Managing Director of Asia World Co Ltd U Tun Myint Naing reported to the Secretary-1 on financial statements, construction tasks and progress of work. After hearing the reports, Lt-Gen Soe Win gave necessary instructions.

Next, Lt-Gen Soe Win and party planted the Bo tree and Gangaw trees. The Secretary-1 and party inspected the construction work. — MNA



The scale model of Yantaingaug Pagoda. — MNA

Commander inspects agricultural undertakings, regional development tasks in Yangon South District

YANGON, 13 July — Yangon Division Peace and Development Council Chairman Yangon Command Commander Maj-Gen Myint Swe, accompanied by local authorities and departmental officials, inspected agricultural undertakings and regional development measures in Yangon South District this morning.

At the briefing hall of the greening project near Thetkala Village, Commander Maj-Gen Myint Swe heard reports on conditions of keeping lush and pleasant east 30-mile radius of Yangon International Airport; of supplying surplus water from Baingda, Kawliya, Bawni and Zaungtu Dams, which were constructed for supply of irrigation water for cultivation of summer paddy; of arrangements for supply of irrigation water by construction of Salu, Shwelaung and Wakatok dams; of storing fresh water by means of completed Tawa, Paingkyong, Shwehlay sluice gates and Kayan sluice gate under construction; of digging a ditch along Bago-Thanlyin motor road to supply water to Kayan and Thongwa townships; and of sown acreage to be extended after the completion of the project. Yangon South District Peace and Development Council Chairman Lt-Col Aung Pyae reported on progress of building canals for irrigating water for extending sown acreage of summer paddy in the two townships. Engineers also reported on conditions of roads and bridges in the district and measures taken for repair and maintenance. In response to the reports, Maj-Gen Myint Swe gave instructions for greening the 30-mile radius of Yangon International Airport and cultivating monsoon and summer paddy, beans & pulses, oil crops and vegetables. He said that the government is pouring a large sum of money into the tasks of supply of irrigation water for agricultural undertakings. Moreover, the government is also constructing sluice gates and canals to increase the sown acreage of summer paddy in the two townships, he said. He called for concerted efforts to maintain and repair roads and bridges in the district and strive for regional development. Next, he inspected ditches being dug with the use of heavy machinery on Kayan-Thanatpin road in Kayan township, and monsoon paddy fields on either sides of the road.

At the Kayan Township Peace and Development Council Office, the commander met with departmental personnel, those of social organizations and local farmers. He said when it comes to economic growth of the State, agriculture is top priority since Myanmar is an agro-based country. All are to work hard to put full acreage of monsoon paddy under cultivation in Yangon Division. Local farmers are to shift from single cropping to double cropping and then to mixed cropping, he said. The government employs various ways and means to irrigate sufficient water for cultivation of crops in all seasons.

Next, local authorities reported on cultivation of monsoon paddy; on arrangements for cultivation of summer paddy, beans and pulses and edible oil crops, on measures for regional development and on tasks to be carried out; and on measures for availability of safe drinking water. After hearing the reports, the commander fulfilled the requirements through coordination with departmental officials concerned.

The commander and party proceeded to Kayan People's Hospital, where he looked into renovation and extension of patients' wards and the operation theatre as well as the delivery room, and gave instructions on effective public health care and preventive measures. Later, the commander and party arrived at the 8,000-acre special zone undertaken by Myanma Agricultural Services near ApyogyiteU village in Kayan township. He inspected thriving okra plantations, monsoon paddy plantations, and

monsoon paddy nurseries of local farmers in the zone.

The commander and party next inspected the construction of Pagantaung Bridge on Kayan-Thongwa road. Later, the commander met with township-level departmental officials and members of social organizations at the meeting hall of the Thogwa Township Peace and Development Council Office. He urged all to make concerted efforts for surplus paddy, sufficient edible oil, and increased production of export quality beans and pulses as well as industrial crops. The commander also went to Thongwa 50-bed People's Hospital and inspected delivery room, patient wards, operation theatre, medicine store and X-ray room.

MNA

Announcement for Internet users

YANGON, 13 July—The Myanma Posts and Telecommunications today announced that the Proxy Server Address (203.81.65.23) being used by Internet users will be changed to Ygncsach.mpt.net.mm starting from 15-7-2004.—MNA



Minister for Information Brig-Gen Kyaw Hsan delivers an address at the closing ceremony. — MNA

Opium, stimulant tablets seized in Muse

YANGON, 13 July—A combined team comprising members of Local Intelligence Unit and Loilim Police Station, acting on information, on 24 April 2004, intercepted ten-wheel Nissan Truck (1Kha/4282) driven by Myint Thein, which was on its way from Panglong to Taunggyi, at the Loilim Bus Terminal and seized 120 packets of opium weighing 186.16 kilos concealed under maize and charcoal bags and opium weighing 0.016 kilo hidden at the front seat totaling 186.18 kilos.

Action was taken against Myint Thein, son of U Win Sein, of Phayapyu Ward, Taunggyi, under Section 15/19 (A) of Narcotic Drugs and Psychotropic Substances Law by Loilim Police Station.



Myint Thein, son of U Win Sein, of Phayapyu Ward, Taunggyi, seen together with seized opium. — MNA

Likewise, a combined team comprising members of Local Intelligence Unit and Muse Special Anti-Drug Squad, acting on information, on 14 April 2004, searched a vehicle (3Kha/4438) driven by Aik Way, which was on its way from 105 miles to Muse, at Asia World gate at the entrance to Muse and arrested Ah Hon and Ah Chint with 16,780 stimulant tablets in plastic bags. Action was taken against Aik Way, son of U Law San, of Monsi Village, Kutkai Township, Ah Hon, son of U Kyin Kyaung, of the same village and Ah Chint, son of U Hlyan Pya, of Naung Win Village, Kutkai Township under Section 15/19 (A)/ 21 of Narcotic Drugs and Psychotropic Substances Law by Muse Police Station.—MNA



Aik Way, Ah Hon and Ah Chint seen together with seized drugs. — MNA

Healthy eating and lifestyle

Dr Paing Soe (Department of Medical Research)

(Continued from yesterday)

Choose a diet low in fat, saturated fat, and cholesterol

Because fats contain slightly more than twice the kilocalorie of carbohydrates and proteins, they contribute to obesity and, thus, heart disease, diabetes, and some forms of cancer. In addition, large amount of saturated fats also increase the risk of heart disease by raising blood cholesterol levels. People should avoid consumption of too much fat, especially saturated fat and cholesterol. Saturated fats are present in high concentration in animal fat (cheese, butter, lard, red meat, ice cream etc except fish oil) and coconut and palm oil. Unsaturated fats are found in vegetable fats. Between polyunsaturated and monounsaturated fats, although both lower the blood cholesterol level by lowering LDL cholesterol (bad cholesterol) level, monounsaturated is better as it does not lower HDL cholesterol (good cholesterol). The good fats — found in foods like fish, olive oil, avocados and walnuts — actually improve cholesterol levels in blood and significantly reduce the risk of ischemic heart disease. As for the bad fats, there are two villains — saturated fats and trans fats — found primarily in processed foods, such as margarines, oil used for repeated cooking and many commercially baked or fried foods and in whole milk. Good fats should be substituted for bad fats. For all their benefits, foods containing good fats are high-calorie foods because of the oils they contain. Thus even good fats should be taken more only within the calorie requirement of a person.

- Lean meats, fish, poultry, and legumes (various beans and peas) can be substituted for fatty meats
- Fat meats should be trimmed
- Skin on poultry should not be taken
- Fat-free milk can be substituted for whole milk
- Whenever possible, water-packed instead of oil-packed canned foods should be used
- Foods should be baked, broiled, or boiled rather than fried
- Eggs, organ meats, butter, margarine, and cream can be used in moderation
- Avoid, using oil for more than two times for cooking, the habit of which content of trans fats

The following is the saturated fat percent of various fats we are taking:

N0	Type of Oil	% saturated fat
1	Coconut oil	92%
2	Butterfat	64%
3	Beef fat	52%
4	Palm oil	51%
5	Lard	41%
6	Chicken fat	31%
7	Peanut oil	18%
8	Soybean oil	15%
9	Olive oil	14%
10	Sunflower oil	9%
11	Canola oil	6%

Among the aforementioned fats, those which have low percent of saturated fats should be taken in appropriate quantity, while those which have high percent of saturated fats should be as less as possible.

Choose a diet moderate in sugar

Sugar serves as a preservative and thickener in jellies and jams and adds colour and flavour to numerous foods. However, foods in which it is commonly found, such as desserts and candies, tend to have few other nutrients except for fats. Thus, if one eats sugar-rich foods in place of other foods, total nutrient intake will be inadequate but the kilocalorie content will be high. In addition, sugar causes tooth decay.

Using added sugar in moderation (1 tablespoon daily can be safely included for all persons) and using processed foods low in sugar as fresh fruits or fruits canned without sugar or those in light syrup will allow for good health.

Choose a diet moderate in salt and sodium

Excessive amounts of sodium contribute to hypertension (Blood pressure 140/90 and above) which is known to increase the risk of coronary heart disease and stroke. It is recommended that little, if any, salt be added during cooking or at the table.

Fresh foods, vegetables, meats, and unprocessed grains are generally low in sodium. Most convenient foods contain added sodium compounds, and "fast foods" are often high in sodium. Consumption of salted potato chips, nuts, pickled foods and cured meats and cold cuts contain high salt content and intake of them should be limited.

Choose foods, which are fresh and safe

Foods that are not fresh usually do not contain much nutrient. Besides, foods that are not fresh tend to contain bacteria and their toxins.

To avoid foods that are:

- artificially highly coloured
- foods that are not covered properly or place in meat-safe
- foods rested by flies
- contaminated foods
- unpasteurized milk
- unboiled water from well, lake and tap
- unhygienic Myanmar salads, and
- cooked foods stored in room temperature for a long time.

