

Four Objectives of the National Defence and Security Council

1. To steadfastly strive for emergence of political forces and the people's representatives who can implement a genuine, disciplined multi-party democratic system while constantly emphasizing on the national interests of the State.
2. To persistently strive for promoting the socio-economic life of the people through the development of agro-based industries in improving the agricultural sector, the vital foundation of the economic growth of the State.
3. To put emphasis on enhancing the national education and health sectors for sustainable development of the State.
4. To implement multi-party democratic system, with the participation of the people, to ensure the success of multi-party democratic general election process and successfully moving towards with the multi-party democratic system aspired by the entire people.

Myanmar, Saudi Arabia Agree to Strengthen Bilateral Ties



Acting President and State Security and Peace Commission Chairman Senior General Min Aung Hlaing accepts the Letters of Credence from Mr Maziad Mohammed M Al Howishan, newly accredited Ambassador of the Kingdom of Saudi Arabia to Myanmar, in Nay Pyi Taw yesterday.

Myanmar and the Kingdom of Saudi Arabia are committed to enhancing investment and trade through strengthened bilateral cooperation.

Acting President of the Republic of the Union of Myanmar and Chairman of the State Security and Peace Commission Senior General Min Aung Hlaing accepted the Letters of Credence from Mr Maziad Mohammed M Al Howishan, newly accredited Ambassador of the Kingdom of Saudi Arabia to the Republic of the Union of Myanmar, at the Credentials Hall of the Office of the National Defence and Security Council, Nay Pyi Taw, yesterday morning.

At the meeting, they cordially discussed the prolonged and strengthening diplomatic relations between Myanmar and Saudi Arabia, promotion of friendship and cooperation, and situations to enhance relations between the two countries.

They also exchanged views on the situations to increase investment and enhance trade between the two countries, and further boost cooperation between the two countries.

Moreover, they highlighted the successful holding of a free and fair election in Myanmar and the convening of the Hluttaw sessions in the near future.

After the meeting, the Senior General and the newly accredited ambassador of Saudi Arabia to Myanmar had documentary photos taken.

Also, present at the meeting were Commission Secretary General Ye Win Oo, Union Minister for Foreign Affairs U Than Swe, and Director-General of the Protocol Department U Thet Tun. — MNA/TTA

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Strive to ensure peace and stability of the nation

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YR Chief Minister inspects fuel supply in Yangon Region

NATIONAL

Door to Peace Talks Remains Open to End Armed Conflict

❖ The agreements contained in the Nationwide Ceasefire Agreement (NCA) are being implemented to end armed conflicts. Meetings and discussions have been held with ethnic armed organizations, and the door remains open to welcoming efforts toward a durable peace.

(An excerpt from the message sent by Acting President of the Republic of the Union of Myanmar and State Security and Peace Commission Chairman Senior General Thadoe Maha Thray Sithu Thadoe Thiri Thudhamma Min Aung Hlaing to the ceremony to mark the 78th Anniversary of Chin National Day, which fell on 20 February 2026)

- **Let us encourage production for prosperity of the Nation.**
- **Let us ensure education sector for the development of the Nation.**
- **Let us protect our environment for the prosperity of the Nation.**

Objectives of 81st Armed Forces Day

- (a) To participate in national politics in a leadership role of the country, not to deviate from the path of democracy in accordance with the fundamental principles of the Constitution, safeguarding the national policy, the Three Main National Causes
- (b) To cooperate with the government and people in performing measures for State stability, ethnic unity and the nation's development
- (c) To act with utmost care based on the agreements of NCA without deviating from the Three Main National Causes while serving duties for durable peace, as the resolution of armed conflicts play key role in moving towards a genuine and disciplined multiparty democratic pathway
- (d) To continuously improve three main tasks of Tatmadaw – Study, Practise, Comply – and the ability to apply modern technologies in structuring Tatmadaw into a Standard Army

Public Notice on Adoption of CEIR System

1. In some countries around the world, the original identification number (International Mobile Equipment Identity – IMEI Code) of mobile network communication devices, including mobile handsets and devices such as iPads, tablets, and notebooks, is required to be registered in the Central Equipment Identity Register (CEIR), enabling them to be connected and used with telecommunications networks within the country.
2. In Myanmar, for the public who use mobile handsets to confidently use devices that meet standards and for which the required taxes to the State have been duly paid, the Central Equipment Identity Register (CEIR) system will be adopted starting from the first week of March 2026.
3. Mobile handsets currently being used by the public will automatically be registered in the CEIR permitted list so that users can continue using them without the need to pay any additional tax. To ensure inclusion in this approved list, it is necessary to insert and activate SIM cards from telecommunications networks (MPT, ATOM, U9, Mytel) in the mobile handset and use them no later than 31 March 2026.
4. Companies wishing to import mobile handsets and other mobile communication devices from abroad must apply for the required licences in accordance with the procedures. After paying the taxes, the devices will be included in the CEIR-approved list.
5. Starting from 1 April 2026, mobile handsets that are not included in the approved list will be granted a temporary usage period of 30 days from the time they are first connected to a mobile communication network. During this period, users must pay the required taxes and penalties to continue using the devices.
6. Users can enter the International Mobile Equipment Identity (IMEI) of their mobile handset on <https://www.ceir.gov.mm> and pay the required taxes and penalties through electronic payment methods.
7. For people living in border areas or regions with limited internet access, the required taxes and penalties can also be paid at the offices of the Internal Revenue Department or the Customs Department located in those areas.
8. For more information about this initiative, the public can visit the website <https://www.ceir.gov.mm> or contact the CEIR Call Centre numbers 1577 and 1755 during office hours.

CEIR and EIR System Project Steering Committee

Myanmar Gazette

Heads of Service Organizations transferred and appointed; Appointment of Heads of Service Organizations confirmed

1. The National Defence and Security Council has transferred U Min Zaw Win, Director-General of the Securities and Exchange Commission of Myanmar under the Ministry of Finance and Revenue, as Managing Director of the Myanmar Foreign Trade Bank of the same ministry from the date he assumes charge of his duties.
2. The National Defence and Security Council has confirmed the appointment of the following persons as Heads of Service Organizations after the one-year probationary period.

Name	Appointment
(a) Dr Khaing Khaing Soe	Director-General Department of Population Ministry of Immigration and Population
(b) U Khin Maung Hlaing	Director-General Department of Consumer Affairs Ministry of Commerce

3. The National Defence and Security Council has appointed U Zaw Zaw Oo, Deputy Permanent Secretary of the Union Minister's Office of the Ministry of Labour, as Director-General of the Factories and General Labour Laws Inspection Department of the same ministry from the date of probation he assumes charge of his duties.

The people are urged to receive vaccination of COVID-19 without fail as full-time vaccination of COVID-19 and receiving booster shots can effectively mitigate infection of the virus, severe suffering from the disease and increase of death rate due to the disease.

NATIONAL

Residents Urged to Prioritize Public Safety Amid Armed Terrorist Threats

ARMED terrorists have been launching attacks by using residential homes and administrative buildings in towns and villages as cover, where they have forcibly settled. They aim to shield themselves from Tatmadaw counterattacks while also persuading temporarily displaced persons to return to their native areas and recruiting new members. That enables terrorists to use civilians as human shields. Tatmadaw is committed to safeguarding the sovereignty of the State and will respond to these threats based on intelligence and prevailing conditions. Therefore, residents in areas where terrorists have taken control must prioritize their safety and protect themselves from being exploited by these groups.

(An excerpt from guidance given by Chairman of the State Administration Council, Prime Minister Senior General Min Aung Hlaing to Shan State cabinet members and state-level departmental officials on 3 September 2024)

Nicaragua stands for Myanmar in international arena

Myanmar and Nicaragua plan to promote cooperation in diplomatic relations and various sectors, including economy, culture and tourism.

Acting President of the Republic of the Union of Myanmar and State Security and Peace Commission Chairman Senior General Min Aung Hlaing accepted the Letters of Credence from Mr Segundo Martin Calero Escorcia, newly accredited Ambassador of the Republic of Nicaragua to the Republic of the Union of Myanmar, at the Credentials Hall of the Office of the National Defence and Security Council, Nay Pyi Taw, yesterday morning.

On the occasion, the Senior General and the Nicaraguan ambassador highlighted the standing of the Republic of Nicaragua for Myanmar in the international landscape, and the situation to enhance practical cooperation in multiple sectors between the two countries.

They emphasized discussions on boosting diplomatic relations and cooperation between the two countries, plans

to enhance cooperation in various sectors, including economy, culture and tourism between them, and efforts for further promotion in cooperation between Myanmar and Nicaragua.

Moreover, they cordially discussed the holding of a multiparty democratic general election in Myanmar, the activities of election observation teams from international communities including the Nicaraguan ambassador to Myanmar at the Myanmar's election, the enthusiastic casting ballots by people during the election, the holding a successful election due to no major complaints for the election till today, and the preparations to convene the Hluttaw sessions in the near future.

After the meeting, the Senior General and the newly accredited Nicaraguan ambassador to Myanmar had documentary photos taken.

Also, present at the meeting were



Acting President and State Security and Peace Commission Chairman Senior General Min Aung Hlaing accepts the Letters of Credence from newly accredited Ambassador of Nicaragua to Myanmar Mr Segundo Martin Calero Escorcia in Nay Pyi Taw yesterday.

Commission Secretary General Ye Win Oo, Swe and Director-General U Thet Tun of the Protocol Department. — MNA/TTA

Prime Minister emphasizes security, transport and accommodation services for Hluttaw representatives during Hluttaw sessions



Prime Minister U Nyo Saw and officials inspect the Hluttaw yesterday.

ALL Hluttaw offices and relevant work committees are to cooperate in implementing the work process at the first regular session of the relevant Third Hluttaw, said Prime Minister U Nyo Saw at the second coordination meeting of the Hluttaw session organizing central committee, yesterday afternoon.

The second coordination meeting took place at the office of the Union Government in Nay Pyi Taw, also attended by Chairman of the Union Election Commission U Than Soe, Union ministers, the Union auditor-general, the Nay Pyi Taw Council chairman and officials from Hluttaw offices together with the chief ministers of regions and states through videoconferencing.

Speaking on the occasion, the Prime

Minister continued that as the dates for representatives who will attend the respective Hluttaws to arrive and report to their respective Hluttaws have already been officially announced, they will soon be arriving.

He underlined that after the Hluttaw representatives arrive in Nay Pyi Taw, arrangements should be coordinated in advance with the relevant offices, departments, and organizations to provide transport service to and from the designated locations. Moreover, the hostels where they will stay should be prepared by the specified date, ensuring the availability of water, electricity, sanitation, in-room furniture, and other necessary facilities and equipment.

SEE PAGE 4

NATIONAL

MoFA Union Minister receives Nicaraguan Ambassador to Myanmar



The Nicaraguan ambassador calls on Union Minister U Than Swe yesterday.