If you drink alcohol beverages, do so in moderation

Alcoholic beverages tend to be high in kilocalories and low in nutrients. Heavy drinkers can lose their appetite, cirrhosis of liver, brain damage, and it can increase the risk of cancer of throat and neck. The use of alcohol by pregnant women can cause birth defects. One drink a day for woman and two for a man is considered moderate drinking.

PHYSICAL ACTIVITY

For better health, people of all ages should include a minimum of 30 minutes of physical activity of moderate intensity (such as brisk walking) for 4-5 days a week. It is sufficient for cardiovascular/metabolic health and will reduce the risk for above mentioned chronic diseases. If obesity is a central health goal, the recommendation of 60 minutes a day of moderate-intensity activity is considered appropriate. This activity should be supplemented with strength-developing exercises at least twice a week for adults in order to improve musculoskeletal health, maintain independence in performing the activities of daily life and reduce the risk of falling.

Daily activity can be accomplished in several short bouts. These recommendations apply to people who are otherwise sedentary. Some occupational activities involving physical activity equivalent to 3 to 3 1/2 miles walking and household chores involving physical activity equivalent to half to one hour walking constitute sufficient daily physical exercise and no extra physical activity is recommended for these sectors of population.

Recommendations for Healthy eating and lifestyle:

- Restricting the intake of sugar-sweetened soft drinks
- Instructing mothers to accept their child's ability to regulate energy intake rather than until the plate is empty (children must have body weight appropriate for their age and height)
- Promoting the intake of fruits and vegetables
- Restricting the intake of energy-dense, micronutrient poor foods (eg. Packaged snacks)
- Higher intake of low energy, high fibre foods (vegetables & fruits)
- A lower consumption of energy-dense (high-fat, high-sugars and high-starch) foods and energy dense (high free sugars) drinks
- A lower consumption of saturated fats, butter, cheese, dairy products, meat fat, skin fat, coconut and coconut oil
- To avoid taking of oil used for repeated cooking, canned foods which contain hydrogenated fats
- To use appropriate edible vegetable oils in small amounts, and to ensure regular intake of fish (one to two times per week)
- To restrict salt intake to less than 5 grams per day
- To consume fermented salted fish only in moderation
- To minimize exposure to aflatoxin in foods (dried chillies, beans and peas that are not fresh)
- To give preferences to food preparation practices that employ non-frying method
- Promoting an active lifestyle
- Limiting television and video viewing, computer

Efficient use of electricity

- * Use daylight as the main source of light
- * Use the least possible amount of electricity only if there is not enough natural light
- * Use the least possible amount of electricity required in production and service enterprises
- * Preventing waste of electricity benefits the user and others

There are about 500,000 households using electricity in Yangon. Thus, saving a four-foot fluorescent lamp everyday by each household amounts to saving power that is equal to the capacity a 20-megawatt power station can supply.

Efficient use of fuel

- * Saving one gallon of fuel per car per month will save the nation one US dollar
- * Thus, a total of 455,822 cars in Myanmar can save US\$ 5.5 million in a year
- * The amount, US \$ 5.5 million, can build a major bridge across Ayeyawady River

All this needs to be known

- * Do not be frightened whenever intimidated
- * Do not be bolstered whenever flattered
- * Do not be softened whenever appeased

Waso-robe offering ceremony of Thaton Association (Ygn) to be held

YANGON, 13 July — The Thaton Association (Yangon) will offer Waso robes to members of the Sangha at the Sirivela Pariyatti Sarthintak in the compound of Bagaya Monastery. The Waso-robe offering ceremony will be held in conjunction with a ceremony to pay homage to title-recipient sayadaws of Thaton and the aged persons.

The ceremonies will be held at Santisukha Dhammayon at Kohtatgyi Pagoda on Bagaya Road in Sangyoung Township here at 8.30 am on 25 July. All are invited to participate and those wishing to donate cash and kind are to contact Chairman U Saw Lwin (Tel: 510340), Secretary U Aung Myint Lwin (Tel: 572194) and EC members of the Association. — (H)

Thai delegation calls on UMFCCEI officials

YANGON, 12 July — The six-member delegation headed by Director of Ministry of Commerce Bureau of Trade Initiatives of Thailand Mr Nophadal Sarawasi called on Union of Myanmar Federation of Chambers of Commerce & Industry Vice-President U Aung Lwin, CEC members and executives at the UMFCCEI head office on Merchant Street here on 8 July morning.

They discussed matters relating to promotion of bilateral trade between the two countries. — MNA

game playing, and other sedentary lifestyles

- Encouraging physical activity of half to one hour per day of moderate-intensity activity on most of the days, particularly for people with sedentary lifestyle
- Prevention/treatment of overweight and obesity
- Maintaining optimal body weight
- Not to consume alcohol beverages more than 2 units per day

As prevention is better than cure, the author would like to encourage Myanmar people to practice healthy eating and lifestyle with appropriate physical activity so as to prevent from chronic diseases like obesity, hypertension, diabetes, cancer and most of all to live long healthily and free from disease.

(Concluded)

Mugabe calls for protection of country from aggression

HARARE, 13 July — Zimbabwean President Robert Mugabe on Sunday called on all members of the uniformed forces to protect their country from any acts of aggression.

He made the appeal while officiating at a prize giving ceremony for the 2004 President's Medal Shooting Competition held at the Cleveland Shooting Range in Harare.

"If circumstances should arise for the defence and protection of our sovereignty, it is the responsibility of all members of the uniformed forces to ensure that the nation is protected from any acts of aggression," he said.

Mugabe said events such as the Shooting Competition afforded members of the uniformed forces an opportunity to sharpen their skills in weapon handling.

He said Zimbabwe's foreign policy is aimed at achieving world peace and stability in all flash points across the globe.

He said that his country is capable of protecting its national independence and sovereignty at a time when

the unipolar world is failing to respect international laws and conventions.

"Zimbabwe is a sovereign state, which should continuously enjoy peace and stability," he said.

Mugabe said the members of the uniformed forces have a responsibility to prevent the abuse of weapons.

The illegal movement of firearms, which usually found their way into hands of seasoned criminals, is of major concern to peace loving citizens and undermined efforts to create a conducive business environment in the southern African region, he said.

The recent ratification of the Southern African Development Community Protocol on Firearms, Ammunition and other related materials by Parliament should come as a major setback to those unscrupulous elements peddling firearms in the region in general and the country at large, he said.

The competition began on June 24 and saw a large number of participants fall by the way side, leaving 24 finalists. — MNA/Xinhua

Poll shows New Zealand economic outlook rosier

WELLINGTON, 13 July — New Zealanders believe the economic outlook is getting rosier, according to the latest One News-Colmar Brunton poll.

The poll, of 1,000 voters, was released here on Monday. It showed 39 per cent were optimistic about the economic outlook, up 5 percentage points from last

month.

Numbers of those pessimistic about the outlook fell considerably, from 35 per cent last month to 28 per cent.

Approval of the government's performance also increased, up 2 percentage points to 47 per cent. Those who disapproved were also up, by one point to 39 per cent. — MNA/Xinhua

UAE bank gains big profit in first half of 2004

ABU DHABI, 13 July — First Gulf Bank (FGB) in the United Arab Emirates reported net profits of 27.81 million US dollars for the first half of 2004, 80 per cent higher than last year, the *Gulf News* daily reported on Sunday.

According to figures released by the FGB, its total assets grew to 2.26 billion dollars, up 15 per cent from last December.

The bank has set aggressive strategies and budgets for 2004 and the financial performance results are as per plan.

"The market is still full of opportunities and we will ensure that we maximize our

returns in this booming economy," Abdul Hamid Saeed, chief executive of the bank was quoted as saying.

The equity of the bank's shareholders rocketed to 437 million US dollars, growing 129 per cent compared with the same period last year.

Furthermore, customer deposits increased by 28 per cent to 1.74 billion dollars. Total loans and advances reached 1.66 billion US dollars, 46 per cent higher than last June.

Additionally, investments reached 382 million US dollars, tantamount to an increase of 32 per cent. — MNA/Xinhua

YUKOS offers Govt \$7.5b

Moscow, 13 July — Embattled Russian oil firm YUKOS has offered 7.5 billion US dollars to settle its tax arrears bill on condition it be given three years to pay. *Interfax* news agency quoted a senior YUKOS source as saying on Sunday.

Interfax said the firm's chief executive, Stephen Theede, made the proposal in a letter to the government on Thursday — a day after YUKOS missed a deadline to pay 3.4 billion US dollars in taxes and charges it owes for 2000.

YUKOS has been searching for a settlement with officials after saying demands for nearly seven billion US dollars in back taxes for 2000 and 2001 would drive it into bankruptcy.

Analysts expect this sum to grow to over 10 billion US dollars after audits of 2002 and 2003. *Interfax* said the eight billion US dollars settlement offer covered the whole period from 2000 to 2003.

Theede proposed paying three payments of 2.5 billion US dollars over three years, and offered to hand over as a deposit the firm's 35 per cent stake in smaller

rival Sibneft, which is worth around 4.7 billion US dollars, the report said.

And he asked officials to include in the settlement around 550 million US dollars owed to the company in VAT refunds on oil exports.

YUKOS Press secretary Alexander Shadrin said he could confirm a letter had been sent to the government on Thursday, but declined to comment on its contents.

YUKOS's main shareholder Khodorkovsky is on trial for tax evasion and fraud and faces 10 years in prison if convicted. His trial resumes on Monday.

His lawyer said last week he had offered to give up his 32 per cent stake in YUKOS in return for the company being given a longer timeframe to pay its back taxes. But his offer appears to have fallen on deaf ears.

Tax officials have a court order demanding immediate payment, and bailiffs can now move in and seize assets for a potential fire sale. The firm says it could have to halt operations if forced to pay straight away.