U Than Swe, Union Minister for Foreign Affairs of the Republic of the Union of Myanmar, received Mr Segundo Martin Calero Escorcia, Ambassador Extraordinary and Plenipotentiary of the Republic of Nicaragua to the Republic of the Union of Myanmar, yesterday afternoon at the Ministry of

Foreign Affairs, Nay Pyi Taw.

The Union minister congratulated the Nicaraguan ambassador on his appointment as Ambassador Extraordinary and Plenipotentiary of the Republic of Nicaragua to the Republic of the Union of Myanmar. They cordially exchanged views on matters relating to

the enhancement of existing bilateral relations between the two countries, including the reciprocal opening of embassies, the expansion of potential, mutually beneficial cooperation in tourism, agriculture, trade, and technology, as well as closer collaboration in international arenas. — MNA

Petroleum Trade Association Confirms Adequate Fuel Stocks

THE Myanmar Petroleum Trade Association imports, sells and distributes under the leadership of the Supervisory Committee on Import, Storage and Distribution of Fuel Oil.

Although there might be delays in import processes due to the current Middle East conflict, a sufficient fuel reserve has already been prepared in advance to continuously distribute to the public demand, and the fuel tankers continuously arrive in Myanmar, so there will be no fuel shortages in the country.

Therefore, the people are urged not to be concerned about fuel, and to help ensure that fuel is sufficient for all by using it economically as much as possible, purchasing only the amount necessary for personal use, and refraining from queuing unnecessarily out of concern, as fuel supplies are sufficient.

Myanmar Petroleum Trade Association

EARTHQUAKE

Issued at 8:30 pm MST, 5 March 2026

A slight earthquake of magnitude 4.3 Richter Scale with its epicentre inside Myanmar (about 24 miles northeast of Matupi), latitude 21.77°N, longitude 93.77°E, depth 55 kilometres, about 61 miles south-southeast of the Hakha Seismological Observatory was recorded at 20 hours 18 minutes 45 seconds MST on 5 March 2026. — DMH

Prime Minister emphasizes security, transport and accommodation services for Hluttaw representatives during Hluttaw sessions

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He noted that relevant Hluttaw offices have made preparations to clarify work procedures of Hluttaw representatives at relevant Hluttaws.

He stressed the need for all Hluttaw offices and relevant work committees to cooperate with each other in implementing the work process at the first regular session of the Third Hluttaw.

With regard to the security of the Hluttaw complex, the Prime Minister stressed that all matters that need to be prioritized for security reasons should be completed. The respective Hluttaw offices and the relevant working committees should cooperate and coordinate in

carrying out the necessary tasks in order to ensure the smooth implementation of the work processes to be carried out at the First Regular Session of the Third Hluttaw, he added.

The Prime Minister highlighted that the TV recording systems and related technical equipment to be used during the Hluttaw sessions should be regularly tested and rehearsed to ensure their proper functioning. Renovation and repair work on the Hluttaw buildings should also be completed fully. In addition, regional and state governments need to make preparations and provide the necessary support to ensure the successful convening of the First Regular Sessions of the Region and

State Hluttaws.

He pointed out that at the upcoming Third Hluttaw sessions, for media organizations to systematically comply with the prescribed rules and regulations related to news coverage within the Hluttaw, the Ministry of Information should take the lead and cooperate with the Myanmar Press Council and the Foreign Correspondents Club based in Myanmar, adding that it is also necessary to systematically arrange Media Corners.

The meeting focused on the implementation of the minutes of the previous meeting. Pyithu Hluttaw Speaker U T Khun Myat reported on arrangements for Hluttaw representatives to attend rel-

evant Hluttaws in time and the systematic work procedures for Hluttaws.

Officials from the relevant work committee and chief ministers of regions and states discussed progress in successfully holding the Hluttaw sessions and further plans. The Prime Minister coordinated the necessary measures for the discussions.

After the meeting, the Prime Minister and party inspected preparations to convene sessions at the Pyidaungsu Hluttaw, the Pyithu Hluttaw and the Amyotha Hluttaw, and preparations for the e-voting system machines in addition to the Sipin Guesthouse, where the Hluttaw representatives will stay. — MNA/TTA

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Due to limitation of space we are only able to publish "Letter to the Editor" that do not exceed 500 words. Should you submit a text longer than 500 words please be aware that your letter will be edited.

NATIONAL

Commemorative ceremony held to mark 10th Anniversary of Mekong-Lancang Cooperation

THE Ministry of Foreign Affairs of Myanmar hosted a ceremony to commemorate the 10th Anniversary of the establishment of Mekong-Lancang Cooperation (MLC) at the M-Gallery Hotel in Nay Pyi Taw yesterday evening.

Union Minister for Foreign Affairs U Than Swe, Union ministers from Lancang-Mekong Cooperation Special Fund project implementing ministries, the Nay Pyi Taw Council chairman, deputy ministers, as well as ambassadors, heads of missions and representatives from Mekong-Lancang countries, senior officials from the Ministry of Foreign Affairs and concerned ministries were present at the ceremony.

The Union minister for Foreign Affairs, together with ambassadors and heads of mission from the embassies of the MLC member countries, officially opened the photo exhibition marking the 10th Anniversary of the MLC with a ribbon-cutting ceremony. Following the opening, Union ministers and dignitaries toured the exhibition, which features photographs of projects implemented in Myanmar under the Lancang-Mekong Cooperation Special Fund (LMCSF).

At the ceremony, the Union minister for Foreign Affairs delivered a commemorative



The commemorative ceremony to mark 10th Anniversary of Mekong-Lancang Cooperation is underway yesterday, unveiled by Union Minister U Than Swe, Chinese Ambassador Ms Ma Jia, and dignitaries.

speech highlighting that 2026 is a significant year for the region as the MLC enters into a new decade. He reiterated Myanmar's commitment to the principles and vision of the MLC to build a community with a shared future which is peaceful, prosperous and sustainably developed. Recalling Myanmar's significant journey as Co-Chair of MLC from 2020 to 2023, the Union minister underscored the successful hosting of the 4th MLC Leaders' Meeting and the 7th MLC Foreign Ministers' Meeting, as well as the successful convening of the 6th and 9th MLC Foreign Ministers' Meetings in

cooperation with China as a Co-chair. He also mentioned the significant achievements during Myanmar's co-chairmanship, such as the adoption of the Nay Pyi Taw Declaration and the five-year Plan of Actions of Mekong-Lancang Cooperation (2023-2027), as well as reaching consensus among MLC countries on the establishment of the MLC innovation corridor's meeting mechanism.

He further stated that Myanmar has received 132 projects through the LMCSF from 2017 to 2025, approximately US\$38.6 million and has successfully implemented more than 100

projects. He emphasized that through the implementation of these projects, tangible progress has been achieved in promoting the socioeconomic development and regional integration under the MLC framework. In this regard, the Union minister expressed his appreciation to China for its continued assistance to Mekong member countries through the LMCSF.

The Union minister further noted that although the MLC has achieved significant results and remarkable progress over the past decade, member countries are currently facing various challenges, including

shifts in the global political landscape, economic instability, and climate change. In order to overcome these challenges and to ensure sustained regional peace, security, and prosperity, closer cooperation among member countries remains essential.

Ms Ma Jia, Ambassador of the People's Republic of China to Myanmar, also delivered the commemorative speech.

Union ministers and dignitaries observed the documentary presentation on the achievements of MLC, which was followed by the commemorative dinner hosted by the Union minister for Foreign Affairs, and the traditional musical performance presented by a cultural troupe from the Ministry of Culture and Religious Affairs. Afterwards, Union Minister for Foreign Affairs U Than Swe, and Ms Ma Jia, Ambassador of the People's Republic of China to Myanmar, together with the ambassadors and heads of mission from MLC embassies, presented gifts to the cultural troupe.

MLC is a sub-regional cooperation mechanism established in 2016. It aims to foster the regional sustainability and all-inclusive development among the six member Countries: Cambodia, China, Lao PDR, Myanmar, Thailand and Vietnam. — MNA

MoFA Union Minister receives Ambassador of Saudi Arabia to Myanmar

UNION Minister for Foreign Affairs U Than Swe received Mr Maziad Mohammed Maziad AlHowishan, Ambassador of Saudi Arabia to Myanmar, with residence in Yangon, at the Ministry of Foreign Affairs in Nay Pyi Taw yesterday afternoon.

The Union minister congratulated the ambassador on his appointment as Ambassador Extraordinary and Plenipotentiary of the Kingdom of Saudi Arabia to Myanmar. They cordially exchanged views on matters of further cooperation between the two foreign min-



The Saudi Arabian ambassador calls on Union Minister U Than Swe yesterday.

istries for strengthening bilateral relations, cooperation on energy, investment and other potential areas, as well as the

current situation in the Middle East. They also discussed cooperation at the bilateral and international levels. — MNA

Rice Export Zone to be established in Yangon



The coordination meeting to establish the Rice Export Zone is in progress yesterday. PHOTO: KO LWIN

THE Department of Agriculture of Insein Township yesterday presided over a coordination meeting on establishing the Rice Export Zone in Yangon, starting the 2025-2026 summer paddy season.

The department head made an opening speech; the director of the Crops Division discussed the work procedures, and the person in charge of the project clarified the project.

The relevant official of the Myanmar Rice Federation and attendees coordinated the discussion. — Oktha/KTZH

NATIONAL

YR Chief Minister inspects fuel supply in Yangon Region

YANGON Region Chief Minister U Soe Thein and his party inspected the fuel distribution situation in the Yangon Region on the afternoon of 4 March.

The region's chief minister and his team arrived at Max Terminal in Thilawa Port, Kyauktan Township and met departmental officials, the Petroleum Products Supervision and Inspection Department's, Chief Inspector U Than Htun Oo of the Ministry of Energy and officials, Myanmar Fuel Oil Importers and Distributors Association Acting Chairman U Myo Myint Swe, and officials from terminals in Thilawa Port.

The region's chief minister first gave instructions for a sufficient petroleum supply,



Yangon Region Chief Minister U Soe Thein is pictured during his inspection tour of fuel distribution in Yangon Region on 4 March.

proper fuel distribution to petrol stations and regular fuel

sales at fuel filling stations.

The chief inspector from

the Petroleum Products Supervision and Inspection De-

partment of the Ministry of Energy then clarified the fuel supply and purchase order, as the acting chairman of the Myanmar Fuel Oil Importers and Distributors Association explained the situation of importing fuel by tanker.

Afterwards, attendees discussed the business situation, and the Chief Minister gave the necessary instructions.

The chief minister also inspected the filling of fuel tankers and the distribution at the filling points at the Max Terminal, Apex Gas and Oil Great Petroleum Terminal and the Myat Myitta Mon Petrol Terminal in the Thilawa Port area. — Zwe Htet Ko (IPRD)/MKKS

130 Myanmar workers granted OWIC for jobs in Japan

ACCORDING to the announcement by the Safe Migration under the Ministry of Labour, further Myanmar women workers, totalling 128, who are going to work in Japan under the management of overseas employment agencies, have been allowed to attend the overseas job training course and apply for the Overseas Worker Identification Card, said the Safe Migration.

The workers will need to attend the job training on 5 March and apply OWIC on 6 March, and resubmit if they are unable to do so by the schedule, it said.