YUKOS produces around a fifth of Russia's crude oil. — MNA/Reuters

သတိပေးနိုးဆော်ချက်

ခရီးသည်တင်မော်တော်ယာဉ်များအား ဖြိုဖျက်သည့် နေ့/ည ခရီးသည်ပို့ဆောင်နိုင်ရေးအတွက် သတ်မှတ်ခေါက်ရေနံအညီ စက်သုံးဆီထုတ်ပေးထားပြီး ဖြစ်ပါသည်။ ယာဉ်စီးခများအားလည်း သတ်မှတ်နှုန်းထားများအတိုင်းတောင်းခံရန် ညွှန်ကြားထားရှိပါသည်။ သို့ရာတွင် အချို့ယာဉ်လိုင်းများမှ ယာဉ်မောင်းနှင့် ယာဉ်နောက်လိုက်တို့သည် ယာဉ်စီးခများကို ညပိုင်းတွင် ပိုမိုတောင်းယူနေကြောင်း သိရှိပါသည်။ ထိုသို့ပိုမိုတောင်းခံပါက ထိရောက်စွာ အရေးယူနိုင်ရန် အောက်ပါနံပါတ်များသို့ တိုင်ကြားနိုင်ပါသည်။

- (၁) မြန်မာနိုင်ငံရဲတပ်ဖွဲ့၊ ရန်ကုန်တိုင်း (ဖုန်း ၁၉၉)
- (၂) ကြုံမကြေးနန်းနှင့်ယာဉ်ထိန်းတပ်ဖွဲ့မှူးချုပ် (ဖုန်း ၂၅၁၂၈၄/၂၅၁၂၈၄)
- (၃) မော်တော်ယာဉ်လုပ်ငန်းပေါင်းစုံထိန်းသိမ်းရေးကော်မတီ (ဖုန်း ၅၄၁၉၀၅/၅၄၁၉၀၄)

ယာဉ်စည်းကမ်းထိန်းသိမ်းရေးကြီးကြပ်မှုကော်မတီ

အရက်ကြောင့်ဖြစ်သည့်ရောဂါများ

အရက်ကိုလွန်ကဲစွာသုံးစွဲလမ်းစွာသောက်သုံးခြင်းကြောင့် ဖြစ်ပွားတတ်သောရောဂါများမှာ အသုံးပြုရောင်းချခြင်း၊ အသုံးပြုခြင်း၊ သွေးအန်ခြင်း၊ အစာအိမ်ရောဂါဖြစ်ခြင်း၊ နှလုံးရောဂါ ဖြစ်ခြင်း၊ ဦးနှောက်နှင့်အာရုံကြောထိခိုက်ခြင်း၊ စိတ်ရောဂါများဖြစ်ခြင်း စသည်တို့ဖြစ်ပါသည်။

အရက်ကြောင့်ဖြစ်တတ်သော စိတ်ရောဂါများမှာ —
၁။ ကယောင်ကတမ်းဖြစ်ခြင်း (Delirium Tremors)၊ ကြောက်လန့်ခြင်း၊ အချိန်၊ နာရီ၊ နေရာ၊ လူ၊ ခန့်မှန်းနိုင်စွမ်း မရှိခြင်း၊ ကြောက်စရာလန့်စရာများမြင်ရခြင်း၊ အသံလေးများ ကြားရခြင်း၊ ပိုမိုများများနွှားကိုင်သလိုပင် စွဲစိတ်သွားသလိုခံစားရခြင်း၊ လက်တုန်ရောဂါဖြစ်တတ်ခြင်း။

၂။ အရက်အလွန်အကျွံသောက်သည့်အခါတွင် လူမရှိဘဲ နားထဲတွင် ခေါ်သံများ၊ ခြိမ်းခြောက်သံများ၊ စော်ကားမော်ကားသံများ ကြားနေရတတ်ခြင်း (Alcoholic Hallucinations)၊

၃။ အတက်ကြွခြင်းရောဂါဖြစ်တတ်ခြင်း (Rum Fits) (ဝက်ရူးပြန်ရောဂါကဲ့သို့တတ်ခြင်း)။

၄။ စိတ်ဓာတ်ကျရောဂါဖြစ်တတ်ခြင်း (Depressive Illness)၊

၅။ စိတ်ဖောက်ပြန်ခြင်း (Alcoholic Psychosis)၊

၆။ ဦးနှောက်ချို့ယွင်းခြင်း။

၇။ အရက်နှင့်မတည့်သောသူများသည် အရက်အနည်းငယ်သောက်ရုံဖြင့် ရုတ်တရက် စိတ်ဖောက်ပြန်တတ်ခြင်း (Pathological Drunkenness)၊

၈။ မိမိ၏ဇနီးကို အထင်အမြင်လွဲမှားခြင်းများ ဖြစ်တတ်ခြင်း (Morbid Jealousy)၊

၉။ အရက်ကြောင့် ရာဇဝတ်မှုကျူးလွန်သည့်အထိ ဖြစ်နိုင်ခြင်း။
အထက်ပါဆိုကျိုးများကို မခံစားရစေရန် အရက်သောက်သုံးခြင်း၊ အထူးသဖြင့် အလွန်အကျွံသောက်သုံးခြင်း၊ အရက်ကို စွဲလမ်းစွာသောက်သုံးခြင်းတို့မှ ရှောင်ကြဉ်ရန် တိုက်တွန်းအပ်ပါသည်။ အရက်စွဲရောဂါဖြစ်ပွားပါက စိတ်ကျန်းမာရေးဆေးရုံနှင့် ကုသရေးဌာနများတွင် စနစ်တကျကုသမှုခံယူရန် အသိပေးနိုးဆော်အပ်ပါသည်။

ကျန်းမာရေးဝန်ကြီးဌာန

Zambia gets \$254m grant to fight "AIDS"

LUSAKA, 13 July — The Global Fund against AIDS, Tuberculosis and Malaria has approved a grant of 254 million US dollars to Zambia to help the southern African country fight AIDS, local newspaper *The Post* reported Monday. Richard Feachem, executive director of the Geneva-based organization, said distribution of the fund will start as soon as the agreement is signed.

The Global Fund has also approved a 43-million-dollar grant to finance malaria control in Zambia.

Feachem praised Zambia as a "star performer" in terms of administration of Global Fund resources. The

country has so far got five grants from the Global Fund.

With a population of about 11 million, Zambia has seen its HIV/AIDS infection rate dropping remarkably from 26 per cent to 16 per cent over recent years. Feachem said the new grant will be a major boost for Zambia in its fight against HIV/AIDS.

He also disclosed that Global Fund has a shortfall of about 100 million dollars of its 1.65 billion dollars budget for 2004. The fund will need about 3.5 billion dollars to cater for its programmes in various countries in 2005.

MNA/Xinhua

တိဘီရောဂါကာကွယ်နှိမ်နင်းရေး

(က) ရောဂါဖြစ်ပွားကူးစက်ပုံ

ဤရောဂါသည်တိဘီရိုးကြောင့်ဖြစ်သော ကူးစက်ရောဂါဖြစ်သည်။ ဝေဒနာရှင် ချောင်းဆိုးခြင်း၊ နှာဆူခြင်း၊ သလိပ်ဝတ်တို့မှတစ်ဆင့် ရောဂါပိုးများ လေထဲတွင် ပျံ့နှံ့၍ ကူးစက်သည်။

- အသက်အရွယ်မရွေး လူတိုင်းတွင် ဖြစ်ပွားနိုင်သည်။
- အဆုတ်တွင်အများဆုံးဖြစ်ပွားပြီး ကိုယ်ခန္ဓာအနံ့အပြားတွင်လည်း ဖြစ်နိုင်သည်။
- ဆီးချိုရောဂါ၊ ခုခံအားကျဆင်းမှု၊ ကူးစက်ရောဂါနှင့် အာဟာရ ချို့တဲ့မှုရှိသူများတွင် အဖြစ်များသည်။

(ခ) ရောဂါလက္ခဏာများ

- ရုတ်တရက်ချောင်းဆိုးခြင်း (ရုတ်သတ္တပတ် (၃) ပတ်နှင့်အထက်)။
- ချောင်းဆိုးသွေးပါခြင်း။
- သလိပ်ဝတ် သွေးပါခြင်း။
- အဖျားတာရှည်ခြင်း။
- ခံတွင်းပျက်ခြင်း၊ မောပန်းလွယ်ခြင်း။
- ကိုယ်အလေးချိန်လျော့နည်း ပိန်ချိုခြင်း။
- ကျောရင်အောင့်ခြင်း။

(ဂ) ကြိုတင်ကာကွယ်ခြင်း

- ရင်သွေးငယ်များအား ကာကွယ်ဆေး(တီဘီဂျီ) ကို မပျက်မကွက်တိုင်းပေးပါ။
- အာဟာရပြည့်ဝသော အစားအစာများကို စားသုံးပါ။
- သင့်တင့်လျောက်ပတ်သောကိုယ်လက်လှုပ်ရှားမှုပြုလုပ်ပါ။
- ချောင်းဆိုးခြင်း၊ နှာဆူလျှင် လက်ကိုင်းပုဝါကို အသုံးပြုပါ။
- သလိပ်နှင့်တကွ ကိုစည်းကမ်းမဲ့ထွေးခြင်းမှရှောင်ကြဉ်ပါ။
- ဆေးလိပ်သောက်ခြင်းမှ ရှောင်ကြဉ်ပါ။

(ဃ) ကုသမှုခံယူခြင်း

- တိုက်ရိုက်ကြည့်ရှုအချိန်တိုနှင့်ကုသခြင်းဖြင့် ရောဂါကင်းသည်အထိ ကုသမှု ခံယူပါ။
- ကုသမှုခံယူခြင်းသည်အခြားသူများသို့ ကူးစက်စေခြင်းမှ အကောင်အထည်ကာကွယ်ခြင်း ဖြစ်သည်။

တိဘီရောဂါသံသယရှိလျှင် နီးစပ်ရာကျန်းမာရေးဌာနတွင် စစ်ဆေး၍ တိဘီရောဂါရှိပါက အစွမ်းထက်သော တီဘီဆေးဝါးများဖြင့် အခမဲ့ကုသမှုခံယူပါ။

ကျန်းမာရေးဝန်ကြီးဌာန

အိမ်တိုင်းမှာသစ်ပင် ရွာစဉ်မှာတောတန်း

တစ်တောင် တစ်တောင်တက်

မြို့တက်မယ့်လမ်း။

TRADE MARK CAUTION NOTICE
NIPPON OIL CORPORATION, a company organized under the laws of JAPAN, and having its principal office at 3-12, Nishishimbashi 1-chome, Minato-ku, Tokyo, Japan is the owner and sole proprietor of the following Trade Marks:-

ENEOS

Reg. Nos. 4/6211/2003 for Class 39, 4/6219/2003 for Class 21, 4/6220/2003 for Class 36, 4/6222/2003 for Class 12, 4/6224/2003 for Class 42, 4/6227/2003 for Class 3, 4/6228/2003 for Class 1, 4/6229/2003 for Class 7, 4/6230/2003 for Class 9, 4/6237/2003 for Class 11



Reg. Nos. 4/6218/2003 for Class 3, 4/6223/2003 for Class 11, 4/6225/2003 for Class 12, 4/6226/2003 for Class 21, 4/6231/2003 for Class 9, 4/6232/2003 for Class 1, 4/6233/2003 for Class 36, 4/6234/2003 for Class 7, 4/6235/2003 for Class 42, 4/6236/2003 for Class 39.

Used in respect of:-
Chemicals used in industry, science and photography, as well as in agriculture, horticulture and forestry; unprocessed artificial resins, unprocessed plastics; manures; fire extinguishing compositions; tempering and soldering preparations; chemical substances for preserving foodstuffs; tanning substances; adhesives used in industry (International Class 1). Bleaching preparations and other substances for laundry use; cleaning, polishing, scouring and abrasive preparations; soaps; perfumery, essential oils, cosmetics, hair lotions; dentifrices (International Class 3).

Machines and machine tools; motors (except for land vehicles); machine coupling and belting (except for land vehicles); agricultural implements; incubators for eggs (International Class 7).

Scientific, nautical, surveying, electric, photographic, cinematographic, optical, weighing, measuring, signaling, checking (supervision), life-saving and teaching apparatus and instruments; apparatus for recording, transmission or reproduction of sound or images; magnetic data carriers, recording discs; automatic vending machines and mechanism for coin-operated apparatus; cash registers, calculating machines, data processing equipment and computers; fire-extinguishing apparatus (International Class 9).

Apparatus for lighting, heating, steam generating, cooking refrigerating, drying, ventilating, water supply and sanitary purposes (International Class 11).
Vehicles; apparatus for locomotion by land, air or water (International Class 12).
Household or kitchen utensils and containers (not of precious metal or coated therewith); combs and sponges; brushes (except paint brushes); brush-making materials; articles for cleaning purposes; steelwool; unworked or semi-worked glass (except glass used in building); glassware, porcelain and earthenware not included in other classes (International Class 21).

Insurance and financial (International Class 36).
Transportation and storage (International Class 39).
Miscellaneous (International Class 42).

Any unauthorized use, imitation, infringements or fraudulent intentions of the above marks will be dealt with according to law.

TIN OHNMAR TUN
B.A. (LAW) LL.B. LL.M (UK)
P.O. Box 109, Ph: 248108/723043
(For: Domnenn Somgiat & Boonma, Attorneys at Law, Thailand.)
Dated: 14 July 2004

ပြည်ထောင်စုပြန်ဟန်နိုင်ငံတော်
ရန်ကုန်မြို့တော်စည်ပင်သာယာရေးကော်မတီ
ပစ္စည်းဝယ်ယူရောင်းချရေးအဖွဲ့

ရက်စွဲ၊ ၂၀၀၄ ခုနှစ် ဇူလိုင်လ ၁ ရက်

ချိတ်ပိတ်ရေးနှုန်းလွှာခေါ်ယူခြင်း

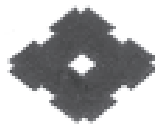
ရန်ကုန်မြို့တော်စည်ပင်သာယာရေးကော်မတီ၏ လုပ်ငန်းသုံးအတွက် လမ်းခရီးကုန်စည် (၂၀၀၀) ကို ပုံနှိပ်ခြင်း 3-Ply Poly bag ပြင်ဆင်စေ ကော်မတီ၏ သို့လျှောက်ထားရန် ကျွန်ုပ်တို့ ချိတ်ပိတ်ရေးနှုန်းလွှာများ ပြတ်ပေါ်ပါသည်။

ရောင်းချမှုအတွက်ရက်စွဲ ၂၄-၇-၂၀၀၄ ရက်နေ့ (၁၆၀၀)ခန့်ရှိပြီဖြစ်ပြီး ရောင်းချမှုအတွက်ရက်စွဲ ၂၄-၇-၂၀၀၄ ရက်နေ့ (၁၆၀၀)ခန့်ရှိပြီဖြစ်ပြီး ဘဏ္ဍာရေးဝန်ကြီးဌာနမှ ပစ္စည်းဝယ်ယူရေး ဌာနတွင် ဝယ်ယူနိုင်ပါသည်။

အသေးစိတ်အချက်အလက်များကို မှီရပ်ကမ်း - ၂၀၂၄၇၇ ၂၄၈၁၂ လိုင်ဆွဲ(၂၄၇)တို့သို့ ဆက်သွယ်မေးမြန်း နိုင်ပါသည်။

ပစ္စည်းဝယ်ယူရောင်းချရေးအဖွဲ့

TRADEMARK CAUTION
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The said trademark is used in respect of the description of goods following, that is to say:-

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Their Firm is Solicitor & Advocate
MYANMAR TRADEMARK AND PATENT LAW FIRM
E-mail: mtplaw@netmail.net.mm
Tel: 254637 G.P.O. Box 988
Yangon. 14 July 2004

ရန်ကုန်စီးပွားရေးတက္ကသိုလ်
ညနေပိုင်းမဟာဘွဲ့ (Executive Level)

သင်တန်းများဝင်ခွင့်လျှောက်လွှာခေါ်ယူခြင်း

၁။ ရန်ကုန်စီးပွားရေးတက္ကသိုလ်၏ ၂၀၀၄-၂၀၀၅ ပညာသင်နှစ် အတွက် ၂၀၀၄ခုနှစ်၊ စက်တင်ဘာလတွင် စတင်ပို့ချမည့် အောက်ပါ မဟာဘွဲ့ (Executive Level) သင်တန်းများသို့ ဝင်ခွင့် လျှောက်ထား နိုင်ပါသည်။

(က) စီးပွားရေးလုပ်ငန်းစီမံခန့်ခွဲမှုမဟာဘွဲ့ (MBA-EVENING) (ညနေပိုင်း) အမှတ်စဉ်(၃)

(ခ) ပြည်သူ့ရေးရာစီမံခန့်ခွဲမှုမဟာဘွဲ့ (MPA-EVENING) (ညနေပိုင်း) အမှတ်စဉ်(၃)

(ဂ) ဖွံ့ဖြိုးရေးပညာ မဟာဘွဲ့ (MDEV-S-EVENING) (ညနေပိုင်း) အမှတ်စဉ်(၂)၊ အဆိုပါမဟာဘွဲ့ (Executive Level) သင်တန်းများအတွက် အောက်ပါအရည်အချင်းများနှင့် ကိုက်ညီသူများ လျှောက်ထားနိုင်ပါသည်။

(က) အသံအမှတ်ပြုတက္ကသိုလ်တစ်ခုခု သို့ ဖွဲ့စည်းပုံမရှိသူများ

(ခ) အစိုးရဝန်ထမ်းဖြစ်သူ ဖြစ်သူနှင့် အမှုဆောင်အရာရှိလုပ်သက် (၈) နှစ်ရှိရမည်။

(ဂ) ကုမ္ပဏီဝန်ထမ်းဖြစ်သူနှင့် Executive Level လုပ်သက် (၈) နှစ်ရှိရမည်။

(ဃ) ၁-၆-၂၀၀၄ ရက်နေ့တွင် အသက် (၃၀) ပြည့်လျှင် ဖြစ်ရမည်။

(င) တက္ကသိုလ်တစ်ခုခုတွင် အခြားသင်တန်းတက်ရောက်နေသူ မဖြစ်စေရ။

၂။ သက်ဆိုင်ရာ သင်ရိုးနှင့်ညီညွတ်သည့် သတ်မှတ်ထားသော အချိန်အတိုင်း ပြည့်မီမှု တက်ရောက်နိုင်ရမည်။

၃။ သတ်မှတ်လျှောက်လွှာပုံစံနှင့် သင်တန်းဆိုင်ရာ စာရွက်စာတမ်းများကို အမိတ်အသုံးပြု (ညနေပိုင်း) သင်တန်းအတွက် ရန်ကုန်စီးပွားရေးတက္ကသိုလ် (လိုင်နယ်ရုံး)၊ စီမံခန့်ခွဲမှုဌာနမှ အမိတ်အသုံးပြု (ညနေပိုင်း) သင်တန်းအတွက် ရန်ကုန်စီးပွားရေးတက္ကသိုလ် (ကမာရွတ်)၊ အသုံးပြုအောင်ပေးဌာန (အခန်း-၁၁၂)၊ ဖွံ့ဖြိုးမှုဌာနမဟာဘွဲ့ (ညနေပိုင်း) သင်တန်းအတွက် ရန်ကုန်စီးပွားရေးတက္ကသိုလ် (ကမာရွတ်)၊ အောင်ပေးဌာန (အခန်း-၁၀၆) တို့တွင် ၁၅-၇-၂၀၀၄ ရက် (ကြာသပတေးနေ့) မှစ၍ ဝယ်ယူနိုင်ပါသည်။

၄။ ဝင်ခွင့်စာမေးပွဲအတွက်လျှောက်လွှာများကို ၆-၈-၂၀၀၄ ရက် (သောကြာနေ့) နောက်ဆုံးထား၍ အဆိုပါဌာနမှ ပြုစု လာရောက်လျှောက်ထားနိုင်ပါသည်။