Agencies will need to resubmit an Excel soft copy of the list of sending workers, a copy of the passport and a copy of the OWIC within a week from the departure date to the Department of Labour, dolmigration-japan@gmail.com. — MT/ZS

Offender arrested for spreading propaganda on social media

IT has already announced that the groups declared as terrorist organizations: CRPH, NUG, their subordinate organizations, organizations connected with them, and related individuals have been committing incitement and propaganda activities with the intention of undermining the stability and peace of the country and disrupting government mechanisms. It was also stated that effective legal action will be taken against such activities in accordance with the law and

that those who incite and spread propaganda will be identified and prosecuted.

On 3 March 2026, the owner of the Facebook account named Ye Linn, identified as Ye Linn Han from Aungnyitha Village, Aunglan Township, Magway Region, was arrested at 11 pm and legal action was taken against him at No 3 Police Station in Pyay under the law for his attempt to incite and spread propaganda on social network to undermine the stability of the State. — MNA/KTZH

Officials conduct nationwide fuel inspections to ensure steady supply



Officials inspect fuel sales conditions at filling stations.

OFFICIALS from the Petroleum Products Regulatory Department under the Ministry of Energy are conducting field inspections to monitor fuel sales at petrol stations.

The ministry stated that a fuel reserve of approximately 40 days' supply has been imported and stored to ensure sufficient availability. Fuel is being distributed nationwide by bowsers from terminals in Thilawa, Yangon. It is released regularly from the terminals, and additional urgent purchase orders are being approved for

stations with high sales demand.

Authorities have urged the public not to make unnecessary purchases and advised that complaints can be made by phone if filling stations refuse to sell fuel. If inspections confirm that a station is not selling fuel, measures, including temporary closure, will be taken.

Under the ministry's guidance, the Director-General of the Petroleum Products Regulatory Department is leading inspections at real-time monitored fuel stations in Nay Pyi

Taw to verify actual fuel arrivals. Officials are also arranging rapid replenishment for stations requiring additional supplies.

Supervisory officers in the respective regions and states are cooperating with relevant departments to check whether petrol stations are genuinely selling fuel and whether fuel has arrived, including measuring remaining fuel levels and inspecting Auto Tank Gauge (ATG) systems to ensure timely distribution and prevent shortages. — MNA/KZL

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NATIONAL

Hindu Pujaris receive special training certificates at Indian Culture Centre



This photo shows Indian Ambassador Mr Abhay Thakur presenting the certificate of completion.

THE All Myanmar Tamil Hindu Foundation (Central) and the All Myanmar Hindu Priest Association (Central) jointly organized the Special Training Certificate Presentation Ceremony for Hindu Pujaris, which was held at 10 am yesterday at the Indian Culture Centre on Shwebontha Road, Pabedan Township, Yangon.

Indian Ambassador to Myanmar Mr Abhay Thakur, an Indian priest and officials first

lit the auspicious lamp.

Chairman U Maung Myint of the All Myanmar Hindu Priest Association then delivered a welcoming speech, followed by speeches from the Indian ambassador, an Indian priest, President U Tin Myint of the Hindu Religious (Central) Federation, General Secretary U Chit Win of the All Myanmar Tamil Hindu Foundation, and President U Maung Maung of the Thanan-

ta Dhamma Palaka (Hindu) Federation.

Afterwards, the Indian ambassador, an Indian priest, and officials presented the trainees with their certificates of completion, and the secretary of the All Myanmar Hindu Priest Association (Central) delivered a vote of thanks.

The course was held from 5 February to 5 March, and 50 participants attended. — MNA/TH

Russian Navy vessels arrive at Yangon's Thilawa Port for goodwill visit



Russian Navy personnel disembark from corvettes Sovershenyi and Rezkiiy at Thilawa Port, Yangon, for a six-day goodwill visit.

THREE Russian Navy vessels – corvettes Sovershenyy and Rezkiiy, and medium-sized oil tanker Pechenga – arrived yesterday evening at the MITT Jetty, Thilawa Port, Yangon, for a goodwill visit to the Republic of the Union of Myanmar.

Officers from the Tatmadaw (Navy), the

Russian military attaché, and officials welcomed the ships. The visiting fleet, led by Captain (1st Rank) Andrei Gaevoi, includes 350 officers and other ranks. They will stay in Myanmar for six days until 10 March, during which friendly sports matches between the two countries will take place. — MNA/KZL

Evening crowds flock to Minbu-Magway sandbank for Mann Shwesettaw Festival



THE sandbank between Minbu and Magway in Magway Region has been bustling with people relaxing along the riverside between 3 pm and 6 pm.

As the period coincides with the festival season of the Mann Shwesettaw Pagoda, visitors on their return from the pilgrimage, as well as residents from nearby areas, gather on the sandbank between Minbu and Magway. They enjoy various fritters, salads, grilled foods, snacks and soft drinks, bathe in the river along the shore, and relax while admiring the beauty of the sunset, making the area

particularly lively.

Magway Region lies in the central part of Myanmar, and the summer months of Taboung, Tagu and Kason are extremely hot. As a result, riversides and bathing spots become crowded with people bathing in the evenings. Likewise, the Minbu sandbank is filled with visitors who come to swim, relax and enjoy refreshments such as various drinks, watermelon juice, cucumber juice and sugarcane juice while appreciating the beauty of the sunset, making the place lively and crowded. — Zeya Naing (Shwekan Myay)/MKKS



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OPINION

Strive to ensure peace and stability of the nation

The Government is striving to build a Union based on democracy and a federal system. In order to establish such a Union and promote the socioeconomic development of the people, all citizens must be healthy, resilient, and equipped with knowledge and skills. Therefore, the Government is making efforts to ensure balanced development across all sectors, including education and healthcare. National development can only be achieved through knowledgeable and skilled individuals.

All ethnic nationalities within the Union must avoid disunity and, with a strong sense of Union spirit, build a Union founded on democracy and a federal system through mutual understanding, forgiveness, and cooperation. Myanmar is a country established under a Union system, and ethnic unity and solidarity are of paramount importance. To ensure harmony among ethnic nationalities, the most crucial and necessary task is to foster and nurture the Union spirit. Only when the Union spirit remains alive will destructive acts within the country be eliminated.

It is the local ethnic people who are directly experiencing the negative consequences of armed violence. All destruction and losses involve the nation's resources and infrastructure. At a time when the country is gaining momentum in its development, the reckless actions of terrorist insurgents that cause damage and destruction weaken the nation's strength. Whenever such losses occur, substantial expenditures and a great deal of time are required to restore and rebuild to the original condition.

and stable, experiencing development, and the socioeconomic conditions of the people in those regions are improving.

It is the local ethnic people who are directly experiencing the negative consequences of armed violence. All destruction and losses involve the nation's resources and infrastructure. At a time when the country is gaining momentum in its development, the reckless actions of terrorist insurgents that cause damage and destruction weaken the nation's strength. Whenever such losses occur, substantial expenditures and a great deal of time are required to restore and rebuild to the original condition.

The adverse consequences arising from armed conflict are borne by the entire ethnic population. Hence, peace and stability, along with the rule of law, are essential for national development and state-building. Therefore, all ethnic people are urged to join hands with the Government in striving to end armed conflict and to work together toward achieving stability, peace, and development.

MASTERING THE POWER OF LIVED REALITY WHILE EMBRACING THE DISCIPLINE OF NECESSARY ENDURANCE

By AUGUSTIN

In this article, I look at two Myanmar sayings. The first is 'Muta ma par, linga ma chaw,' which teaches us that without real-life experience, any work of art or life itself feels fake. The second is 'Ma chit thaw lal, aung kar nam,' which describes the social reality of having to hide our true feelings to keep the peace or reach a bigger goal.

I wrote this article for foreign readers who are studying the Myanmar language, so I have presented it in a bilingual format using both Myanmar and English.

"မှတမပါ လင်္ကာမချော" "Without real experience, the prose does not flow."

စာပေနှင့် ကဗျာလောကမှာ "မှတမပါ လင်္ကာမချော" ဆိုတဲ့ စကားဟာ အလွန် လေးနက်ပါတယ်။ "မှတ" ဆိုတာ မြင်ခြင်း၊ ကြားခြင်း၊ နံခြင်း၊ စားခြင်းနဲ့ ထိရရှိလာတဲ့ ကိုယ်တွေ့အတွေ့အကြုံကို ဆိုလိုတာပါ။ စာရေးဆရာတစ်ယောက် မြင်၊ နား၊ စား၊ ထိရရှိလာတဲ့ ကိုယ်တွေ့အတွေ့အကြုံကို အခြေခံပြီး ရေးသားမှသာ စာဖတ်သူရဲ့ကိုယ်ထိမှန်တဲ့ အနုပညာမြောက် စာပေကောင်းတွေ ထွက်ပေါ်လာမှာ ဖြစ်ပါတယ်။ ကမ္ဘာ့စာရေးဆရာကြီး Ernest Hemingway လို ပုဂ္ဂိုလ်မျိုးဟာလည်း ဒီအယူအဆအတိုင်း စစ်မြေပြင်နဲ့ သဘာဝတရားထဲမှာ ကိုယ်တိုင်တွေ့ရတာကို ဖြတ်သန်းပြီးမှသာ သာမော်ကွန်းဘင်လောက်တဲ့ စာအုပ်တွေကို ရေးသားခဲ့တာ ဖြစ်ပါတယ်။

လူအတော်များများဟာ "မှတ" အစား "မှသားမပါ လင်္ကာမချော" လို့ မှားယွင်း အသုံးပြုတတ်ကြပါတယ်။ စကားလုံးတွေ လှပဖို့၊ လူကြိုက်များဖို့အတွက် အစစ်မြေပြင်နဲ့ သဘာဝတရားထဲမှာ ကိုယ်တိုင်တွေ့ရတာကို ဖြတ်သန်းပြီးမှသာ သာမော်ကွန်းဘင်လောက်တဲ့ စာအုပ်တွေကို ရေးသားခဲ့တာ ဖြစ်ပါတယ်။ လူအတော်များများဟာ "မှတ" အစား "မှသားမပါ လင်္ကာမချော" လို့ မှားယွင်း အသုံးပြုတတ်ကြပါတယ်။ စကားလုံးတွေ လှပဖို့၊ လူကြိုက်များဖို့အတွက် အစစ်မြေပြင်နဲ့ သဘာဝတရားထဲမှာ ကိုယ်တိုင်တွေ့ရတာကို ဖြတ်သန်းပြီးမှသာ သာမော်ကွန်းဘင်လောက်တဲ့ စာအုပ်တွေကို ရေးသားခဲ့တာ ဖြစ်ပါတယ်။

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ကြီးထဲ ရောက်သွားတတ်ပါတယ်။ အမှန်ကို သိလျက်နဲ့ ချွန်ထားတာဟာလည်း လိမ်ညာခြင်းတစ်မျိုးပဲ ဖြစ်ပါတယ်။ စစ်မှန်တဲ့ စိတ်ချမ်းသာမှုနဲ့ လွတ်လပ်မှုကို ရချင်တယ်ဆိုရင်တော့ အမှန်တရားကို ပြောရမှာ မကြောက်တဲ့ သတ္တိကို မွေးမြူရပါမယ်။