နောက်ကျရောက်ရှိလာသော လျှောက်လွှာများကို လုံးဝလက်ခံမည်မဟုတ်ပါ။

၅။ ဝင်ခွင့်ရရှိရေးစာမေးပွဲကို ၁၄-၈-၂၀၀၄ ရက် (ဇန်နဝါရီ) တွင် ကျင်းပပါမည်။

၆။ သင်တန်းနှင့်ပတ်သက်၍ မှီရပ်ကမ်း၊ မိမိကုမ္ပဏီ၊ မိမိလုပ်ငန်း၊ မိမိလုပ်ငန်း၊ မိမိလုပ်ငန်း တို့တွင် ၅၂၄၄၄၅၊ ၅၂၄၄၄၆ တို့တွင် စုံစမ်းနိုင်ပါသည်။

တင်ဆောင်(မော်ကွန်းထိန်းအဆင့်-၁)၊ ရန်ကုန်စီးပွားရေးတက္ကသိုလ်။

Drive with care

(၇) (၈) (၉) (၁၀) စာသင်သားများအတွက် သင်ရိုးညွှန်းတမ်းနှင့်ညီညွတ် အက်လ်စာ သင်ခန်းစာများပါရှိပါသည်။

JUNIOR LEADER

အတွဲ (၆) အမှတ် (၁၆) ဖြန့်ချိလိုက်ပါပြီ

သတင်းနှင့်စာမေးပွဲစာအုပ်များအားစာမေးပွဲစာအုပ်ဆိုင်ခွင့်သတင်းစာ ကိုယ်စားလှယ်များထံတွင် လက်လီဝယ်ယူနိုင်ပါသည်။

The New Light of Myanmar

အင်္ဂလိပ်စာ တိုးတက်လေ့လာရေး၊ ဂျူနီယာလီဒါကို စတ်ကြသည့်။

Read Junior Leader to improve your English.

CLAIMS DAY NOTICE
MV YANGON STAR VOY NO (356)

Consignees of cargo carried on MV YANGON STAR Voy No (356) are hereby notified that the vessel will be arriving on 14-7-2004 and cargo will be discharged into the premises of M.I.T.T where it will lie at the consignee's risk and expenses and subject to the byelaws and conditions of the Port of Yangon.

Damaged cargo will be surveyed daily from 8 am to 11.20 am and 12 noon to 4 pm up to Claims Day now declared as the third day after final discharge of cargo from the vessel.

No claims against this vessel will be admitted after the Claims Day.

SHIPPING AGENCY DEPARTMENT
MYANMA PORT AUTHORITY
AGENT FOR: M/S EAGLE CORPORATION
Phone : 256908/378316/376797

China's elk population rises to 706

LANZHOU, 13 July — China has the world's largest population of elks, as its total number of the large, gregarious deer with curved antlers has risen to 706 from the 39 reported in 1986, according to

sources attending an international symposium on the protection of global peatland resources. Of all the 706 elks, about 30 per cent of the world's total, 41 are living in the wild, according to Ding Yuhua, a

researcher with the national nature reserve for elks in Dafeng County, eastern Jiangsu Province. "They're all doing very well and very healthy — sturdier than their peers bred in captivity at the re-

serve," Ding told the symposium, which was held in Lanzhou, capital of the northwestern Gansu Province, last week. "They enter estrus regularly and have given live births."

MNA/Xinhua

ပညာရေးနှင့် ခေတ်မီဖွံ့ဖြိုးတိုးတက်သော နိုင်ငံတော်ကြီး တည်ဆောက်အံ့

Scientists call for better management of global peatland

LANZHOU, 13 July — Worldwide scientists should work together to set up an effective management system for the protection and reclamation of peatland, environmental scientists say.

Over 100 officials and wetland scientists from nine countries — including China, Russia, Britain and Holland — attended an international symposium on the protection of peatland last week in Lanzhou City, capital of the north-western Gansu Province.

The experts agreed that to protect the valuable peatland resources is not a regional issue, but demands full participation by the entire world. "It's essential to map out plans and policies at national level and eventually build up an effective management system for the protection of global peatlands," said Faizal Parish, a scientist with the Global Environmental Centre.

Peatland — a unique wetland resource that boasts biodiversity but takes 10 years to form a layer just one centimetre thick — covers about 5-8 per cent of the Earth's surface, or 500 million hectares. About five million hectares are used as sources of fuel and gardening materials while 30 million hectares serve the forestry and agriculture sectors. A major habitat for many endangered animal and plant species, peatland stores 20 per cent of the world's fresh water

and 30 per cent of its carbon, and it plays a vital role in regulating global climate.

Experts say the world's peatland was secure until the 20th Century. But excessive exploitation and increasing demands for land from energy and agriculture sectors have caused peat bogs a Western Europe, for example, has reportedly lost more than 90 per cent of its peatland.

Drainage of swamps remains a major threat for worldwide peatland. Experts say that once peatland is exhausted of water, its carbon reserve would be lost in the form of carbon dioxide, damaging its effectiveness in regulating global climate. Environmentalists say that this would escalate the greenhouse effect and, in the worse cases, cause fire.

Experts say that enhanced cooperation among the international community would contribute to the preservation and rational exploitation of the shrinking peatland resources.

The conference ended with a joint declaration calling on the international community to take emergency measures to protect this special land resource.

MNA/Reuters

Zoellick says many issues to resolve for trade deal

PARIS, 13 July — US Trade Representative Robert Zoellick said on Sunday he and officials from four other key trading powers had made progress towards an end-July deadline for an outline accord on global trade although many problems remained.

"There is some convergence on various points, at the same time I would caution that there is still a considerable way to go," he told a news conference after two days of talks in Paris.

"There are many issues to resolve but not much time to do so," he added.

Top trade officials from the United States, European Union, Brazil, India and Australia had met over the weekend to try and drive the negotiations forward.

The World Trade Organization (WTO) has set the end of July as a deadline to agree the outlines of a trade deal, aimed at being half way on the road to a full accord on liberalizing global commerce in agriculture, services and industrial goods.

MNA/Reuters

Thai doctors urge to leave drugs out of US trade pact

BANGKOK, 13 July — Medicines should be left out of a planned US-Thai free trade pact, or the prices of patented drugs will go through the roof and threaten the lives of HIV/AIDS sufferers, Thai doctors said on Monday.

Generic first-line anti-retroviral drugs produced in Thailand are now both widely available and affordable to many Thais. But when patients develop resistance to them, many will no longer be able to afford second- or higher-tier drugs because their patents would be extended for another five years or more under the pact, doctors and activists said.

"Manufacturers with drugs under patent in Thailand now monopolize the market and prices are 10 times more expensive than generic drugs," said Jiraporn Limpananont, associate professor of pharmaceutical sciences at the Chulalongkorn University. — MNA/Reuters

IDG to invest \$520m in Vietnam

HANOI, 13 July — The International Data Group (IDG), a global information technology giant, will pour venture investment of 520 million US dollars into the country in the next 20 years.

Of the amount, 30 per cent will go to telecommunication services, 25 per cent to software development, 20 per cent to e-commerce, 15 per cent to biotechnology, and the rest to production of new materials and electronic products, IDG Vietnam told Xinhua on Monday.

MNA/Xinhua



The pack and the sunflowers : Cyclist ride past a field of sunflowers during the sixth stage of the 91st Tour de France cycling race between Bonneval and Angers. — INTERNET

HIV/AIDS impact on labour force has macroeconomic effect

GENEVA, 13 July — HIV/AIDS has huge impact on the labour force and the impact is measurable in macroeconomic and social terms, says the International Labour Organization in a report published on Sunday.

As to macroeconomy, in countries where the impact was measurable between 1992-2002, the rate of growth of the gross domestic product (GDP) was lower by 0.2 percent per year and the rate of growth of GDP per capita was lower by 0.1 percent per year, says the report, the first global analysis of HIV/AIDS impact on the world of work.

The report also notes that HIV/AIDS will have a multiple impact on women in the countries most affected by the epidemic, since their work time will be displaced by the fact that they are primary caregivers whether they work productively inside or outside the home.

In addition, young women are now showing the largest increases in HIV-prevalence rates, says the report. What is more, where women are responsible for subsistence farming (across most of Africa), the burden

of caring for family members ill with AIDS, the demand to earn income to replace the lost income of the person living with AIDS, and the burden of care for other family members, notably young children and older persons, may displace available time for farming, which jeopardizes their capacity for providing food to the household, and the well-being of all household members.

The report says the impact of HIV/AIDS will be especially severe in the educational and health sectors, where the proportion of educators and health care providers dying of HIV/AIDS may reach as high as 40 per cent by 2010.

In rural areas of the most affected countries, HIV/AIDS is worsening the economic situation of impoverished rural households, exhausting the ability of rural communities to withstand shocks, and seriously aggra-

vating existing food insecurity, the report added.

Children will suffer from a lack of parental care and guidance, or find themselves forced to abandon schooling and seek work that not only threatens their physical well being but will deprive them of education, skills and training, thus threatening the goals of eliminating child labour and promoting sustainable development, it says.

According to the new ILO report, an estimated 36.5 million people of working age have HIV and by next year the global labour force will have lost as many as 28 million workers due to AIDS since the start of the epidemic.

The report, prepared on the basis of newly developed demographic and epidemiological data from the United Nations and other sources, will be presented at the 15th International Conference on AIDS in Bangkok, Thailand, on 11-16 July. — MNA/Xinhua

Flooding forces millions from homes in India

GUWAHATI, 13 July — The worst monsoon flooding in years has forced more than two million people from their homes in northeastern India, officials said on Monday. Floodwaters have swept away thousands of bamboo and straw homes, as well as power lines and more than two dozen small dams. "We are experiencing the worst ever flooding this time in recent years," Tarun Gogoi, Assam State Chief Minister told Reuters.

At least six Air Force helicopters have been deployed to rescue marooned people, most of them women and children trapped on rooftops. Landslides caused by the heavy rains in mountainous Arunachal Pradesh State have blocked roads and washed away bridges.

The local weather office says heavy rains are expected to continue in the northeast for at least another day.

MNA/Reuters

India's population to overtake China's by 2035

NEW DELHI, 13 July — India's population stands at over one billion and by 2035 it will overtake China as the world's most populous nation if present trends continue, India's Census Office said. The final count released to mark World Population Day on Sunday said India's population stood at 1.029 billion on 1 March, 2001.

India added 182 million people between 1991 to 2001 which is more than the estimated population of Brazil, officials said on the basis of a final tally of the 2001 census. By 2035, the population will touch 1.46 billion outstripping China, local media quoted top census official JK Banthia as saying.

The population of the northern state of Uttar Pradesh was 166 million, more than the population of Pakistan, he said. — MNA/Reuters

Georgian President vows to repel aggression

MOSCOW, 13 July — Georgian President Mikhail Saakashvili said in Georgian capital of Tbilisi on Saturday that Georgia will repel any "aggression" that might threaten his country.

Saakashvili was addressing military graduates amid fresh clashes in South Ossetia, a region that broke away from Georgia at the end of the Soviet rule. Four Georgian soldiers and one Ossetian were injured in the recent conflict.

"Should there be any aggression from outside, we will meet it with aggression," Saakashvili told the graduates.

Saakashvili said Georgians would fight for peace and do everything possible so that not a single drop of blood will be spilled.

He said Moscow was being drawn toward a conflict that would pit Georgia directly against Russia. He called for efforts to ensure no such thing would occur.

Russia, accused by Georgia of abetting the separatists, urged Saakashvili's Administration and the region's leaders to halt all armed incidents and hold new round of talks.

MNA/Xinhua

SPORTS

Gaudio faces Zabaleta in all-Argentine final

BASTAD (Sweden), 12 July—French Open champion Gaston Gaudio gave Swedish teenager Robin Soderling a claycourt lesson on Sunday, winning 6-4, 6-2 to reach the Swedish Open final.

Argentine Gaudio will face compatriot and defending champion Mariano Zabaleta, who continued his good run at the tournament with a convincing 6-1, 6-4 win over Chilean sixth seed Fernando Gonzalez.

The final will be on Monday because of rain delays. Play was washed out on Saturday and the start of the semifinals was delayed on Sunday.

The weather worked to Gaudio's advantage as it slowed down the court considerably.

Soderling, who is not a natural claycourt player, lost his patience in the second set and made too many mistakes to threaten the Argentine.

Gaudio broke the Swedish wildcard in the seventh game of the first set and then held on to serve to clinch it.

The 25-year-old from Buenos Aires grabbed a double break in the next set for a 4-0 lead and held serve to clinch the match.

His opponent in the final, Zabaleta, should hold no surprises for Gaudio as the pair grew up together.

MNA/Reuters

Aaron Piersol bettered his own 200m backstroke world record with a time of 1min 54.74sec, relegating Michael Phelps web to second place at the US Olympic swimming trials.

INTERNET

**Federer claims Swiss Open**

GSTAAD (Switzerland), 12 July — Wimbledon champion Roger Federer claimed his second title in a week as he lifted the Swiss Open with a 6-2, 6-3, 5-7, 6-3 victory over Igor Andrejev on Sunday.

Swiss Federer, who retained his Wimbledon title last Sunday with victory over American Andy Roddick, was made to work hard for the win in Gstaad by the dogged

Russian.

It was Federer's first success in front of his home fans in Switzerland.

World number one Federer was beaten in last year's final by the Czech Republic's Jiri Novak and had been defeated in the final of the Swiss Indoors in his home town Basel in 2000 and 2001.

MNA/Reuters

Eriksson eyes future coaching role in Sweden

BASTAD (Sweden), 12 July—England coach Sven-Goran Eriksson has expressed interest in coaching his native Sweden in the future, the Swedish daily Aftonbladet reported on Sunday.

Speaking at a leadership seminar in Bastad in the south of Sweden, Eriksson was asked if he would like to coach Sweden.

"Yes I would," he replied. "But before that I'd like to go back to club football."

"I am enjoying myself in England and Tommy Soderberg just quit (as Sweden coach), so they probably won't change coach for a while," Aftonbladet quoted Eriksson as saying.

Sweden, who lost to the Netherlands in the Euro 2004 quarterfinals, are coached by Lars Lagerback, whose co-coach in Portugal, Soderberg, has since taken charge of the

Swedish Under-21 side. Eriksson's contract with England expires in 2008.

The Swede took charge in February 2001, since when England have lost only three competitive matches — a 2-1 quarterfinal defeat by Brazil at the 2002 World Cup, a 2-1 Euro 2004 Group B loss to France and a penalty shootout defeat by Portugal in the Euro 2004 quarterfinals.

"Now I'm looking forward to the World Cup qualifiers and our making it to the (2006) World Cup," said Eriksson. "Then we shall win the final there (in Germany)."

MNA/Reuters

Levet's storming finish earns Scottish Open title

LOCH LOMOND (Scotland), 12 July—Frenchman Thomas Levet fired a closing 63 to come from seven strokes behind to win the Scottish Open by a shot on Sunday.

Levet, the third French winner in the last four European Tour events, finished on 15-under-par 269 to pip New Zealand's Michael Campbell.

World number two Ernie Els, who beat Levet in a sudden-death shootout for the 2002 British Open title, made a brave defence of his Loch Lomond crown.

The South African, who closed with a 68, finished tied third with Briton David Howell, two strokes behind the winner.

Levet's eight-under round, one off the course record, also sealed a British Open spot next week at Royal Troon.

An exhilarating back nine, which he covered in six-under-par 29 by running in an eagle and four birdies, helped Levet better the European Tour catch-up record for the season by a stroke as he went past struggling overnight joint leaders Marcus Fraser of

Australia and Frenchman Gregory Havret.

As Levet went on his fine run on the back nine, Campbell stayed alongside before throwing in bogeys on 14 and 15, but it was the missed putt at the last which eventually ended his hopes of a seventh title.

Els said his strong finish to the week had put him in an upbeat mood before the British Open.

Havret and Fraser, both also looking to seal the one British Open spot left for the highest non-qualified finisher, lost their way on the back nine.

Fraser three-putted the last for bogey to finish tied fifth on 272 while Havret was a further stroke back.

Another good finish by Lee Westwood, who tied for 10th, took the Briton to the brink of a Ryder Cup place.

MNA/Reuters

Schumacher holds off raikkonen for 80th win

SILVERSTONE (England), 12 July—Michael Schumacher held off a late challenge from McLaren's resurgent Kimi Raikkonen to win the British Grand Prix for Ferrari on Sunday and celebrate his 10th victory in 11 races.

It was the 80th win of the German's career. But he had a late scare when the deployment of the safety car 15 laps from the end, after Italian Jarno Trulli's Renault piled into the tyre wall at speed, offered the young Finn a glimmer of hope.

The six-times world champion, smooth and controlled as ever, quickly snuffed out the threat to take the chequered flag as Raikkonen finished 2.1 seconds behind.

It was Schumacher's third success at Silverstone, the circuit where he broke his leg in 1999, as well as dominant Ferrari's third in a row there.

Raikkonen was second to revive McLaren with their first podium finish of the season, while Schumacher's Brazilian teammate Rubens Barrichello held off BAR's British hopeful Jenson Button for third place.

Schumacher has 100 points to Barrichello's 74. Button has 53. Ferrari lead the constructors's championship with 174 points to Renault's 79 with BAR on 67.

Barrichello, second in the championship and last year's British winner, remained the only driver to have scored points in every race this season.

Colombian Juan Pablo Montoya was fifth for Williams, disappointing again in their home race, while Italian Giancarlo Fisichella was a strong sixth for Sauber.

Briton David Coulthard was seventh for McLaren with Australian Mark Webber taking the final point for Jaguar.

Trulli's crash was the spectacular moment of the race, the Italian walking away seemingly unhurt after his car was reduced to a steaming wreck.

MNA/Reuters

Dauids joins Inter Milan on three-year deal

ROME, 12 July—Dutch international Edgar Dauids has joined Inter Milan, the club announced on Sunday.

The 31-year-old midfielder, a member of the Dutch Euro 2004 squad, signed a three-year deal with the Serie A giants after his loan period with Barcelona finished at the end of last season.

"We're delighted. Dauids' qualities as a player are well known, but I'd like to underline what he managed to achieve at Barcelona in a few months," Inter president Giachinto Facchetti was quoted as saying on Inter's web site.

"He demonstrated that he had the drive and enthusiasm to drag a team up the table to a second-place finish that seemed impossible."

Barcelona were in the bottom half of the Primera Liga when Dauids joined them in January on a six-month loan after failing to reach agreement on a new contract with Juventus.

His previous clubs also include Dutch side Ajax and AC Milan.

Dauids is the latest in a series of high-profile close-season acquisitions by Inter.

The Italian club have already added Argentine midfielder Juan Sebastian Veron and Boca Juniors defender Nicolas Burdisso as they attempt to win their first Serie A title since 1989.

MNA/Reuters

Perez heads for landslide victory in Real poll

MADRID, 12 July—Florentino Perez is heading for a landslide victory in his bid to be re-elected as Real Madrid president according to exit polls conducted on Sunday.

A poll run by Spanish sports daily Marca showed that of 1,300 club members who had voted on Sunday, 1,216 said they had given their support to Perez, 51 to former president Lorenzo Sanz and 33 to third candidate Arturo Balasano.

Perez was already reported to have gained 11,034 postal votes from the 65,197 club members entitled to vote in the election, while Balasano had garnered 34.

Sanz, who had tried to have the election postponed because of what he said were irregularities in the way Perez had collected postal votes, had registered none.

Real said that there was a much higher than expected turn out for Sunday's poll with 20,165 members casting their votes up until 1700 GMT, an 80-per-cent increase on the same point in the last election.