အကယ်၍ "အမှန်အတိုင်းပြောရင် ဒီလောကကြီးမှာ နေစရာမရှိဘူး" လို့ ဆင်ခြေပေးနေကြမယ်ဆိုရင် ဒီကမ္ဘာကြီးဟာ လိမ်ညာသူတွေပဲ ကြီးစိုးတဲ့ မှောင်မှိုက်တဲ့နေရာ ဖြစ်သွားပါလိမ့်မယ်။ အမှန်တရားကို မြတ်နိုးခြင်း၊ ကိုယ်တွေ့လူတစ်ယောက်ရဲ့ ဘဝနဲ့ သူဖန်တီးတဲ့ အနုပညာကို ထာဝရ ရှင်သန်စေမှာ ဖြစ်ပါတယ်။

ကိုယ်တိုင်ခံစားချက်ရဲ့ စွမ်းအားပန်းချီလောကက ပါရမီရှင်ကြီး ဝန်းချီကို ကြည့်ရင် "မှတ" (ကိုယ်တွေ့ခံစားမှု) ရဲ့ တန်ဖိုးကို ရှင်းရှင်းလင်းလင်း မြင်နိုင်ပါတယ်။ သူဟာ စိတ်ဝေဒနာကို မြင်ပြီးပြင်းထန်ထန် ခံစားခဲ့သူဖြစ်ပြီး သူ့ပန်းချီကားဟာ "The Starry Night" ပန်းချီကားဟာ စိတ်ရောဂါကုဆေးရုံပြတိုင်းပေါက်ကနေ သူ့ကိုယ်တိုင် မြင်တွေ့ခံစားရတဲ့ ကောင်းကင်ယံကို ရေးဆွဲတာပဲ။ သူဟာ လူချင်တိုင်းလှအောင် မြင်ဖူးတဲ့ အမှန်တရားတွေကို အခြေခံပြီး ရေးသားမှသာ စာဖတ်သူရဲ့ကိုယ်ထိမှန်တဲ့ အနုပညာမြောက် စာပေကောင်းတွေ ထွက်ပေါ်လာမှာ ဖြစ်ပါတယ်။

မှသားကြောင့် အရှက်ရခဲ့တဲ့ ဂျာနယ်လစ် ၁၉၈၁ ခုနှစ်မှာ ဝါရှင်တန်ပို့စ် သတင်းစာက သတင်းထောက်မလေး ဂျင်းနက်ကွတ်ဟာ အသက် (၈) နှစ်အရွယ် ဟီးရီးအင်း မူးယစ်ဆေးခွဲနေတဲ့ ကလေးငယ်တစ်ယောက်အကြောင်း ရေးသားခဲ့လို့ အမြင့်ဆုံး Pulitzer ဆုကို ရရှိခဲ့ဖူးပါတယ်။ ဒါပေမဲ့ နောက်ပိုင်းမှာတော့ အဲဒီကလေးဟာ တကယ်မရှိဘဲ သူမက "လင်္ကာမချော" အောင်မှသားနဲ့ လုပ်ကြံဖန်တီးထားတာဖြစ်ကြောင်း ပေါ်ပေါက်သွားခဲ့ပါတယ်။ ဒီဖြစ်ရပ်ဟာ သတင်းစာလောကမှာ အကြီးမားဆုံး အမည်ပျက်သွားခဲ့ရပါတယ်။ "မှသား" ဟာ ငဏတာ တောက်ပနိုင်ပေမဲ့ ရေရှည်မှာတော့ ကိုယ့်ကိုပြန်သတ်မယ့် ဓားသွားပါပဲ။

"Without real experience, the prose does not flow."

There is a profound saying in Myanmar literature: "Without real experience, the prose does not flow." This carries deep weight. When writers create from what they have truly seen, heard, and felt, their work touches the human heart.

Ernest Hemingway understood this well. He immersed himself in war zones and the raw elements of nature so he could write stories that felt authentic. His books remain masterpieces

ဖို့ ဘယ်တော့မှ မကြောက်ခဲ့သူပါ။ အာဏာပိုင်တွေက သူ့ကို အမှန်တရားတွေမဟောပြောဖို့ သူကတော့ "လိမ်ပြောပြီး အသက်ရှင်နေရတဲ့ဘဝထက် အမှန်တရားအတွက် သေရတာက ပိုမြတ်တယ်" လို့ ယုံကြည်ခဲ့ပါတယ်။ သူဟာ အဆိပ်ခွက်ကို သောက်ပြီး သေဒဏ်ခံယူသွားခဲ့ပေမဲ့ သူချွန်ထားခဲ့တဲ့ အမှန်တရားတွေကတော့ ဒီနေ့ခေတ်အထိ ကမ္ဘာကြီးကို လမ်းပြနေတုန်းပါပဲ။ ဒါဟာ "အမှန်ကိုပြောရမှာ မကြောက်သောသူ" ဆိုတဲ့ စိတ်ဓာတ်ရဲ့ ပြယုဂ်ပါပဲ။

တောရိုင်းထဲက အတွေ့အကြုံစစ် "တောရိုင်း၏ ခေါ်သံ" (The Call of the Wild) လို့ ဝတ္ထုမျိုးကို ရေးခဲ့တဲ့ ဂျက်လန်ဒန်ဟာလည်း စားဖွတ်င် စာရေးဆရာမဟုတ်ခဲ့ပါဘူး။ သူဟာ ကလောင်ခံခိုက် (Klondike) ရွှေတွင်းသေခံရဲ့ အလွန်အမင်းအေးခဲလှတဲ့ရာသီဥတုထဲမှာ ကိုယ်တိုင်ရှင်သန် နေထိုင်ခဲ့သူပါ။ အဲဒီမှာ သူ့ကိုယ်တိုင် ကြုံတွေ့ခဲ့ရတဲ့ အအေးဒဏ်၊ ဆာလောင်မှုနဲ့ သဘာဝတရားရဲ့ ရုတ်စက်မှု "မှတ" တွေကြောင့်သာ သူ့ရဲ့စာတွေဟာ ဖတ်နေရင်းနဲ့တောင် ချမ်းစိမ့်လာရလောက်အောင် အသက်င်တော့ ဖြစ်ပါတယ်။ မှသားနဲ့ ဘယ်လောက်ပဲ မြယ်ပါပေ။ အတွေ့အကြုံစစ်ရဲ့ ရသာကိုတော့ ဘယ်တော့မှ မမိနိုင်ပါဘူး။

အယ်ဒီတာမှတ်ချက် -- ပါဠိစကားလုံး "မှတ" (muta) ဆိုတာ "ကိုယ်တိုင်သိတာ"၊ ဒါမှမဟုတ် "ကိုယ်တိုင်ထိတွေ့ခံစားမိတာ" ကို ပြောတာပါ။ ပါဠိကျမ်းဂန်တွေမှာ "မှတ" (muta) ကို အများဆုံးတွေ့ရတာကတော့ "ဒိဗ္ဗသုတ၊ မုတ၊ ပိဿာ" ဆိုတဲ့ အစုအဝေးလေးထဲမှာ ဖြစ်ပါတယ်။

မြတ်စွာဘုရားက ဗာဟိယရဟန်းကို "ဒိဗ္ဗဒိဗ္ဗမတ္တံ ဘဝိဿတိ၊ သုတေ သုတမတ္တံ ဘဝိဿတိ၊ မုတေ မုတမတ္တံ ဘဝိဿတိ..." စသဖြင့် ဟောကြားဖူးပါတယ်။ အဓိပ္ပာယ်က - မြင်ရင် မြင်ရုံပဲ၊ ကြားရင် ကြားရုံပဲ၊ "ငါ" လို့ သွားမစွဲနဲ့လို ဆိုလိုတာပါ။ ဒီလိုကျင့်ကြံရင်းနဲ့ ဗာဟိယဟာ ချက်ချင်းပဲ ရဟန္တာဖြစ်သွားခဲ့ပါတယ်။

Learning from Van Gogh

Vincent van Gogh perfectly illustrates the power of authentic experience. Despite his intense struggle with mental illness, he didn't paint "pretty pictures" to please the crowd. From his asylum window, he painted the sky exactly as he perceived and felt it. Because he was honest about the "storm" inside him, his work - like The Starry Night - continues to move people over a century later.

The Journalist Ruined by Lies

In 1981, a reporter named Janet Cooke from The Washington Post won the prestigious Pulitzer Prize. She wrote a heartbreaking story about an 8-year-old boy addicted to heroin. However, it was later discovered that the boy didn't actually exist; she had made the

whole story up just to make her writing "flow" and sound more dramatic. This became a massive scandal in the world of journalism.

The Temptation of the Lie

Many people distort this saying, mistakenly claiming: "Without lies, the prose does not flow." They believe that beautiful writing requires fabrication or that hiding the truth makes one more likeable. This is a dangerous fallacy.

Consider the case of James Frey. He wrote a memoir detailing experiences he never actually had. When the deception was uncovered, his reputation crumbled beyond repair. A life built on lies, or art born of deception, can never hold lasting value.

The Root of the Problem: Fear

The real problem is fear. We are afraid that telling the truth will lead to rejection, so we lie more and more. Eventually, we trap ourselves in a "dead life"—a life that feels empty and artificial. Even remaining silent when you know the truth is a form of lying.

If you desire genuine peace and freedom, you must cultivate the courage to speak the truth. This strength cannot be gained through prayer alone; it must be practised daily in the real world. If we continue to argue that "there is no room for truth in this world," we allow darkness and deception to rule.

Real Experience from the Wild

Jack London, the author of the famous novel The Call of the Wild, wasn't just a writer sitting at a desk. He actually lived through the freezing winters of the Klondike gold mines. Because he personally experienced the bitter cold, the hunger, and the cruelty of nature (Muta), his writing feels incredibly alive.