The club said that polls would remain open for an extra hour until 1900 GMT to accommodate the increased number of voters, with final results expected three hours later.

Perez, who won a surprise victory over Sanz four years ago, was in confident mood.

"I would be very surprised if I lost," he told sports daily AS on Sunday.

"The club members know

what my aims are and they know that if they support me Real Madrid will construct a team that will make history by recruiting the best players in the world every year."

Perez made much of his proven ability to bring the leading names in world football such as Ronaldo, Zinedine Zidane and David Beckham to Real during his election campaign.

He also said that he had solved the club's financial problems and would turn the Bernabeu into the best stadium in the world. He made no promises about which new players he might sign, but has admitted that he has been negotiating with European champions Porto to bring in defender Ricardo Carvalho and midfielder Costinha.—MNA/Reuters



Wayne Rooney's agents insisted they had not had a meeting with Real Madrid president Florentino Perez. — INTERNET

MRTV-3

**14-7-2004 (Wednesday)
(Programme Schedule)
Morning Transmission
(9:00 - 10:00)**

- 9:00 Signature Tune
Greeting
- 9:02 Song of Myanmar
Beauty & Scenic
Sights "Myanma Pano-
rama & Myanma Sen-
timent"
- 9:06 Wonderful Swiftlets
Dwelling in House
- 9:10** **Headline News**
- 9:12 Showcase of Myanmar
Fabrics and Designer
Wears
- 9:15** **National News**
- 9:20 The Beauty of the 2nd
Defile of The River
Ayeyawady
- 9:25 Kayin Dance (Ton
Pana) (Kywe Min Don
Dance)
- 9:30** **National News**
- 9:35 Travel & Description
(Lashio to Muse)
- 9:40 Song "Shadow of
Love"
- 9:45** **National News**
- 9:50 The Birth Place of
Lacquerware Techni-
cians
- 9:58 Song of Myanmar
Beauty & Scenic
Sights "Come and See
Myanmar"

**14-7-2004 (Wednesday)
Evening Transmission
(15:30 - 17:30)**

15:30 Signature Tune
Greeting

- 15:32 Song of Myanmar
Beauty & Scenic
Sights "Mingalabar"
- 15:36 Wonderful Swiftlets
Dwelling in House
- 15:40** **Headline News**
- 15:42 Showcase of Myanmar
Fabrics and Designer
Wears
- 15:45** **National News**
- 15:50 The Beauty of the 2nd
Defile of The River
Ayeyawady
- 15:55 National Kandawgyi
Garden
- 16:00** **National News**
- 16:05 Travel & Description
(Lashio to Muse)
- 16:10 Song "Shadow of
Love"
- 16:15** **National News**
- 16:20 The Birth Place of
Lacquerware Techni-
cians
- 16:25 Song of Myanmar
Beauty & Scenic
Sights "Myanma Pano-
rama & Myanma Sen-
timent"
- 16:30** **National News**
- 16:35 Intricate Art of
Sliversmith
- 16:40 Marquetry
- 16:45** **National News**
- 16:50 The Art of Stone Sculpture
- 16:55 Ah-Hla-Kabya-Pan-
Pawah
- 17:00** **National News**
- 17:05 Lobsters Trading
- 17:10 Myanmar Modern
Song "Sumprabum"
- 17:12 Inlay Blacksmith
craftmanship
- 17:15** **National News**
- 17:20 Fabulous Bagan (I)
- 17:25 Song of Myanmar
Beauty & Scenic
Sights "Come and See
Myanmar"

Rainfall on 13-7-2004

- (1.11 inches) at Yangon Airport,
- (1.37 inches) at Kaba-Aye and
- (2.17 inches) at central Yangon. Total rainfall since
1-1-2004 was 1417mm (55.79 inches) at Yangon
Airport and 1359mm (53.50 inches) at Kaba-Aye
and 1354 mm (53.31 inches) at central Yangon.

**Evening Transmission
(19:30 - 23:30)**

- 19:30 Signature Tune
Greeting
- 19:32 Song of Myanmar
Beauty & Scenic
Sights "Myanma Pano-
rama & Myanma Sen-
timent"
- 19:36 Thabotseik Village on
Seaside
- 19:40** **Headline News**
- 19:42 Traditional Folk Weav-
ing Works
- 19:45** **National News**
- 19:50 Typical Traditional
Customs of Mor Shan
- 19:55 Traditional Lamp
Dance
- 20:00** **National News**
- 20:05 How to make "Chin-
lone"
- 20:10 Song "The Outstanding
Ones"
- 20:15** **National News**
- 20:20 The Beauty of the 1st
Defile of The River
Ayeyawady
- 20:25 Songs On Screen "Ma
Ma Moe"
- 20:30** **National News**
- 20:35 Plaster Toys
- 20:40 Seed Production in
Myanmar
- 20:45** **National News**
- 20:50 Tiger Population
Counting (Part-II)
- 20:55 Scenic Beauty of Ha-
Kha and Cultural
Dance
- 20:58 Medicinal Plants at
Popa Mountain Park
- 21:00** **National News**
- 21:05 Three Dimensional
Gems Studded Painting
- 21:10 Myanmar Modern
Song "Mesmerize Your
Longing Wish"
- 21:12 The Alaung Daw

- Kathapa National Park
- 21:15** **National News**
- 21:20 Kan-Peik-Ti Border
Town in Kachin State
- 21:25 Song of Myanmar
Beauty & Scenic
Sights "Mingalabar"
- 21:35 Wonderful Swiftlets
Dwelling in House
- 21:40** **Headline News**
- 21:42 Showcase of Myanmar
Fabrics and Designer
Wears
- 21:45** **National News**
- 21:50 The Beauty of the 2nd
Defile of The River
Ayeyawady
- 21:55 National Kandawgyi
Garden
- 22:00** **National News**
- 22:05 Travel & Description
(Lashio to Muse)
- 22:10 Song "Shadow of
Love"
- 22:15** **National News**
- 22:20 The Birth Place of
Lacquerware Techni-
cians
- 22:25 Myanmar Modern
Song "Gaze upon"
- 22:30** **National News**
- 22:35 Intricate Art of
Sliversmith
- 22:40 Marquetry
- 22:45** **National News**
- 22:50 The Art of Stone Sculpture
- 22:55 Ah-Hla-Kabya-Pan-
Pawah
- 23:00** **National News**
- 23:05 Lobsters Trading
- 23:10 Myanmar Modern
Song "Sumprabum"
- 23:12 Inlay Blacksmith
craftmanship
- 23:15** **National News**
- 23:20 Fabulous Bagan (I)
- 23:28 Song of Myanmar
Beauty & Scenic
Sights "Come and See
Myanmar"

Weather Map of Myanmar and Neighbouring Areas**WEATHER****Tuesday, 13 July, 2004**

Summary of observations recorded at 09:30 hours MST: During the past 24 hours, rain or thundershowers have been isolated in Kayah State and Mandalay Division, scattered in Rakhine State, Magway and Taninthayi Divisions and widespread in the remaining areas with locally heavyfalls in Mon State, lower Sagaing, Mandalay and Magway Divisions. The noteworthy amounts of rainfall recorded were Shwebo (4.84) inches, Thaton (3.70) inches, Mogok (3.62) inches, Hpa-an (2.68) inches, Mawlaik (2.24) inches and Magway (2.05) inches.

Maximum temperature on 12-7-2004 was 29.5°C (85°F). Minimum temperature on 13-7-2004 was 18.5°C (65°F). Relative humidity at 9:30 hrs MST on 13-7-2004 was 100%. Total sunshine hours on 12-7-2004 was 4.2 hours approx. Rainfall on 13-7-2004 was (1.11 inches) at Yangon Airport, (1.37 inches) at Kaba-Aye and (2.17 inches) at central Yangon. Total rainfall since 1-1-2004 was 1417mm (55.79 inches) at Yangon Airport and 1359mm (53.50 inches) at Kaba-Aye and 1354 mm (53.31 inches) at central Yangon. Maximum wind speed at Yangon (Kaba-Aye) was 10 mph from Southwest at 20:45 hours MST on 12-7-2004.

Bay inference: Monsoon is strong in the Bay of Bengal.

Forecast valid until evening of 14-7-2004: Rain or thundershowers will be isolated in Kayah State, Magway Division, scattered in Chin, Kachin, Shan, Rakhine States, lower Sagaing, Mandalay and Bago Divisions and widespread in the remaining areas. Degree of certainty is (80%).

State of the sea: Squalls with moderate to rough seas are likely at times off and along Deltaic, Gulf of Mottama, Mon-Taninthayi Coast. Surface wind speed in squalls may reach (35) to (40) mph. Seas will be moderate elsewhere in Myanmar waters.

Outlook for subsequent two days: General increase of rain in lower Myanmar areas.

Forecast for Yangon and neighbouring area for 14-7-2004: Some rain. Degree of certainty is (100%).
Forecast for Mandalay and neighbouring area for 14-7-2004: Likelihood of isolated rain or thundershowers. Degree of certainty is (60%).

Flood Bulletin

(Issued at 11:00 hrs MST on 13-7-2004)

According to the 06:30 hrs MST observation today, the water level of Chindwin River at Hkamti is (1482)cm. It may remain above its danger level of (1360)cm during the next (48) hrs commencing noon today.

Flood Bulletin

(Issued at 1:00 hr MST on 13-7-2004)

According to the 12:30 hrs MST observation today, the water levels of Ayeyawady River at Bhamo and Katha are (1151) cm and (1042) cm respectively. The water levels may fall below their respective danger levels of (1150) cm and (1040) cm during the next (24) hrs commencing noon today.



**Wednesday, July 14
View today:**

7:00 am

- ကျေးဇူးရှိ မင်းကုန်းဆရာတော် ဘုရားကြီး၊ နိုင်ငံတော်သံယဟဇာ ယကအဖွဲ့ အကျိုးတော်ဆောင်ရွက်၊ အဘိဓမ္မ မဟာရဋ္ဌနု၊ အဘိဓမ္မာ မဟာသန္ဓေ၊ ဓမ္မတိကာ၊ ဝိသုဒ္ဓိ၊ ဓမ္မဘူတ၊ ဝိညာဉ်သမ္ဘာ၊ ဝိညာဉ်သမ္ဘာ၊ ဝိညာဉ်သမ္ဘာ
- To be healthy exercise
- Morning news
- Nice and sweet song
- မြေမြေကြွေ ယဇ်ကျေးဇူးအတ
- အရေးကြီး

8:20 am

7. ယုဇာနည်တံတား

8:30 am

8. International news

8:45 am

9. Learning English the Easy and Happy Way for Children and Beginners

4:00 pm

1. Martial song

4:15 pm

2. Songs to uphold
National Spirit

4:30 pm

3. Practice in Reading

4:45 pm

4. Musical programme

5:00 pm

5. အဆင်သင့်တက္ကသိုလ် ယဉ်ကျေးမှု ရုပ်မြင်သံကြားသင်တန်း (စာတတ်ရေးစာတတ်)

5:15 pm

6. Songs of national races

5:30 pm

7. ကော့ကံတစ်လုံးရေကုလေးကောင်းတစ်

5:40 pm

8. Classical Song

5:55 pm

9. ရွှေယဉ်လင်အာသီယာအစဉ်

6:05 pm

10. Discovery

6:15 pm

11. Musical programme

6:30 pm

12. Evening news

7:00 pm

13. Weather report

7:05 pm

14. Strong and Healthy
Myanmar

7:15 pm

15. Musical programme

7:30 pm

16. အေးချမ်းစေမည် ရုပ်မြင်သံကြား
(အတတ်ရေးစာတတ်)

8:00 pm

17. News

8:05 pm

18. International news

8:10 pm

19. Weather report

8:15 pm

20. "မြန်မာနိုင်ငံ အမျိုးသမီးရေကုလေးအဖွဲ့
ဝင်တစ်ယောက်အဖြစ်"

8:20 pm

21. The next day's programme



**Wednesday, July 14
Tune in today:**

8:30 am

Brief news

8:35 am

Music: Stay the lame

8:40 am

Perspectives

8:45 am

Music: Hey you

8:55 am

National news/ Slogan

9:00 am

Music: I do cherish you

9:05 am

International news

9:10 am

Music: I need love

9:15 pm

News/Slogan

9:25 pm

Lunch time music

9:30 pm

-Let me be

9:35 pm

-Let's make tonight special

9:40 pm

-Give it to you

9:45 pm

-Slicker than your average

9:50 pm

Variations on a tune

9:55 pm

-Take me home

10:00 pm

country road

10:05 pm

Article/Music

10:10 pm

Music for your request

10:15 pm

-Loding for love

10:20 pm

-Save your love

10:25 pm

-Just between you and me

10:30 pm

-Always some where

10:35 pm

News/Slogan

10:40 pm

PEL

Cash donation presentation ceremony for building of Yantaingaug Pagoda in Lashio

YANGON, 13 July — Wellwishers donated cash for the fourth time to build Yantaingaug Pagoda on Wizaya Bhumhi Mahaaungmyay Hill in Lashio in Shan State (North) and Secretary-1 of the State Peace and Development Council Lt-Gen Soe Win accepted cash at the donation ceremony held at the Dhammayon near the pagoda on 4 July.

Also present on the occasion were Sayadaw of Mahabawdhayon Monastery Bhaddanta Narada and members of the Sangha, Chairman of Shan State (North) Peace and Development Council Commander of the North-East Command Maj-Gen Myint Hlaing and his wife, Minister for Commerce Brig-Gen Pyi Sone, Minister for Livestock and Fisheries Brig-Gen Maung Maung Thein, Deputy Minister for Construction Brig-Gen Myint Thein, Deputy Minister for Home Affairs Brig-Gen

Phone Swe, Deputy Commander Brig-Gen Hla Myint and senior military officers, officials of the State Peace and Development Council Office, departmental officials and wellwishers.

First, the congregation received the Nine-Precepts from Sayadaw Agga Maha Pandita Bhaddanta Vicita. Secretary-1 Lt-Gen Soe Win and party presented offertories.

Afterwards, the fourth cash donation ceremony followed. Minister for Commerce Brig-Gen Pyi Sone and wife Daw Aye Pyi Wai Khin presented K 300,000; four wellwishers in Lashio K 7 million; 10 wellwishers in Muse K 10.6 million, U Sai Aye K 6 million; U Kyaw Myint K 6 million; Shan State (North) Myanmar Police Force Unit K 250,000; Lashio Station K 180,000; departmental personnel over K 5.9 million and Vice Presiding Sayadaw of Township Sangha Nayaka Panoak Sayadaw K 100,000. The



Secretary-1 Lt-Gen Soe Win sprinkles scented water on the Bo tree. — MNA

Secretary-1 and the ministers accepted the donations. Next, the first cash donation ceremony for construction of two storey building in the compound of Mansupayagyi Monastery was also held.

(See page 9)

Anyakatin Bridge opened in Saw Township, Magway Division

YANGON, 13 July — A ceremony to open Anyakatin Bridge on Kyaukhtu-Saw-Seikphyu Road was held at the pandal near the bridge in Saw Township, Magway Division, yesterday. It was attended by Sagaing Division Peace and Development Council Chairman North-West Command Commander Maj-Gen Tha Aye, Minister for Construction Maj-Gen Saw Tun, Magway Division PDC Chairman Col Zaw Min, Chin State PDC Vice-Chairman Col San Aung, the chairman of Gangaw District PDC and members, the chairman of Saw Township PDC and members, departmental officials and local people.

Speaking on the occasion, Minister Maj-Gen Saw Tun said he was pleased to see that the construction of Anyakatin Bridge was completed in five months. Before 1988, there were 503 miles of tarred roads, 95 miles of gravel roads, 543 miles of macadam roads and 167 miles of earth roads totalling over 1300 miles in Magway Division. But now there have emerged 915/5 miles of tarred ones, 232/7 miles of gravel ones, 378/4

miles of macadam ones and 168 miles of earth ones totalling over 1,695 miles.

With the extension of roads, the required number of bridges has also been constructed, he said.

In Magway Division ten 180 and above long bridges have been built from 1988 to date. Before the construction of concrete bridge, wooden bridges such as Kyi Creek Bridge, Tapyin Bridge, Gonbo Creek Bridge, Chi Creek Bridge, Kyauksit Bridge and Anyakatin Bridge which was opened today had been built, he added.

The 240 feet long Anyakatin Bridge was constructed at a cost of K 30 million, and its clearance is 50 feet wide and 4 feet high. It can withstand 13 tons of loads.

With the emergence of the bridge, people can travel from Mindat to Palatwa in Chin State (South) and to Mindat-Matupi-Falam-Tiddim-Tonzang-Kyikha as well. And flow of local products will be smooth and speedy, he said. As a result, the education, economy, health and social conditions of local people from Gangaw District in Magway Division and Mindat District

in Chin State will improve.

Arrangements are being made to upgrade 120-mile Mindat-Matupi Road into tarred one in the open season.

Therefore, local people, realising the goodwill of the State that is striving for equitable development of the country by spending a huge amount of money, are required to maintain the bridge and to use it in accord with traffic rules and regulations, he noted.

Next, Commander Maj-Gen Tha Aye delivered a speech, saying that the bridge opened today is among the three over 180 feet long bridges along Kyaukhtu-Saw Road in Gangaw District. For durability of the bridge, not only staff of Public Works but also local people are to take responsibility for its maintenance, he said.

He next expressed thanks to the construction minister and engineers of Bridge Special Group-13 and local authorities for building the bridge.

Later, the commander, the minister and officials formally opened the bridge and had a documentary photo taken together with local people. — MNA



NCC Management Committee Chairman Auditor-General Maj-Gen Lun Maung presents cash assistance to a NC delegate warded at No 2 Military Hospital. — MNA

NCCMC Chairman Maj-Gen Lun Maung visits delegates receiving medical treatment

YANGON, 13 July — Chairman of the National Convention Convening Management Committee Auditor-General Maj-Gen Lun Maung, accompanied by Vice-Chairmen of the Management Committee Director of Supply and Transport of the Ministry of Defence Maj-Gen Than Htay and Deputy Minister for Hotels and Tourism Brig-Gen Aye Myint Kyu and officials of the Management Committee visited delegates to the National Convention receiving medical treatment at No 2 Military Hospital (500-bed) in Dagon Township and Defence Services General Hospital (1000-bed) in Mingaladon Township this evening. Maj-Gen Lun Maung and party asked after health of the delegates and provided cash assistance to them.

At No 2 Military Hospital (500-bed) at 3 pm,

Maj-Gen Lun Maung and party were welcomed by Secretary of the Health Sub-Committee of NCCMC Deputy Director of Medical Services Col Myint Maung, Commandant of the hospital Brig-Gen Min Naing and officials. Next, Maj-Gen Lun Maung and party asked after health of delegate U Saw Than Aung of political parties delegate group and provided cash assistance to him. Afterwards, Maj-Gen Lun Maung and party proceeded to Defence Services General Hospital (1000-bed) where they were welcomed by Commandant of the hospital Brig-Gen Than Sein and officials.

Maj-Gen Lun Maung presented K 500,000 donated by NCCC for the Health Sub-Committee to Secretary of the Health Sub-Committee Col Myint Maung.

Next, Maj-Gen Lun Maung and party asked af-

ter delegates U Mon Paul, Dr Tin Way, U Than Hteik and U Maung Maung Oo of national races delegate group and U Mahn Tin Maung of political parties undergoing medical treatment at Defence Services General Hospital (Bed-1,000) and provided cash assistance to them. — MNA



The Anyakatin Bridge on Kyaukhtu-Saw-Seikphyu Road in Saw Township, Magway Division. — MNA