Enduring a kiss by holding breath, despite no love"

ဒီစကားပုံက တကယ်တော့ "မတတ်သာလို့ အောင်အည်းသည်းခံပြီး လုပ်နေရတဲ့ အခြေအနေ" ကို ပုံဖော်ထားတာပါ။ စဉ်းစားကြည့်ရင်... ကိုယ်က မနှစ်သက်တဲ့သူ၊ အနဲ့အသက်မကောင်းတဲ့သူ တစ်ယောက်ကို နှမ်းရတော့မယ်ဆိုရင် အသက်ကို ဝအောင်မရှုံးရဘဲ အောင်ထားပြီးမှ မျက်စိမှိတ်နှမ်းရသလိုမျိုးပေါ့။ အဲဒီအတိုင်းပါပဲ၊ လူမှုပတ်ဝန်းကျင်မှာ ကိုယ်က စိတ်မပါဘူး၊ မကြိုက်ဘူး၊ သဘောမတူဘူး၊ ဒါပေမဲ့ အခြေအနေအရ (သို့မဟုတ်) အားနာလို့ မတတ်သာလို့ မျက်စိမှိတ်ပြီး လိုက်လျောပေးလိုက်ရတာမျိုးကို ဆိုလို

တောရိုင်းထဲက အတွေ့အကြုံစစ် "တောရိုင်း၏ ခေါ်သံ" (The Call of the Wild) လို့ ဝတ္ထုမျိုးကို ရေးခဲ့တဲ့ ဂျက်လန်ဒန်ဟာလည်း စားဖွတ်င် စာရေးဆရာမဟုတ်ခဲ့ပါဘူး။ သူဟာ ကလောင်ခံခိုက် (Klondike) ရွှေတွင်းသေခံရဲ့ အလွန်အမင်းအေးခဲလှတဲ့ရာသီဥတုထဲမှာ ကိုယ်တိုင်ရှင်သန် နေထိုင်ခဲ့သူပါ။ အဲဒီမှာ သူ့ကိုယ်တိုင် ကြုံတွေ့ခဲ့ရတဲ့ အအေးဒဏ်၊ ဆာလောင်မှုနဲ့ သဘာဝတရားရဲ့ ရုတ်စက်မှု "မှတ" တွေကြောင့်သာ သူ့ရဲ့စာတွေဟာ ဖတ်နေရင်းနဲ့တောင် ချမ်းစိမ့်လာရလောက်အောင် အသက်င်တော့ ဖြစ်ပါတယ်။ မှသားနဲ့ ဘယ်လောက်ပဲ မြယ်ပါပေ။ အတွေ့အကြုံစစ်ရဲ့ ရသာကိုတော့ ဘယ်တော့မှ မမိနိုင်ပါဘူး။

Socrates: Choosing Truth Over Life

The ancient Greek philosopher Socrates was never afraid to speak the truth. Authorities tried to stop him from teaching and pressured him to admit to things that weren't true to save his life. He famously believed, "It is better to die for the truth than to live a life built on lies." He chose to drink poison and face his execution rather than lie. Though he died, the truths he left behind still guide the world today. He is the ultimate symbol of someone who refused to be afraid of the truth.

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"Without real experience, the prose does not flow." "မှတမပါ လင်္ကာမချော"



"Enduring a kiss by holding breath, despite no love" "မချစ်သော်လည်း အောင်ကာနမ်း"

တာ ဖြစ်ပါတယ်။ အလုပ်ခွင်မှာ ကိုယ်က ဒီလူကြီးကို ကြည့်မရဘူး။ သူခိုင်းတာတွေကိုလည်း သဘောမကျဘူး။ ဒါပေမဲ့ အလုပ်ပြုတ်မှာကြောက်လို့ ဒါမှမဟုတ် အဆင်ပြေအောင်ဆိုပြီး ပြုံးပြုံးလေးနဲ့ ခိုင်းတာလုပ်ပေးနေရတာမျိုးပါပဲ။ လူမှုရေးမှာ ကိုယ့်နဲ့မတည့်တဲ့ ဆွေမျိုးတစ်ယောက်ရဲ့ မင်္ဂလာဆောင်ကို မသွားခင်ဘဲနဲ့ မျက်နှာပူလို့ သွားပေးရတာ လက်ဆောင်ပေးရတာမျိုးပေါ့။ တစ်ခါတလေ ဒီစကားပုံကို အရှည်ကြီး သော်လည်း အောင်ကာနမ်း၊ မနမ်းသော်လည်း အောင်ကာနမ်း၊ မနမ်းသော်လည်း ပင့်သက်ရှု။ တဲ့။ ဆိုလိုတာကတော့ အောင်အည်းသည်းခံရတာကိုပိုပြီး လေးနက်အောင် ပြောတာပါ။ ဒီစကား ပုံဟာ မြန်မာ့လူမှုအသိုင်းအဝိုင်းမှာ "အားနာတတ်မှု" နဲ့ "သည်းခံစောင့်စည်းမှု" ကြောင့် ကြုံတွေ့ရတဲ့ စိတ်အခြေအနေတစ်ခုကို ဟာသနောပြုံး ရေးဖွဲ့ထားတာပါ။ "မချစ်သော်လည်း အောင်ကာနမ်း" ဆိုတဲ့ အခြေအနေမျိုးက ကျွန်တော်တို့ ကို နည်းဗျူဟာတစ်ခုပါ။ ကိုယ်တိုင်နိုင်ရေး၊ စီးပွားရေးနဲ့ သမိုင်းဖြစ်ရပ်တွေမှာလည်း အများကြီးရှိခဲ့ဖူးတယ်။ "အောင်ကာနမ်း" တဲ့ မဟာမိတ်များ

နို့ င် င တ ကာ ဆ က် ဆံ ရေး မှာ "ထာဝရမိတ်ဆွေဆိုတာမရှိဘူး။ ထာဝရအကျိုးစီးပွားပဲရှိတယ်" ဆိုတဲ့စကားရှိပါတယ်။ ဒုတိယကမ္ဘာစစ်တုန်းက အမေရိကန်သမ္မတ Roosevelt နဲ့ ဗြိတိန်ဝန်ကြီးချုပ် Churchill တို့ဟာ ဆိုဗီယက်ယူနီယံခေါင်းဆောင် Stalin ကို တကယ်တော့ လုံးဝသဘောမကျကြဘူး။ ဒါပေမဲ့ ဟစ်တလာကို တိုက်ထုတ်ဖို့အတွက် သူတို့သုံးယောက်ဟာ မဟာမိတ်အဖြစ် လက်တွဲခဲ့ကြရတယ်။ အဲဒီတုန်းက သူတို့ရဲ့ ဆက်ဆံရေးဟာ "မချစ်သော်လည်း အောင်ကာနမ်း" ရတဲ့ အခြေအနေမျိုးပါပဲ။ အားလုံးရဲ့ ရန်သူဖြစ်တဲ့ နာဇီကို နှိမ်နင်းဖို့အတွက် စိတ်မပါဘဲ ပြုံးပြုံးလေးနဲ့ လက်ဆွဲနှုတ်ဆက်ခဲ့ကြရတာပေါ့။ စီးပွားရေးလောကက ရန်ဘက်မဟာမိတ်များ ဒါကတော့ အခုခေတ် လူတိုင်းသိတဲ့ သဘောပါ။ Apple နဲ့ Samsung ဟာ တရားရုံးမှာ မှိုင်ခွင့်ကိစ္စတွေနဲ့ တစ်ယောက်ကိုတစ်ယောက် တရားစွဲလိုက် အပြတ်အသတ် ပြိုင်ဆိုင်လိုက်နဲ့ ရန်သူတွေလို့ ဖြစ်နေကြတာပါ။ ဒါပေမဲ့ ထူးဆန်းတာက iPhone တွေမှာသုံးတဲ့ Screen တွေနဲ့ တချို့အစိတ်အပိုင်းတွေကို Samsung ဆီကပဲ ဝယ်နေရတာပါ။ Apple ဘက်က ကြည့်မရပေမဲ့ ဖွဲ့စည်းကောင်းချင်တော့ Samsung ဆီက ဝယ်ရတယ်။ Samsung ဘက်ကလည်း ပြိုင်ဘက်ဖြစ်ပေမဲ့ ပိုက်ဆံရချင်တော့ ရောင်းပေးရတယ်။ ဒါဟာ စီးပွားရေးအကျိုးအမြတ်အတွက် နှစ်ဖက်စလုံးက "မချစ်သော်လည်း အောင်ကာနမ်း" ပါပဲ။ သမိုင်းဝင် အိမ်ထောင်ရေး ပြင်သစ်ကဏ္ဍက နှိပ်လိယာသူရဲ့ ပထမဇနီး ဂျိုးဇဖင်းကို အရေးချစ်တာပါ။ ဒါပေမဲ့ ရင်သွေးမရတာကြောင့် နိုင်ငံရေးအရ အင်အားတောင့်တင်းဖို့ ဩစတြီးယားမင်းသမီး မာရီလူဗီနဲ့ လက်ထပ်ခဲ့ရပါတယ်။ နှိပ်လိယာသူ ဩစတြီးယားနိုင်ငံ (Austria) ကို စစ်ရှုံးစေခဲ့တဲ့ ရန်သူဖြစ်လို့ မင်းသမီးလေးက နှိပ်လိယာကို အသေမှန်းတာပါ။ နှိပ်လိယာလည်း သူ့ကို နိုင်ငံရေးအရပဲ အသုံးချချင်တာ။ ဒါပေမဲ့ နိုင်ငံနှစ်ခု ငြိမ်းချမ်းဖို့နဲ့ နန်းလျာရဖို့အတွက် သူတို့နှစ်ယောက်ဟာ မချစ်ဘဲနဲ့ အောင်အည်းသည်းခံရတာပေါ့။ "သည်းခံစောင့်စည်းမှု" ကြောင့် ကြုံတွေ့ရတဲ့ စိတ်အခြေအနေတစ်ခုကို ဟာသနောပြုံး ရေးဖွဲ့ထားတာပါ။ "မချစ်သော်လည်း အောင်ကာနမ်း" ဆိုတဲ့ အခြေအနေမျိုးက ကျွန်တော်တို့ ကို နည်းဗျူဟာတစ်ခုပါ။ ကိုယ်တိုင်နိုင်ရေး၊ စီးပွားရေးနဲ့ သမိုင်းဖြစ်ရပ်တွေမှာလည်း အများကြီးရှိခဲ့ဖူးတယ်။ "အောင်ကာနမ်း" တဲ့ မဟာမိတ်များ

ဒါကတော့ အခုခေတ် လူတိုင်းသိတဲ့ သဘောပါ။ Apple နဲ့ Samsung ဟာ တရားရုံးမှာ မှိုင်ခွင့်ကိစ္စတွေနဲ့ တစ်ယောက်ကိုတစ်ယောက် တရားစွဲလိုက် အပြတ်အသတ် ပြိုင်ဆိုင်လိုက်နဲ့ ရန်သူတွေလို့ ဖြစ်နေကြတာပါ။ ဒါပေမဲ့ ထူးဆန်းတာက iPhone တွေမှာသုံးတဲ့ Screen တွေနဲ့ တချို့အစိတ်အပိုင်းတွေကို Samsung ဆီကပဲ ဝယ်နေရတာပါ။ Apple ဘက်က ကြည့်မရပေမဲ့ ဖွဲ့စည်းကောင်းချင်တော့ Samsung ဆီက ဝယ်ရတယ်။ Samsung ဘက်ကလည်း ပြိုင်ဘက်ဖြစ်ပေမဲ့ ပိုက်ဆံရချင်တော့ ရောင်းပေးရတယ်။ ဒါဟာ စီးပွားရေးအကျိုးအမြတ်အတွက် နှစ်ဖက်စလုံးက "မချစ်သော်လည်း အောင်ကာနမ်း" ပါပဲ။ သမိုင်းဝင် အိမ်ထောင်ရေး ပြင်သစ်ကဏ္ဍက နှိပ်လိယာသူရဲ့ ပထမဇနီး ဂျိုးဇဖင်းကို အရေးချစ်တာပါ။ ဒါပေမဲ့ ရင်သွေးမရတာကြောင့် နိုင်ငံရေးအရ အင်အားတောင့်တင်းဖို့ ဩစတြီးယားမင်းသမီး မာရီလူဗီနဲ့ လက်ထပ်ခဲ့ရပါတယ်။ နှိပ်လိယာသူ ဩစတြီးယားနိုင်ငံ (Austria) ကို စစ်ရှုံးစေခဲ့တဲ့ ရန်သူဖြစ်လို့ မင်းသမီးလေးက နှိပ်လိယာကို အသေမှန်းတာပါ။ နှိပ်လိယာလည်း သူ့ကို နိုင်ငံရေးအရပဲ အသုံးချချင်တာ။ ဒါပေမဲ့ နိုင်ငံနှစ်ခု ငြိမ်းချမ်းဖို့နဲ့ နန်းလျာရဖို့အတွက် သူတို့နှစ်ယောက်ဟာ မချစ်ဘဲနဲ့ အောင်အည်းသည်းခံရတာပေါ့။ "သည်းခံစောင့်စည်းမှု" ကြောင့် ကြုံတွေ့ရတဲ့ စိတ်အခြေအနေတစ်ခုကို ဟာသနောပြုံး ရေးဖွဲ့ထားတာပါ။ "မချစ်သော်လည်း အောင်ကာနမ်း" ဆိုတဲ့ အခြေအနေမျိုးက ကျွန်တော်တို့ ကို နည်းဗျူဟာတစ်ခုပါ။ ကိုယ်တိုင်နိုင်ရေး၊ စီးပွားရေးနဲ့ သမိုင်းဖြစ်ရပ်တွေမှာလည်း အများကြီးရှိခဲ့ဖူးတယ်။ "အောင်ကာနမ်း" တဲ့ မဟာမိတ်များ

Sometimes the saying is longer: "Kissing while holding your breath, and sighing even if you aren't kissing." This emphasizes the deep frustration of the situation, where even after the unpleasant task is done, you are left let down and sighing in disappointment.

In Myanmar culture, this proverb captures the feeling of "Ah-nar-deh" (being restrained by politeness) and patience. When someone says, "I'm just holding my breath and kissing right now," everyone immediately understands that they are miserable but doing their duty anyway.

The concept of "kissing while holding your breath" exists globally in politics, business, and history.

During WWII, Western leaders allied with Stalin to defeat Hitler despite mutual loathing. In business, Apple and Samsung compete fiercely in court but cooperate as vital suppliers for profit.

Even Napoleon married a princess who hated him to secure a political heir. These examples show rivals enduring unpleasant partnerships to achieve a greater goal.

"Enduring a kiss by holding breath, despite no love"

This proverb describes a situation where you have no choice but to endure something you dislike. Imagine having to kiss someone you aren't attracted to or someone who smells bad. You wouldn't want to breathe in, so you would hold your breath, close your eyes, and just get it over with. In real life, this refers to situations where you don't agree with something or don't like someone, but you go along with it because of social pressure, politeness, or necessity.

In professional settings, you might find yourself working under a manager you genuinely dislike or executing orders you find questionable. To maintain your job security and avoid conflict, you suppress your true feelings, put on a polite facade, and follow through with your duties - perfectly illustrating the concept of "kissing while holding your breath." Similarly, this dynamic often plays out in your social life, such as when you receive a wedding invitation for a relative you find difficult. Even if you have no desire to attend, you show up with a gift in hand simply to "save face" and prevent family drama, prioritizing social harmony over your personal preferences.

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NATIONAL

Nationwide agricultural cooperatives top 18,000, benefiting 900,000 farmers



This photo depicts paddy farming and rice production work.

MORE than 18,000 agricultural production cooperative societies have been formed nationwide, and support has been provided to over 900,000 farmers to enable the cultivation and production of more than 1.6 million acres of crops, including paddy, ground-

nut, sesame, sunflower, pigeon pea, green gram, cotton and vegetables, using funds owned by the cooperatives as well as state budget allocations, according to the Ministry of Cooperatives and Rural Development.

In addition, for seed produc-

tion, 31 seed production cooperative societies have been established in 21 townships across 11 regions and states, producing high-quality and pure seeds on 1,835 acres.

These seed production cooperative societies have also enabled the government to provide 1,549 member farmers with financial assistance equivalent to agricultural inputs, such as quality seeds, organic fertilizer, chemical fertilizers (urea and compound) and pesticides, under a post-harvest repayment system.

Furthermore, it is reported that a seed exhibition was held in Nay Pyi Taw with the aims of promoting the wider use of high-quality seeds, strengthening the network between seed users and seed producers, and enhancing Public-Private Partnership (PPP) cooperation in the seed sector. — ASH/MKKS



Rice bags being prepared for export at the port.

Feb rice exports earn US\$55M; 11-month total US\$790M

ACCORDING to records from the Myanmar Rice Federation (MRF), Myanmar earned US\$55 million from the export of 178,191.5 tonnes of rice and broken rice in February of the 2025-2026 financial year.

A total of 56 companies participated in the February exports, which consisted of 104,861.5 tonnes of rice and 73,330 tonnes of broken rice, totalling 178,191.5 tonnes.

China remained the top destination for these exports in February, importing 40,266 tonnes of rice and 59,491 tonnes of broken rice. Monthly earnings from exports are April:

142,788 tonnes (\$52 million), May: 259,501 tonnes (\$91 million), June: 212,416 tonnes (\$71 million), July: 230,672 tonnes (\$77 million), August: 192,985 tonnes (\$65 million), September: 168,046 tonnes (\$52 million), October: 316,920 tonnes (\$92 million), November: 263,815 tonnes (\$76 million), December: 331,869 tonnes (\$99 million), January: 208,847 tonnes (\$60 million), and February: 178,191 tonnes (\$55 million).

The total volume for the 11 months from April to February exceeded 2.5 million tonnes, resulting in cumulative revenue of US\$790 million. — MT/ZN

FDA warns against 2 cosmetic products containing prohibited chemicals

THE Food and Drug Administration (FDA) has announced that two cosmetic products currently sold in the local market are unfit for use as they contain prohibited chemicals that pose significant health risks.

Following inspections, the FDA issued an alert on 5 March, and the two products are Lianilo DL /whitening cream day cream excellent (LD-801) made in Chinese Taipei and MILA COLIRI / chocolate blusher (02) labelled in Thai. Potential side effects include skin irritation, swelling, red or white patches, numbness via skin absorption, tremors, fatigue, headaches, and depression. Chronic use can lead to kidney failure and other serious health conditions.

The FDA has explicitly warned importers, distributors, wholesalers, and retailers to adhere to professional ethics and immediately cease the sale and distribution of these unregistered and unsafe products. Failure to comply will result in legal action taken by relevant authorities under Section 3, Subsection (3) (d) of the Public Health Law.

Under the guidance of the Ministry of Health, the FDA continues to systematically monitor and regulate cosmetic products to ensure that the public has access to items that are authentic, high-quality, and safe for health. — MT/ZN

24 finalists unveiled for Mister Myanmar 2026

TWENTY-FOUR finalists for the Mister Myanmar 2026 competition were unveiled at a sash presentation and media introduction ceremony held at the Wyndham Grand Yangon Hotel in Mingala Taungnyunt Township, Yangon Region, on 4 March.

At the ceremony, Dr Ye Htun Thu, founder of the Burmese Face Entertainment, delivered the opening address. Mister Myanmar 2025 winner Zeya Htet Aung also offered words of encouragement to the contestants.

The organizers introduced the 24 contestants selected by city directors from different states and regions across Myanmar. During the event, the contestants walked the catwalk and received



Officials and the 24 Mister Myanmar 2026 finalists at the sash presentation and media introduction ceremony.

sashes representing their respective regions.

According to the organizer, the winner of Mister Myanmar 2026 will receive a ruby crown weighing a total of 40 carats, with an estimated value of more than K300 million at the current market price.

“We will select the crown winner based on

the contestants’ genuine abilities throughout the competition. The crown will never be sold. From the 24 finalists, three winners will be selected, and they will have the opportunity to compete in international pageants,” said Dr Ye Htun Thu.

At the ceremony, the 24 finalists also performed catwalk pres-

entations, and the Media Choice Award and Best Dressed Award were presented.

The three winners selected from the Mister Myanmar 2026 final will represent Myanmar in the international competitions, Mister International, Man of the World, and Mister Friendship International. — ASH/KZL

Myanmar's manufacturing sector attracts over US \$200M in Apr-Jan of 2025-2026 FY

FOREIGN direct investments of over US\$204 million flowed into Myanmar's manufacturing sector in the past ten months of the current financial year 2025-2026, beginning 1 April, as per the statistics released by the Directorate of Investment and Company Administration (DICA).

The Myanmar Investment Commission (MIC) permitted 63 enterprises to make invest-

ments in the manufacturing sector during the April-January period. Chinese companies primarily made investments in the manufacturing sector. MIC give priority to the manufacturing enterprises that need a large labour force to create more job opportunities for the locals.

Myanmar Investment Commission gave the greenlight to 67 projects from China, Hong

Kong SAR, India, Chinese Taipei, Japan, Thailand, the Republic of Korea, Samoa, Singapore and the UK to invest over \$398 million during April-Jan period, including expansions of capital by some existing enterprises.

This FY, one new enterprise was founded, investing \$21 million in the Oil and Gas sector. The manufacturing sector drew \$204 million from 63 enterprises,

while the services sector attracted \$3.288 million from three enterprises. Livestock and fisheries, manufacturing, power, and transport and communication sectors saw capital expansion by the existing enterprises.

Myanmar's garment enterprises operate under the Cutting, Making, and Packaging model. European Union member countries, Japan, the Re-

public of Korea, the US and China place garment orders from Myanmar. Myanmar's garment sector plays a pivotal role in the economic development of the country, contributing to the country's GDP to a certain extent. In addition to garments, the manufacturing of electrical devices, footwear, bags, wigs, lenses, and cameras is also running under a CMP system. — KK

YSX stock trading values exceed K1.7B in Feb

THE grand trading value of the eight listed companies on the Yangon Stock Exchange (YSX) topped K1.7 billion from 469,160 shares traded in February 2026, according to YSX's statistics.

At present, shares of eight listed companies: First Myanmar Investment (FMI), Myanmar Thilawa SEZ Holdings (MTSH), Myanmar Citizens Bank (MCB), First Private Bank (FPB), TMH Telecom Public Co Ltd (TMH), Ever Flow River Group Public Co Ltd (EFR), Amata Holding Public Co Ltd (AMATA) and Myanmar Agro Exchange Public Co Ltd (MAEX) are traded in the securities market.

MTSH topped the trading on equity with over K922 million

from 237,795 shares, followed by FPB with stocks worth K339 million from 110,606 shares, FMI with K249 million from 29,745 shares, EFR with over K98 million from 60,900 shares, MAEX with K72 million from 23,499 shares, TMH with K911.7 million from 3,930 shares, MCB with K8.6 million from 1,088 shares, and AMATA with K6.27 million from 1,597 shares.

The stock trading values were estimated at K1.22 billion with 382,083 shares traded in January 2026.

The stock trading in February is up by over K487 million, with more than 87,077 shares traded on the exchange compared to those of January. — NN/KK



A stock index panel at the Yangon Bourse.

CBM sells US\$1.24M to edible oil-importing companies



Cooking oil bottles are neatly arranged for sale inside the supermarket.

THE Central Bank of Myanmar (CBM) sold over US\$1.24 million to edible oil-importing companies on 4 March, in addition to an injection of over 5.6 million baht into the market.

CBM injected \$1 million each into the edible oil and fuel oil import sectors on 3 March, along with selling over 470,990 yuan and over 631,800 baht in the foreign exchange market.

CBM sold over S\$35 million, 34 million baht and over three million yuan in February.

CBM sold over \$43 million, 65 million baht and over four million yuan in January 2026.

CBM aims to curb the instability in the foreign exchange market and currency devaluation. According to CBM's notification on 15 March 2024, it has been collaborating

with law enforcement agencies to combat and prosecute those who attempt to manipulate the currency market under the existing laws. CBM allowed authorized dealers (private banks) to operate online foreign exchange trading freely as per the market rate, depending on supply and demand, starting from 5 December 2023. — NN/KK

Daily newspapers available online

FOR those who would like to read the Myanma Alinn, the Kyemon and the Global New Light of Myanmar, published daily by the Ministry of Information, please visit www.moi.gov.mm/mal, www.moi.gov.mm/km, www.moi.gov.mm/nlm and www.gnlm.com.mm/e-paper.

News and Periodicals Enterprise



ECONOMY WORLD

South Korea activates \$68B market stability fund over Mideast crisis

The South Korean government is injecting \$68 billion into capital markets to counter economic instability.



South Korea's benchmark Kospi index tumbled more than 12 per cent on Wednesday as Middle East turmoil sparked a prolonged sell-off across world markets. **PHOTO: AFP**

SOUTH Korea's president ordered the activation of a \$68 billion market stabilisation fund Thursday, citing the need to smooth out volatility caused by war in the Middle East.

"The escalating crisis in the Middle East is significantly worsening the global economic and security environment," President Lee Jae Myung said.

"First, we must respond proactively to heightened volatility in financial markets, including equities and foreign exchange."

Lee said the programme would "pre-empt instability" in capital markets.

But he stressed it would not be used to "directly prop-up stock prices".

"If structurally there is no problem, it is meant to correct temporary abnormalities when they occur, not to artificially support prices".

The programme includes funds earmarked for government and corporate bonds.

South Korea's benchmark Kospi index fell around 19 per cent on Tuesday and Wednesday.

But it bounced back as much as 12 per cent Thursday, leading a global rebound from the week's turmoil. — AFP

Philippines has adequate oil buffer amid Middle East tensions

The Philippines has "an adequate oil buffer" equivalent to about 50 to 60 days of national demand, providing a cushion against short-term price volatility due to the impact of the Middle East conflict on global oil markets, the country's Finance Secretary Frederick Go said Tuesday.

In a statement, Go said that the country's oil supply remains secure, citing the Philippines' flexibility to source fuel from multiple oil-producing states.

He noted that the government is closely monitoring movements in global oil prices, the duration of the conflict, and the possibility of sustained higher oil prices. — Xinhua

Middle East war is new 'red flag' for roiled tech market

THE war between the US, Israel and Iran will raise "red flags" for tech firms that have invested in Middle East infrastructure, especially data centres needed to power AI, analysts have warned.

The conflict marked the opening of the Mobile World Congress (MWC) telecoms

trade fair on Monday morning in Barcelona, with would-be attendees blocked from travel and experts anticipating the fallout.

Until this weekend, the Middle East "was investing heavily and making sure they drove the interest from key players" in siting tech infra-

structure there, said Francisco Jeronimo, a specialist covering the Middle Eastern and European markets for data firm IDC.

Now the war "will raise red flags for many vendors, because (the situation) becomes very unstable", he added. — AFP



Dubai's global trade dominance is built on the seamless integration between its world-class ports and specialized tax-free zones, which collectively handle a significant portion of the world's re-export trade. **PHOTO: DP WORLD**



The conflict in the resource-rich region has sent global oil prices soaring, and markets have been thrown into turmoil. **PHOTO: AFP/FILE**

Global economic resilience 'tested yet again' by Mideast war: IMF chief

GLOBAL economic resilience was being tested yet again by the latest war in the Middle East, the head of the IMF Kristalina Georgieva warned Thursday.

"This conflict, if proven to be more prolonged, has obvious potential to affect global energy prices, market sentiment, growth and inflation, and place new demands on the shoulders of policymakers everywhere," Georgieva said during a livestream of the "Asia in 2050" conference in Bangkok.

The United States and Israel began launching strikes

against Iran on Saturday, killing its supreme leader and sparking a wave of retaliatory attacks across the Gulf.

The conflict in the resource-rich region has sent global oil prices soaring, and markets have been thrown into turmoil.

"We are in a world of more frequent, more unexpected shocks and we have been warning our membership for quite some time that uncertainty is now the new normal," Georgieva said on Thursday. — AFP

Greek ship workers strike to support of stranded Gulf crews

GREEK ships were confined to port on Thursday, the coastguard confirmed, as workers staged a 24-hour strike in support of crews stranded in the Gulf by the Middle East war.

In a statement announcing the 24-hour strike, the Panhellenic Seamen's Federation (PNO) demanded an "immediate repatriation of all seafarers located in this region".

The union said the situation was "particularly serious and dangerous" for "hundreds of seafarers, Greek and foreign, who remain stranded" in the Middle East.

"Ships are not leaving

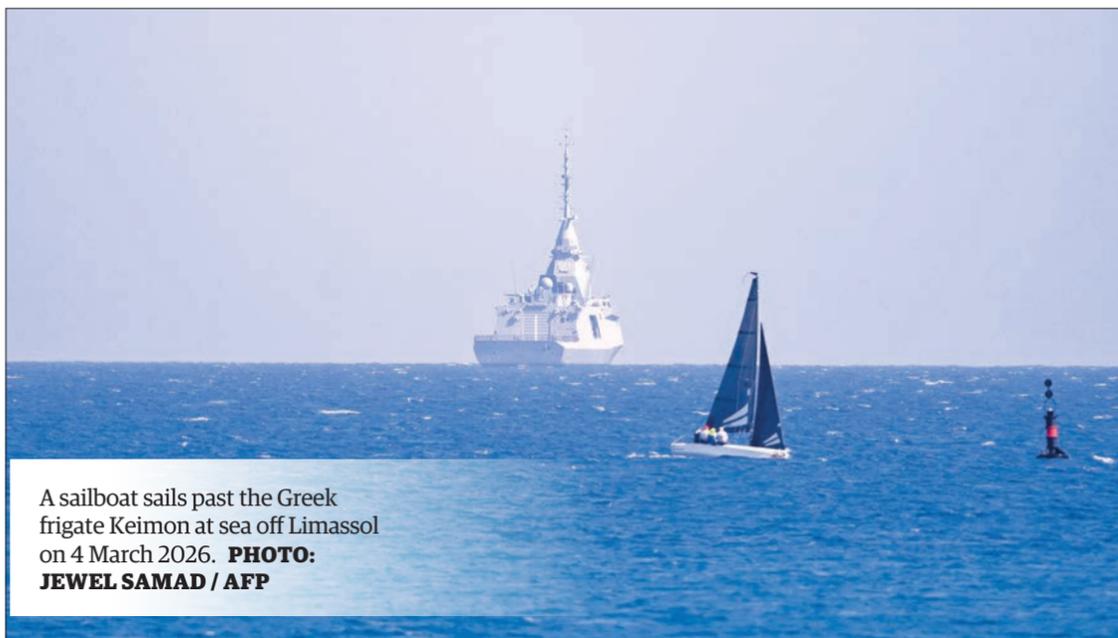
port," a coastguard spokeswoman told AFP.

Greek Merchant Marine Minister Vassilis Kikilias has said 10 ships flying the Greek flag are in the Gulf, while around 325 vessels linked to Greek interests but registered under foreign flags are also in the Middle East.

He said on Sunday on Skai television channel that 85 Greek seafarers were on board the 10 Greek ships.

The coastguard on Thursday said it could not specify how many sailors were on the other Greek-owned vessels.

— AFP



A sailboat sails past the Greek frigate Keimon at sea off Limassol on 4 March 2026. **PHOTO: JEWEL SAMAD / AFP**

S Korea's imported car sales log double-digit growth in Feb

SOUTH Korea's imported car sales logged a double-digit growth in February due to robust demand for electric vehicles and German luxury models, industry data showed Thursday.

The number of imported vehicles sold here soared 34.6 percent from a year earlier to 27,190 in February, according to the Korea Automobile Importers & Distributors Association.

For the first two months of this year, 48,150 imported cars were sold, up 35.9 per cent compared to the same period in 2025.

US automaker Tesla ranked first in terms of automotive sales here among foreign companies by selling 7,868 units in February.

German automaker BMW came next with the sale of 6,313 units, followed by German car-

maker Mercedes-Benz with 5,322 units, Lexus with 1,113 units, Volvo with 1,095 units, Audi with 991 units and BYD with 957 units.

The number of European models sold here was 16,107 in February, taking up 59.2 per cent of the total. US, Japanese and Chinese brands recorded the market shares of 30.1 per cent, 7.1 per cent and 3.5 per cent each. — Xinhua



German automaker BMW came next with the sale of 6,313 units. **PHOTO: REPRESENTATIVE IMAGE/PIXABAY**

NEWS IN BRIEF

Italy's Agnona brand: lamb among the fashion wolves

At Milan Fashion Week, headlines go to splashy names, over-the-top fashions and celebrities posing by catwalks.

But behind the scenes, Italy's smaller and medium-sized brands, the often family-owned lifeblood of the industry, are doggedly defending their craft, striving to keep alive long traditions of excellence.

One of them, Agnona, began in 1953 as a wool mill in Italy's northern Piedmont region, producing luxurious textiles in natural fabrics like cashmere, lambswool and angora that supplied top haute couture houses in Paris, from Christian Dior to Givenchy to Yves Saint Laurent. Acquired in 1999 by the Ermengildo Zegna Group, Agnona switched from textiles to apparel and was sold in 2020 to Zegna family members Stefano Aimone, the chief executive and creative director, and his father Roberto.

Agnona, which is opening its first flagship store in Milan next month, envisions a global network of owned and franchised stores in future. — AFP

Singapore private sector growth accelerates in Feb

SINGAPORE'S private sector expanded at a faster pace in February, with the seasonally adjusted Purchasing Managers' Index (PMI) rising to 59.2 from 56.8 in January, according to a report released Wednesday by S&P Global. A PMI reading above 50 indicates expansion, while a figure below 50 signals contraction. February's reading marked the 13th consecutive month of growth and the second-fastest pace on record, surpassed only by May 2022, the report said.

The data suggest business activity in Singapore accelerated further midway through the first quarter, said Jingyi Pan, economics associate director at S&P Global Market Intelligence.

Growth in new orders and output was particularly robust, with companies reporting improved demand conditions both domestically and overseas, Pan said. — Xinhua

ROLLING UPDATES WORLD

War in the Middle East: latest developments

Here are the latest main events related to the war in the Middle East:

- * Air raid sirens blared and two blasts were heard in Jerusalem on Thursday, AFP journalists reported, after Israel said it had identified missiles launched from Iran.
- * The blasts came shortly after Israel's air raid warning system sent out an alert to people living across central Israel.
- * Iran's Revolutionary Guards said Thursday they had launched at dawn missiles carrying one-tonne warheads at Israel's main airport Ben Gurion, and an air force base in the area. It was unclear if any of the missiles reached the airport.
- * Debris from a drone injured six people in an industrial zone of the Emirati capital Abu Dhabi on Thursday, while Dubai, Doha and Manama were subjected to missile attacks. Saudi Arabian officials said they had intercepted three cruise missiles and several drones.
- * Iran has not requested military aid from its ally Russia since Israel and the United States began striking the country last week, the Kremlin said Thursday.



Spain's most advanced frigate, the Cristóbal Colón (F-105), is deploying to the eastern Mediterranean to join a European naval group led by the French nuclear-powered aircraft carrier Charles de Gaulle and several Greek navy ships. French aircraft carrier Charles-de-Gaulle. **PHOTO: CLEMENT MAHOUDEAU / AFP/FILE**

- * Spain will send its most advanced frigate to protect Cyprus after a drone strike on a British base on the Mediterranean island, the defence ministry said on Thursday. The "Cristóbal Colon" will join French aircraft carrier "Charles de Gaulle" and Greek navy

ships to offer protection and help evacuate civilians, the ministry said.

- * Israel's military said Thursday it had "just begun a large-scale wave of strikes against infrastructure of the Iranian terror regime across Tehran".

- * Iran said Thursday it had

targeted the headquarters of Kurdish forces in Iraqi Kurdistan with three missiles, following strikes on Kurdish regions in both Iran and Iraq.

- * Lebanese state media said an Israeli strike had killed a senior Hamas official Thursday, the first reported tar-

- getted killing of a member of the Palestinian militant group since the war began.
- * Azerbaijan, a close ally of Israel, on Thursday said two people were wounded in drone hits on an airport and near a school in the exclave of Nakhichevan.
- * Iranian Foreign Minister Abbas Araghchi accused the United States of committing an atrocity by sinking an Iranian navy ship off Sri Lanka.
- * Iran hit a US oil tanker with a missile Thursday, "in the north of the Persian Gulf" and set it on fire, Iran's Revolutionary Guards said in a statement reported by state television. The incident has not been independently confirmed.
- * Iran's internet is "around one per cent of ordinary levels" with a communication blackout sparked by the war with Israel and the United States entering a fifth day, monitor Netblocks said Thursday.
- * Australian Prime Minister Anthony Albanese said Thursday that "military assets" had been deployed to the Middle East as a contingency plan. — AFP

No bilateral targeted Russia-US contacts on Iran: MFA

THERE are no targeted bilateral contacts between Russia and the United States regarding the Iran crisis, Russian Deputy Foreign Minister Sergey Ryabkov told Sputnik.

"Other than what is happening on international and multilateral platforms, and is being discussed and made public, there are no targeted, bilateral contacts specifically

on this topic," Ryabkov said.

On 28 February, the United States and Israel launched strikes on targets in Iran, including in Tehran, causing damage and civilian casualties. The attack killed Iran's Supreme Leader Ayatollah Ali Khamenei. Iran responded by striking Israeli territory and US military bases across the Middle East. — SPUTNIK

Trump praises Venezuela's Rodriguez, says oil beginning to flow

US President Donald Trump said on Wednesday that Venezuela's interim leader, Delcy Rodriguez, is doing a great job, adding that the oil is starting to flow. "Delcy Rodríguez, who is the President of Venezuela, is doing a great job, and working with US Representatives very well.

The Oil is beginning to flow, and the professionalism and dedication between both Countries is a very nice thing to see!" Trump wrote on Truth Social. US Secretary of the Interior Doug Burgum has visited Venezuela in an attempt to revive oil and mining operations in the Latin American nation, affirming US President Donald Trump's intention to increase oil production in Venezuela. — SPUTNIK



Venezuela's interim President Delcy Rodriguez speaks during a press conference at the Miraflores Presidential Palace in Caracas on 14 January 2026. **PHOTO: AFP/FILE**

SPORTS

Myanmar, India U17 teams draw in second friendly



Players from both Myanmar and India are in action at yesterday's event and spectators are pictured (inset). **PHOTO: ZAW MIN LATT**

THE Myanmar and India U17 men's football teams played to a goalless draw in their second friendly match at 6 pm yesterday

at Thuwunna Stadium. The match was held as preparation for the AFC U17 Asian Cup 2026 and the ASEAN

U17 Championship scheduled in April. In the first friendly played on 3 March, the India U17 team de-

feated Myanmar 2-1. The second match ended in a draw. Forward Myint Myat Ko Ko, who scored Myanmar's equaliz-

er in the first match, and other attackers also performed well in the second game. Myanmar players repeatedly attempted to break through India's defence while also working hard to prevent conceding a goal.

Myanmar defenders also played strongly to maintain a clean sheet. During the three minutes of stoppage time, Myanmar earned a free kick and a corner but failed to convert the opportunities.

Although Myanmar did not score the winning goal, the team's determined performance in keeping a clean sheet drew loud "Myanmar! Myanmar!" cheers from supporters until the end of the match. — Nyein Thu(MNA)/KZL

Kane to miss Bayern game against Gladbach with calf knock

HARRY Kane will miss Bayern Munich's Bundesliga match against Borussia Moenchengladbach with a calf injury, coach Vincent Kompany said on Thursday.

The England striker, who has been an ever-present for Bayern this season, should be fit in time for the Champions League last-16 first leg at Atlanta next Tuesday.

"Harry Kane is out. He got a knock on his calf and hasn't recovered yet," Kompany said at a pre-match press conference ahead of Friday's game.

"It's just a knock, it's nothing serious over the long term, but we'd need maybe another a



Harry Kane scored twice against Borussia Dortmund last weekend to take his tally in all competitions this season to 45 goals. **PHOTO: AFP/FILE**

day for him to be involved.

"We're pretty relaxed. Of course we would have liked Harry to be involved, but these

things happen... "Any time Harry isn't there, some of the boys will be hoping they can have their moment." — AFP

Henman says Raducanu needs more physicality to rise up rankings



Britain's Emma Raducanu hits a return to Austria's Anastasia Potapova. **PHOTO: AFP**

TIM Henman believes it is more important for Emma Raducanu to improve her physicality rather than settle on a new coach if she is to climb up the tennis world rankings.

The British number one is in action at this week's WTA event in Indian Wells, where a good run

in California could see her rise from her current position of 24th in the world. Raducanu, 23, has become notorious for regularly changing coaches since stunning the tennis world by coming through qualifying to win the 2021 US Open. Last month, she said that she was in no hurry to find a new coach after Francisco Roig became the latest to leave the role. — AFP

MNL: Yadanabon beats Ayeyawady United 2-1

YADANABON FC defeated Ayeyawady United FC 2-1 in the 2025-2026 Myanmar National League matchday 20 held on 5 March at Thuwunna Youth Training Centre.

Both teams had fought evenly in the first half. Ayeyawady United took the lead through a penalty by Hein Htet Aung in 37 minutes, but Yadanabon quickly equalized with a goal from Lu Min Chit in 42 minutes. In the second half, both sides played aggressively, and Kalarp scored

the winning goal for Yadanabon in 61 minutes.

Yadanabon FC fielded star players, including Pyay Moe and Soe Min Oo, while Ayeyawady United relied on youth players like Soe Akar and Thiha. Both teams did not use foreign players, making the match a closely contested local showdown.

The fourth day of matchday 20 will continue today at Thuwunna Youth Training Centre, where Rakhine United will face Dagon Port FC. — Shine Htet Zaw/KZL



Players contest the ball during Yadanabon FC versus Ayeyawady United FC in the Myanmar National League matchday 20 at Thuwunna Stadium. **PHOTO: MNL**



US Senate fails to adopt resolution on limiting Trump's military powers in Iran

Despite sharp criticism from Democrats, the Trump administration maintains full military authority after the resolution failed to pass.

The draft resolution, recently reviewed by Sputnik, would have prohibited US military action against Iran without explicit congressional approval, requiring the president to terminate any unauthorized involvement of American forces within 30 days unless it was to repel an imminent threat or direct attack on the United States, its territories, citizens, or military.

Following recent US and Israeli strikes on Iran, dozens of congressional Democrats sharply criticized the Trump administration for escalating risks and bypassing constitutional requirements, demanding clear justification of the operation's objectives and greater transparency before Congress and the American public.

On 28 February, the United States and Israel launched strikes on targets in Iran, including in Tehran. — SPUTNIK



A cruise ship is seen anchored at the old port of Doha on 4 March 2026. As the Iran-US conflict rages across the Middle East, a total of six cruise ships carrying some 15,000 passengers and over 6000 crew remain stalled in port with guests onboard in Dubai and Qatar.

PHOTO: KARIM JAAFAR / AFP

China overtakes Japan as leading source of new vehicles in Australia

CHINA was the leading source of new vehicles sold in Australia for the first time in February, according to official data, ending the Japanese automotive industry's

28-year domination of the market.

The Federal Chamber of Automotive Industries (FCAI) said that 22,362 new vehicles sourced from China were sold nationally

in February, exceeding 21,671 from Japan and 19,493 from Thailand. Japan had been Australia's leading source of vehicles every month since 1998, according to the FCAI.

It said that Australia's new vehicle market recorded 90,712 sales in February, giving Chinese manufacturers a market share of 24.6 per cent. Of the 10 new automotive brands that have entered the Australian market since 2020, the FCAI said nine are made in China. "After 28 years, Japan has been overtaken by China as the largest source of vehicles for the Australian market in a single month," FCAI Chief Executive Officer Tony Weber said in a statement. — Xinhua



This photo taken on 4 April 2024 shows an interior view of BYD Haberfield Sales and Service Centre in Sydney, Australia. PHOTO: MA PING / XINHUA / FILE

Disinformation the new enemy in disaster zones

THE rise of disinformation is undermining humanitarian aid and putting lives at risk, while disasters are affecting ever more people, the Red Cross warned Thursday.

"Between 2020 and 2024, disasters affected nearly 700 million people, caused more than 105 million displacements, and claimed over 270,000 lives," the International Federation of Red Cross and Red Crescent Societies said.

The number of people

needing humanitarian assistance more than doubled in the same timeframe, the IFRC said in its World Disasters Report 2026.

But the world's largest humanitarian network said that "harmful information and dehumanising narratives" were increasingly undermining trust, putting the lives of aid workers at risk.

The IFRC has more than 17 million volunteers across more than 191 countries. — AFP